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Volume 32, Number 19 | Serving West Sacramento and Yolo County Since 1964 | Wednesday, December 27, 1995

Local librarian rides off into the west

By Steve Marschke

It's been a good six years, said local librarian Jay Johnstone, but it's time to move on.

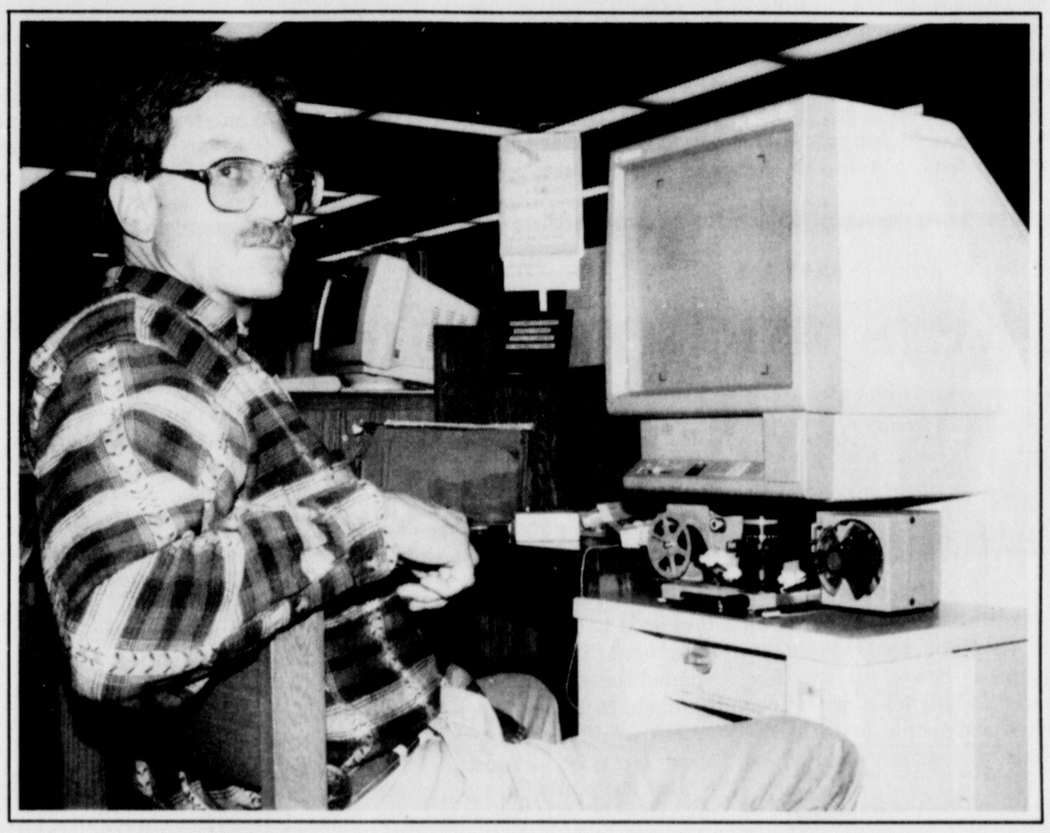
Johnstone is leaving his post at the Arthur F. Turner branch county library on Merkley Ave. for his new job at the Davis branch, and finishes up at the West Sacramento library today.

"It's really an opportunity for professional growth," he said last week. "I've done what I can here. Unless one of these (proposed) developments takes off and this town really prospers, this branch is going to run pretty much as it is."

During Johnstone's tenure, the library has upgraded many of its operations.

"We automated our circulation and catalogue, barcoded the inventory and trained the staff."

Barcoding the library's books required about 50 volunteers to handle the branch's 50,000 volumes two years ago.



JAY JOHNSTONE, leaving the Turner library after six years

In addition, grants from the Cameron Foundation allowed the library to computerize its reference tools, including a system which maintains texts for about 200 magazines over the past ten years, all searchable by computer.

West Sacramento's library readership "has been going up," he said.

"We have about 8,000 borrowers. About 400 people per day," Johnstone commented. "In reading material, about half the material we circulate is non-fiction ("factual" books, as opposed to novels and the like), which surprised me. I thought it would be lower than that."

Johnstone said the clientele has been a pleasure.

"I really have enjoyed working here. This town has some terrific people. There are serious people here who read and do some serious thinking."

One positive thing about the West Sacramento library is its financial stability, said Johnstone. Because of a favorable 'pass-through' agreement between the city and the county, the library receives enough money to survive, even in times of county cutbacks. Its total budget is about $300,000, and the library has not had to tighten its belt quite as much as some other libraries.

But times have nevertheless been tough as the county has dealt with a recession and state budget problems.

"We've been hit with a 30 percent reduction in our operations budget," he said, "so our greatest accomplishment is keeping our doors open. We're still open some evening and weekend hours."

But the library is still smaller than branches in towns of similar size.

"West Sacramento ought to have a building at least twice this large, and a collection to match," he said.

The Davis branch, where Johnstone is headed, has just been expanded, due in part to a $42 per parcel tax the city's residents voted on themselves to support their library. But because the different libraries in the Yolo County system can access each others' book collections, "the gains Davis has made have helped us," Johnstone explained.

In West Sacramento, the Turner branch gets a great deal of help from the East Yolo Friends of the Library, a group of volunteers who have raised funds for various library projects and facilities.

"The Friends of the Library are the most dedicated people I've ever encountered," said Johnstone. "They've brought video, books on tape, and a public access PC (personal computer) so kids can do their reports and adults can do their resumes."

Johnstone, a Fairfield resident, begins work in Davis with the New Year.

A "goodbye" reception will be held for him at the library today (Dec. 27) between 3 and 6 p.m.

The Turner Branch Library is located at 1212 Merkley Ave. The site was donated by Howard Turner and the West Sacramento Land Co., and the branch will celebrate it's 20th anniversary in May.

Cop spots stolen car, breaks up robbery at market

A lucky visit by a police officer led to the breakup of a convenience market robbery and the recovery of a stolen vehicle whose owner did not even know it was missing Dec. 24.

At about 2:30 a.m., Officer John Molloy of the West Sacramento Police Department drove into the parking lot of the 7-11 market on Jefferson Blvd. near 15th St., and noticed a man at the front counter but saw nothing unusual, said Det. Dave Duckett.

But Molloy was suspicious of two men sitting in a car outside of the market who were watching the squad car carefully.

"He ordered them out of the car and then noticed that the steering wheel had been 'punched,' and he confirmed that it wasn't their vehicle," said Duckett.

Meanwhile, the would-be armed robber inside the store attempted to leave the scene and forget about the robbery attempt.

"He put his gun back in his waistband and calmly walked out, like he was just going to walk past the police officer. The clerk calmly walked out behind him, and said, 'that guy just tried to rob me.' "

The robber fled, but Molloy arrested the two people in the vehicle. A phone car to the car's registered owner in Sacramento revealed that she had parked it at about 5:30 the previous evening and did not know it had been stolen.

Abel Trevino, 23, was the driver of the suspected get-away vehicle. David Cervantes, 24, was in the back seat of the 1982 Buick Century. Both are West Sacramento residents.

After a photo lineup, two witnesses identified the third suspect as Elias Ayoub, an 18 year old West Sacramento resident.

Police officers saw him in a vehicle at about 4 p.m. later that day, and Ayoub was arrested.

Hooligans hit holiday lights at Crystal Ct. & Lagoon Ave. homes

The Grinch, or at least some Grinch-like vandals, paid a visit to West Sacramento's most celebrated street of Christmas lights last week.

Sometime between around midnight and 2:30 a.m. on Dec. 22, vandals broke Christmas light displays and a nativity scene in the Crystal Court/Lagoon Ave. area of West Sacramento's Southport neighborhood.

Hundreds of dollars worth of damage (including $400 to the lights at one house alone) was caused.

The residents proved resilient, though.

"We're already working at getting the lights back up," said resident Jeff Henry later the same day.

The neighborhood replaced most of the broken light displays almost immediately, in time for city residents to drive by and enjoy in the following nights before Christmas on Dec. 25.

Charity food project feeds 862 families

Christmas Basket Project distributes turkey & toys to local people

By Steve Marschke

The annual West Sacramento Christmas Basket Project, which provides holiday food baskets to several thousand needy local residents every year, was once again a blazing success, reports chairperson Helena Helmold.

"We served 862 families this year, adding up to well over 3,000 folks," she said. "That's just a little more than last year."

Families signed up in advance to receive the baskets, which included poultry and trimmings appropriate for their family size. The food baskets were distributed on Thursday, and toys for needy children were handed out Friday.

All the distribution took place at the I.L.W.U. Hall on 4th St. in the Broderick neighborhood of West Sacramento.

Helmold estimated the cash value of the baskets at around a $25 average, and said the recipients were "very grateful and very thankful."

"At least 150 volunteers helped out with the project," she added. Hundreds more donated food, money, toys and other needed items.

"We had donations everywhere from $2 on up. We were able to meet everybody's needs."

Helmold said one mother experienced a burglary just before Christmas, in which the thief took only the family's Christmas presents from under their tree.

"The mother was so upset, she just took her Christmas tree outside and got rid of it. But we were able to replace her presents before Christmas. She just bawled."

Local schools joined churches, service organizations and individuals in supporting the project.

"Bryte Elementary School did a competition to see how many cans of food they could raise," Helmold added. "They raised almost 1,000 cans, and Alyce Norman School did almost as well. It was neat to see the kids get involved."

765 drivers pass muster at local police sobriety checkpoint Wednesday

The West Sacramento Police Department conducted a sobriety checkpoint at West Capitol Avenue and Poplar Streets on December 20 from 6 to 10 p.m.

765 vehicles drove through the checkpoint with four drivers being given field sobriety tests. There were no arrests made for DUI. In addition to the DUI informational handouts, drivers were given pamphlets with information on the West Sacramento Police Department Prostitution Abatement Program.

Foreclosure no threat to Big R retail tenants

By Steve Marschke

Some local shoppers are confused about the financial troubles at the Big R Country West shopping center, reports one of the center's merchants.

Linda Shaver, part owner of the Jean Depot at the center, said customers have told her they heard her business was failing. They formed this impression after a News-Ledger article earlier this month detailed financial troubles faced by the shopping center's landlord, which is facing foreclosure..

That landlord is the Engstrom Family Trust.

"The Big R Sporting Goods store is going out of business, that's true," said Shaver. "But the Boot Corral and Jean Depot and other stores are not going out of business. We are doing well and everything looks positive."

If the property is foreclosed upon, the landlord will change, and these tenant stores will have a chance to negotiate a new lease and remain at the shopping center, said Shaver.

The property is now in "receivership," she added, with property management now being handled by a Sacramento firm called Ravel Property Management. A contact person at Ravel could not be reached for comment Tuesday.

Ten men arrested during police anti-prostitution sting operation Dec. 20

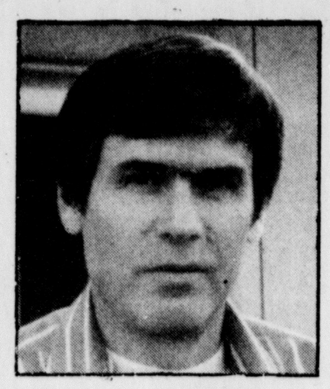
On December 20 between 4 and 11 p.m., members of the West Sacramento Police Department conducted a prostitution decoy operation in the central business district of West Sacramento.

Female police decoys were utilized.

The operation resulted in ten male "johns" being arrested for soliciting the operatives for sex in exchange for money.

Buzzy the Businessman & a Christmas message from Kris

My Back Pages



By Darvl Fisher

Buzzy Bradford hadn't come to Vietnam to do any of the fighting and dying. In fact, I'm pretty sure he didn't care who won the war one way or the other. He had been issued a rifle like all the rest of us because cooks had to pull perimeter guard duty now and then, but Buzzy was no soldier. Buzzy was a businessman.

If you needed discounted cigarettes, you went to Buzzy. If you didn't have time to go to the PX to pick up stamps and stationary, Buzzy would go for you. If you needed to get some photos processed in a hurry, Buzzy knew a Vietnamese guy who could do it for half the price in half the time. And if you were into drugs or alcohol, Buzzy had access to the very best stuff.

Buzzy's cut was usually 10%, and it had to be up-front. If he didn't like you, it was 25%, so everybody worked hard at keeping Buzzy happy. We included him in all the pickup baseball and football games although he was the most uncoordinated human being I had ever met. We let him read our letters because he rarely got one of his own. We let him bum smokes off us because he was too cheap to buy his own, and we even played poker with him knowing full well he would cheat at every opportunity.

"Hey, Fisher," said Buzzy late one afternoon, sticking his oversized head into my room, "interested in an advanced showing?"

"Advanced showing of what?" I asked him, wondering what he was up to now.

"Come on," he said, grinning from ear to ear and motioning for me to follow him, "a picture is worth a thousand words. And this time, I've really hit the jackpot!"

Buzzy's gold mine turned out to be an ancient 16mm movie projector which he had purchased from a Vietnamese black market vendor. He had then written his brother and convinced him to mail off a half-dozen stag films, which had arrived a few days earlier.

"Even at five bucks a head, I guarantee you tonight's premier presentation is going to be a total sellout," Buzzy announced proudly as he began to string some film from a round tin can into his movie projector.

"You're going to show it right here in the mess hall?" I asked him in disbelief. "The mess sergeant isn't going to let you do that."

"Oh yes he is," said Buzzy, "for a small percentage of the take, of course."

"But what if the major or the first sergeant find out?"

"Well," said Buzzy confidently, "I don't think they will, but if they do, I'm going to give them this great spiel about how these kind of flicks are actually good for everyone's morale, and I think they just might go for it."

It wasn't quite dark yet, so the black and white picture Buzzy threw up on one of the mess hall walls was kind of fuzzy and hard to follow, but I could clearly make out what the naked co-stars of the film were attempting to accomplish most of the time. "No sound?" I asked.

"I can't get it to work," explained Buzzy, "but I bet the guys will come up with all the dialogue we'll need anyway."

I sat down on a stool next to Buzzy and after we had watched all 20 minutes of the movie, he asked me, "So, what'd you think?"

"I could have used some popcorn."

"You know," said Buzzy, always looking for another way to make a dollar, "now that's not a half-bad idea."

"Well, Buzzy," I said, "I will say this. That movie sure was better than most of the ones they show us around here. How many of them did you say you have."

"Seven," answered Buzzy with a smile, "but to tell you the truth, I think they all have more or less the same climax."

NOTE: I received a phone call last Wednesday from a nice young lady wanting to know if it was too late to place a Christmas message to her family in the News-Ledger. I told her I was really sorry, but that the Christmas edition of the newspaper had already gone to press. She went on to say she had been in a terrible automobile accident in 1991 and to date had undergone more than a dozen surgeries, with still more planned for the future. "The love and understanding of my family, especially my mother, has meant the world to me these past few years," she explained, "and I just wanted them to know it at Christmas time."

So, since it's never too late to tell others we love and appreciate them, here is Kris Lyons' Christmas message to her mother, Violet, and the rest of her very special family:

"They say that life and love are all a dream, but I don't think so. My mother and family have proved different. I don't know how many times they have been there for me, and I just want them to know how truly thankful I am. I love you all very much. Kris."

Clearing the rain gutters and other important things. . .

T.J. Smoot

"And it came about that after the seven days, that the water of the flood came upon the earth." It rained so hard a few weeks ago, I secretly delighted in the possibility that maybe the storm would cause a legitimate excuse for me to stay home from work. When the power flickered, I was hopeful but knew I could only justify being late because "the alarm clock wasn't working." I hoped for a better mini-disaster than what was cooking outside. This somewhat selfish desire reminded me of the time in elementary school when it snowed all of a quarter of an inch. The radio crackled that our school had closed for the day. Cars skidded down hills into ditches and people swore at the white stuff. And since our house was out of heating oil, and mom had no way to pay for more, we kids turned on the electric oven, opened its door and rubbed our hands in front of the red hot element while chatting excitedly about our good fortune.

But I was not lucky enough to have snow this December. All I had was rain and lots of wind. Remember the wind? It knocked out a transformer on our street. That next morning when we woke up, there was no electricity. Cooool. I could be late for work and lounge around and watch the news.... Oh, wait. No power. My right index finger, the one with a bionic connection to the T.V. remote, twitched. I braved this catastrophe with nary a tear, and shortly thereafter, I left for work. Outside I noted the gutter had overflowed onto the sidewalk up and down the street. With further weather reports of the main storm due to hit later that day, I observed that our house sat low on the street. Nevertheless, I jumped the gutter to enter my car, and in no time I was zipping down the street. In the middle of my zip, I flashed back to a comment Mrs. Smoot had made about how the city's response to flooded gutters would be slower. At that point I turned the car around to take matters into my own hands and perform my community duty. Once home, I happily changed into my gutter cleaning clothes and raked many leaves out of the water. I thought I was such a good citizen for being the only one on our block volunteering my own time to keep homes dry. I imagined conversations: "Yes, I did make a leafy mess on your lawn, but I saved your garage from flooding!" Soon after I had unplugged the drain, I glowed with self-righteous satisfaction while leaning on the rake watching the water swirl down to the netherworld. Later, on the way to work still basking in my own glory, I noticed that other neighbors had done the same unplugging. "Pfffffft" was the sound of my deflating head as I saw gutter after gutter drained nicely.

When I came home later that evening, we still had no power and were lighting our home with candles and portable fluorescent lamps. On the table Mrs. Smoot had placed piping hot potato soup, which I quickly consumed. A short time later we got a call from our neighbor.

"Say, do you have a fireplace?

"Yes, we do." Mrs. Smoot shivered.

"Would you like some wood for it? And can we come over later after dinner and bring goodies?"

Well, it wasn't too long before our family and the retired couple next door were comfortably seated before a warming glow. We ate our banana bread and chatted about finding fortune in misfortune. My small son received a lesson from Mrs. retired neighbor about the Biblical figures in the antique nativity scene she had used to teach her own children. It was one of those moments that's imprinted on my mind and would fit nicely on a greeting card. Now that it's after Christmas, I suspect many are suffering from "post-gift-stress-syndrome," and it's a good time to consider that our lives don't consist of our possessions. Not all gifts are bought with money. In fact, I would venture to say that the ones you can't touch with a buck are the most cherished. Kinda like good deeds and good conversation with friends and loved ones.

Correction from 11/15/95 article. It was Melville's, Billy Budd, Sailor published posthumously in 1924. Thanks, David M. (even though you're a Thacatheran!) for the clue.

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THE NEWS-LEDGER
Est. 1964

The News-Ledger was founded August 14, 1964. It is the successor to the *Weekly Reader*, founded by Julius A. Feher in April, 1938, and incorporates the *West Sacramento News*, founded by Julius A. Feher in August, 1942.

The News-Ledger is a weekly newspaper published every Wednesday. It provides coverage by mail and other distribution to the city of West Sacramento, including the communities of West Sacramento, Bryte, Broderick and Southport.

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News submissions: The News-Ledger welcomes information on local news and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.

Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Saturday before publication, and may be mailed or dropped off at the News-Ledger office.

"Sound Off!" comments are invited and may be phoned in to 371-8055. Comments should be brief and may be edited. Please note that allowed topics are more stringent than for Letters to the Editor, due to the anonymous nature of the call-in line. Criticisms or political campaigning of any kind generally will not be published in "Sound Off!," but may be appropriate for signed Letters to the Editor. Deadline is Monday.

Advertising: The deadline for classified advertisements is Monday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs $3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the News-Ledger office or through the office mail slot.

Deadline for all other advertising is 5 p.m. on Friday. Please call 371-8030 for information on display advertising and advertising inserts.

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West Sacramento, CA 95691
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District grants pay hike to subs

Among actions and discussions at the December 13 meeting of the Washington Unified School District board of education were the following:

Accepted the following donations: Soroptimist International donated $500 to the Washington Child Development Center; Mechele and William Palmer donated an Apple GS II computer and an Imagewriter II to Westfield Elementary School; Examen of West Sacramento donated 200 yo-yo's to the Washington Child Development Center.

River City High School received the following donations: Mr. Walter S. Martin donated a 1988 Ford Escort; Club Pheasant donated a $25 gift certificate; El Sombrero donated three lunch certificates, valued at $20; and Eppie's of West Sacramento donated three dinners for two, valued at $45.

Approved school board minutes of Tuesday, November 14, and Addendum to previously approved minutes of Tuesday, October 24, 1995.

Approved the following recommended routine and consent items: developer fee agreement with Washington Courtyard Limited Partnership; ASB 1st quarterly report -- statement of accounts -- River City High School; summary of purchase orders exceeding $3,000; purchase order report -- November, 1995.

An overview of the career path programs at River City was given by Patrick Campbell, assistant superintendent, instruction.

Approved the 1995-96 first period interim report, and positive certification.

A financial report on developer fees was presented for the period of July 1 through November 30, 1995.

Approved a proposal to purchase and install a AVT voice processing system from Teledynamic Communications, Inc. for $10,777.75 plus $375 for a battery backup resulting in a total system cost of $11,152.

The board of education selected Southport Elementary as the name for the proposed new elementary school on Linden Road.

Adopted Policy 4212.42, establishing a controlled substance and alcohol testing program.

Approved a pay rate increase for daily substitute teachers from $67.00 per day to $73.00 per day, and from $73.00 per day to $80.00 per day for substitute teachers working more than 20 days.

Certified a list of administrators that were competent to evaluate teachers as required by Education Code Section 35160.5.

Adopted Resolutions 956-12, 956-13, and 956-14, authorizing teaching assignments outside authorized credential areas, and

Please see WUSD, back page

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SPORTS

The Sports Insider

By Rich Novoa

The NFL playoffs are set and the Dallas Cowboys ended up with the home-field advantage throughout the conference playoffs. The 49ers had home field rights locked up until the Atlanta Falcons, who needed to win their last game to qualify for the last spot in the playoffs, came from behind to beat the Niners 28-27. The 49ers will have a first-round bye and will play on Jan. 6 or 7 in San Francisco.

The first round will feature the Green Bay Packers at home on Sunday against the Falcons.

The Packers are 5 1/2 point favorites over the Falcons, who have the 29th ranked passing defense in the league. **Brett Favre will lead the Pack to an easy win. Packers 34, Falcons 17.**

Detroit travels as a two-point favorite to Philadelphia on Saturday to face the defense-minded Eagles. Lions 24, Eagles 21.

The AFC title is up for grabs as the Miami Dolphins won the last spot in the playoffs when the Raiders choked last Sunday in Oakland. The Raiders were beating John Elway and the Denver Broncos by 11 points in the fourth quarter.

The Raiders knocked the Broncos out of the playoffs last year so Elway and his gang returned the favor! Elway marched his team down the field for a touchdown and also scored a two-point conversion to tie the game at 28-28.

The Raiders had a big penalty in the fourth quarter that allowed the Broncos to move the ball into field goal position and Denver kicked Oakland out of the playoffs 31-28.

The Dolphins head for Buffalo for another meeting on Saturday against Jim Kelly and the Bills. **Buffalo is hard to beat at home but I smell the first upset of the playoffs! Miami 27, Buffalo 17.**

On Sunday, the Colts travel to sunny San Diego to face the defending Super Bowl Champions. **Chargers 24, Colts 17.**

The Sacramento Kings (15-9) return home after a terrible beating in Los Angeles. The Kings got smashed by the Clippers last Friday and then got beat up again the next day by the Lakers, 116-83. The Kings fell into second place in the Pacific Conference, and need to find the defensive intensity they used earlier this season when they won five straight games decided by six or fewer points.

Happy New Year!!

See ya NEXT YEAR!!

RC beats Folsom in thrilling game at home

By Chuck Robinson

Last Wednesday night at home, the River City High School varsity boys basketball team beat Folsom by a score of 59 to 57. It was a very exciting game. Folsom started off very hot and had a ten-point lead before River City scored but came back and tied the score 15 to 15 to end the first quarter. River City led at halftime 41 to 34. At the end of the third quarter, River City led 52 to 48. River City won 59 to 57. Mark Munsinger led with 25 points, 15 rebounds, 5 blocked shots; Andrew Odor, 13 points, 3 assists, 4 rebounds; Bruce Sweeten, 8 points, 6 assists; Senh Saelee, 4 points; and Zerguy Maazouddin, Don Golaway, and Sergei Mysin, 3 points each.

J.V.'s Beat Folsom

The junior varsity boys basketball team played a good game and beat Folsom 74 to 62. David Godwin led with 25 points, 12 rebounds; Freeman Keophet, 14 points, 5 assists, 4 three-pointers; Victor Valdivia, 11 points, 12 rebounds; Chet Perrigo, 9 points, 5 assists, 5 rebounds, 3 three-pointers; Gary Herren, 8 points; Chris Hasegawa, 5 points, 6 rebounds; and Marc Palamidessi, 2 points.

On Thursday, December 28, River City will play at home against Casa Roble. Game times are 5:30 and 7 p.m. The Raiders' varsity record is 9-3; the junior varsity's record is 7-6.

We'd love to publicize your team's sports results.

Call 371-8030 to find out how you can help.

League standings for adult hoops:

Following are the standings for the city basketball Sunday Night League, as of Dec. 17:

Lonnie's Gang, 3 wins, 0 losses; Big Dad's Squad, 3 wins, 0 losses; Mountain Mike's, 3 wins, 1 loss; Playerz Club, 0 wins, 4 losses; and Hosers, 0 wins, 4 losses.

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Suggested New Year's resolution: Support your local newspaper!

Sports Quiz
by Larry Duncan

1. What is the position you're playing in baseball if you're "in the corn"?
2. What's a racehorse burdened with when he's handicapped in a race?
3. What is the significance of the ringing of the bell during the 1,500-meter race?
4. Who was the last bare-knuckle heavyweight boxing champion?
5. How long is the Le Mans endurance race?
6. What is desired of a racehorse if you bet across the board?
7. What do you call the closely-cut grass that surrounds a golf green?
8. What two boxers were involved in 1927's long-count bout?

answers back page

Behind Stanford Park at 27th and C Streets
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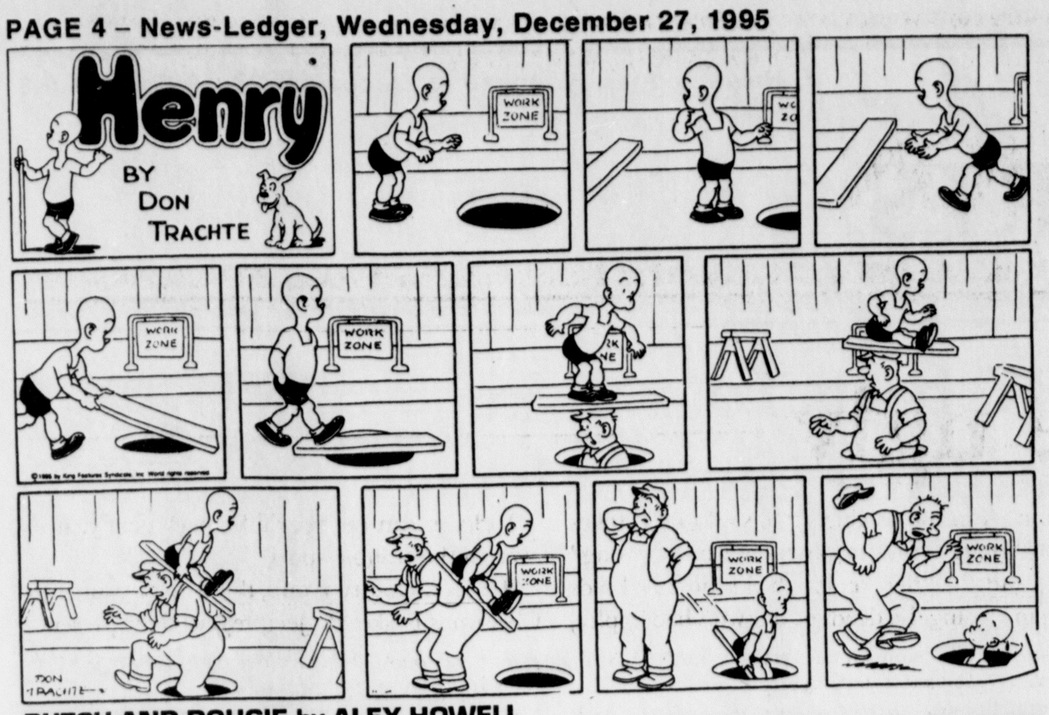
Let it Snow! Parents, have your heard? You can enjoy wintertime activities with the kids without having to drive to the mountains! Pet a reindeer ... sip hot chocolate ... and sled down a hillside blanketed with over 600 tons of man-made snow. Enjoy the frosty festivities plus Marine World's exciting shows and attractions for 50% OFF the regular admission price! Pick up your half price coupon, good for the whole family, at any Northern California Safeway Store.
Also brought to you by your friends at : UPN 44 BAY AREA CABLE 12 · K101 101.3 FM
MARINE WORLD AFRICA USA
Marine World Foundation • a nonprofit organization
Marine World Parkway, Vallejo, CA 94589 • For more information call (707) 643-ORCA (6722)

Picnic
by William Inge
September 19 - Oct. 15, 1995
Co-sponsored by McDonough, Holland & Allen and Aerojet
Last of the Red Hot Lovers
by Neil Simon
October 10 - Dec. 17, 1995
in Stage Two
Co-sponsored by Roger A. Dreyer & Carol Wieckowski Dreyer and Wilke, Fleury, Hoffelt, Gould & Birney
A Christmas Carol
by Charles Dickens
Adapted by Richard Hellesen
Music and Lyrics Composed or Adapted by David de Berry
November 20 - Dec. 24, 1995
Co-sponsored by Target Stores and San Francisco Federal Savings
Jar the Floor
by Cheryl West
January 9 - Feb. 4, 1996
Co-sponsored by The Money Store and The Sacramento Bee
Are you game for a great season?
1995 1996
TICKETS FOR ALL SHOWS ON SALE NOW!
443-6722
Measure for Measure
by William Shakespeare
February 27 - April 19, 1996
Sponsored by Downey, Brand, Seymour & Rohwer
Candida
by George Bernard Shaw
March 5 - April 21, 1996
Co-sponsored by Omni Health Care
Lonely Planet
by Steven Dietz
March 26 - June 2, 1996
in Stage Two
Co-sponsored by Mercy Healthcare Sacramento
Broken Glass
by Arthur Miller
May 7 - June 2, 1996
Sacramento Theatre Company
1419 H Street
Sacramento



BUTCH AND DOUGIE by ALEX HOWELL

BRINGING UP FATHER
by FRANK JOHNSON
"TALES OF THE WEST!" THAT WAS A GREAT VIDEO I RENTED LAST NIGHT...
BUT NOW I HAVE TO TAKE IT BACK TO THE VIDEO STORE!
I'M GOING TO THE VIDEO STORE TO RETURN A MOVIE!!
OH, GOOD...
RETURN THESE FOR ME!
DADDY, I HAVE A FEW YOU CAN RETURN, ALSO!
ME TOO!
AND ME!
I'D LIKE TO RETURN THESE VIDEOS!
OKAY...
VIDEO UNIVERSE
JUST A MOMENT, SIR! ALL BUT ONE OF THESE ARE OVERDUE!
HERE'S WHAT YOU OWE!
GAD! I COULD HAVE BOUGHT A MOVIE STUDIO FOR LESS!

POPEYE
HY EISMAN
MAMA! I'M HOME!
SHE CAN'T COOK WORTH A RAT'S TAIL, BUT IT'S FOOD!
SHE AIN'T IN HERE!
WHERE VA BIN? IT'S NEARLY SIX O'CLOCK!
PLAYIN' BINGO!
PLAYIN' BINGO?!
WHAT ABOUT MY DINNER?
WHAT AM I S'POSED TA DO FER FOOD?
DIDJA EVER THINK ABOUT THAT?
LISTEN! EVEN WHEN I COOK I GET TIRED OF YER CONSTANT COMPLAININ' ABOUT THE GRUB!
...SO I TOOK THE DAY OFF-- NO COOKIN'!
GREAT! 'AN WHAT AM I S'POSED TA DO? STARVE TA DEATH?
NOT TO WORRY
DING DONG
PIZZA MAN!
Y'KNOW, MAMA, BINGO AIN'T SECH A BAD IDEAR!

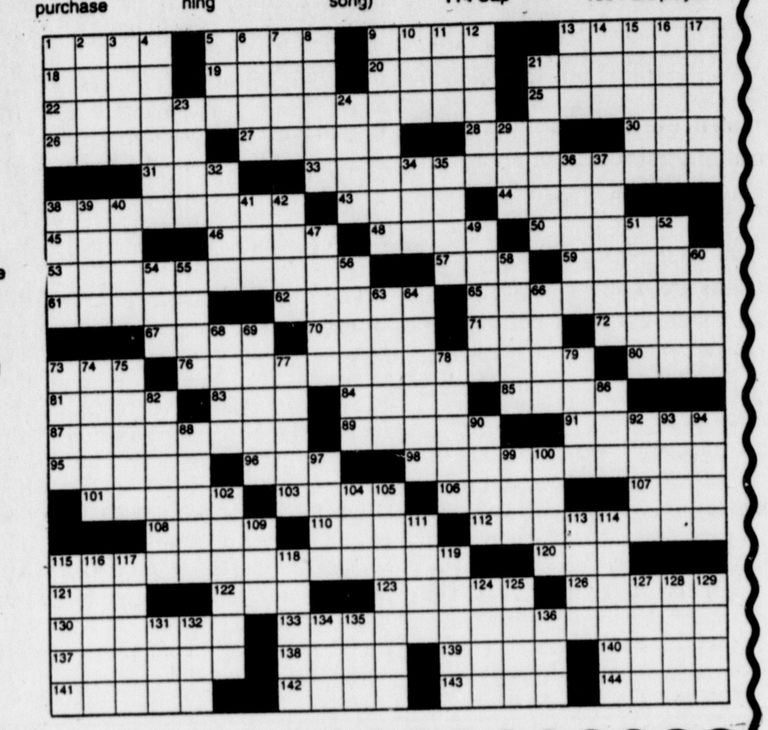
FLASH, I KNOW THIS SOUNDS WEIRD, BUT...
LATELY, I CAN'T SHAKE THE FEELIN' THAT WE'RE CHARACTERS IN SOME DRAMA, HEADIN' FOR A SHOWDOWN.
WEIRD?... MAYBE...
BUT I'VE HAD THAT FEELING... OFTEN.
FLASH GORDON
STAND BY, SHLIPKIN.
ON BELLE'S SHIP, "SPRINGER", 2000 KILOMETERS TO STARBOARD...
A MOMENT LATER, FAR AHEAD...
FLASH, I JUST SAW SOMETHIN' ON THE REARVIEW SCREEN...
MING'S PEOPLE JUST BLEW AWAY SHLIPKIN.
NOW WHAT?
100 KILOMETERS BEHIND FLASH AND CHARLIE, MING'S SHIP OVERTAKES SHLIPKIN'S SHIP..
Written by Thomas Warkentin
SHLIPKIN, WE HAVE THE TARGET SHIP IN OUR SENSORS...
IT IS THE ONE MING WANTS.
GREAT!... WHAT ABOUT OUR REWARD?
TRASH SHLIPKIN'S SHIP.
...A LITTLE WHITE BLIP.
I SAW IT, TOO...
...AN EXPLOSION, A LONG WAY BACK DIRECTLY BEHIND US.
WE FOLLOW, WE WATCH, WE MAINTAIN STEALTH MODE AND BATTLE STATIONS.

GEORGE by MARK SZORADY

Super Crossword

ACROSS
1 Corduroy ridge
5 Messy stuff
9 Exploit
13 Romulus' river
18 Comfort or Cord
19 First name in raga
20 Arm bone
21 Pavarotti's birthplace
22 Turgenev novel
25 Barry Levinson film
26 Big guy
27 Disparages
28 Paving material
30 Time-honored
31 Pitcher part
33 Literary nickname
38 Obstructive
43 Author Vidal
44 Bucket
45 Entertainer Peeples
46 "Sea Hunt" shockers
48 Bedtime reading
50 "Damn Yankees" tune
53 Figure with a scythe
57 Presidential monogram
59 Three?
61 Milo of "Ulysses"
62 Schnauzer feature
65 Windshield wiper
67 Energy units
70 Racer Luyendyk
71 Part of EEC
72 Twofold
73 — Dawn Chong
76 Roman household head
80 Supplement, with "out"
81 Sans ambition
83 Use a ray gun
84 A Four Corners state
85 Scheme
87 Toronto team
89 Places for pins?
91 Cavalry weapon
95 Move like a crab
96 Turf
98 Shep and the Limelites tune
101 Politico Abzug
103 Hoarse horse?
106 "Martha the Mouth"
107 Feel wretched
108 Soprano Ameling
110 Midwest college town
112 "F Troop" actor
115 "Annie" role
120 Jazz instrument
121 Anger
122 Dian Fossey's friend
123 "Peanuts" character
126 Renown
130 "Taxi" or "The Tempest"
133 Madonna hit
137 Chews the scenery
138 "If — I Would Leave You"
139 What the nose knows
140 Back talk?
141 Emulate Astaire
142 Behind schedule
143 — Gigio
144 Darling animal?

DOWN
1 Float on the breeze
2 Jai —
3 Latvian
4 Complete a sigh
5 Terrier threat
6 Young girl
7 Face shape
8 Grable or Gable
9 Nitpicker
10 "Evil Woman" group
11 Author Beattie
12 Refinement
13 "Mazel —!"
14 Mrs. McKinley
15 Underneath
16 "— Gay"
17 Actor Quaid
21 Singer Carey
23 Markey or Bagnold
24 Race a jalopy
29 Audiophile's purchase
32 Wharf
34 Coach Parseghian
35 Clasped
36 Sib's kid
37 Looked daggers
38 News, for short
39 Farrow and Sara
40 Walkway
41 Volleyball divider
42 Limber with language
47 Slander
49 Corsair or Citation
51 Trickster
52 Deal with a nose
54 Bray beginning
55 Tombstone lawman
56 Sharp scolding
58 Furnish
60 Prune a paragraph
63 "Rawhide" prop
64 Call for
66 Russian river
68 Mideast locale
69 Remains
73 Barbecue candidates
74 Off-the-cuff
75 Lose one's tail?
77 — Downs (racetrack)
78 "— a Symphony" ('65 song)
79 Get fresh
82 Bellowed
86 "Uh-uh"
88 Toast topping
90 Pierre's st.
92 Wild hog
93 Kuwaiti ruler
94 Depend (on)
97 Dreary
99 Chase away gray
100 Cravings
102 Forever
104 Aussie walker
105 State publicly
109 Kennel sound
111 Lose control
113 Max or Buddy
114 Cap
115 Prepared potatoes
116 Smell to savor
117 Fiend
118 Drive off
119 A nose that shows!
124 Bring to ruin
125 Command at a corner
127 Shoestring
128 Flu symptom
129 He had a hammer
131 Catchall abbr.
132 Billy — Williams
134 Palindromic name
135 Hound or hamster
136 Paid player



Please see answers back page

MagicMaze

THE UMPIRE

Z	I	E	B	X	U	Q	N	J	G	T	D	Z	W	T
Q	N	K	E	H	D	A	N	X	U	E	U	R	P	M
J	G	D	A	T	X	R	V	O	N	S	Q	N	K	I
L	F	D	E	A	A	U	L	O	I	X	V	T	Q	O
M	A	J	H	F	F	L	Z	C	F	T	A	Y	W	U
R	P	I	N	L	A	E	P	J	O	H	C	F	D	B
Z	X	V	C	B	K	S	E	E	R	E	F	E	R	T
R	Q	O	E	I	M	K	C	I	M	H	F	D	J	W
B	Z	S	R	U	F	A	Y	W	V	O	T	R	Q	E
O	A	T	M	N	L	F	L	K	I	H	H	F	D	R
B	S	P	K	L	A	B	O	C	A	T	N	U	O	C

Find the listed words in the diagram. They run in all directions-forward, backward, up, down and diagonally.

Balk	Crew	Out	Strike zone
Baseball	Ejection	Referee	Ump
Blue	Home plate	Rules	Uniform
Call	Official	Safe	

Vision Teaser

Find at least six differences in details between panels.

Wishing Well®

7	8	3	5	4	3	5	7	6	4	5	3	4
N	L	C	L	S	H	O	O	D	E	V	E	C
7	3	2	3	6	7	2	6	2	8	6	2	8
G	R	Y	I	O	O	O	F	U	I	O	A	V
4	6	5	4	6	3	2	4	2	5	3	6	8
U	R	I	R	O	S	R	I	E	N	H	T	E
3	6	4	3	5	8	4	6	5	3	8	2	6
Y	H	T	O	G	Y	Y	E	F	U	O	N	R
5	2	5	4	2	4	7	5	3	6	5	3	4
R	O	I	I	W	S	O	E	R	S	N	F	Y
5	2	3	2	5	3	8	7	8	2	7	3	8
D	G	R	L	S	I	U	F	R	A	S	E	I
3	2	3	4	8	4	3	8	4	8	4	8	8
N	D	D	O	D	U	S	E	R	A	S	L	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

challenger® THE INTERNATIONAL CROSSNUMBER GAME

By L. Lewis Manker

DIRECTIONS:

Fill each square with a number, one through nine.
- Horizontal squares should add to totals on right.
- Vertical squares should add to totals on bottom.
- Diagonal squares through center should add to total in upper and lower right.

Today's Challenge

Time 8 Minutes 10 Seconds

Your Working

Time ____ Minutes ____ Seconds

			7	15
2				27
		4		12
	6			29
12	15	28	28	19

(24 at top right)

OUT ON A LIMB by GARY KOPERVAS

IT'S A FOOTBALL HELMET... HOPE YOU LIKE IT.
HERE'S TEN BUCKS... GO BUY YOURSELF SOMETHING.
ON HIS BIRTHDAY, NELSON GETS A VISIT FROM A GIFT HORSE AND A CASH COW.
KOPERVAS

THE SPATS by JEFF PICKERING

BOY OH BOY, THESE OLD "LAWRENCE WELK SHOW" RE-RUNS SURE BRING BACK THE MEMORIES.
HONEY, DON'T SIT SO CLOSE TO THE SCREEN.
YA YA, I KNOW, IT'S BAD FOR MY EYES.
NOT ONLY THAT, BUT YOU MIGHT GET YOUR NOSE STUCK IN THE ACCORDIAN!
PICKERING

OPINION

News-Ledger Editorial

The good, the bad & the ugly

There are some folks in society who just aren't happy. They're angry with themselves and others, and look for ways to ruin everybody else's day.

So in the midst of the happiness, warmth and camaraderie of the holiday season, these people get anti-social. For example:

■ West Sacramento firefighters take Santa Claus around by fire engine to the city's neighborhoods every year, and every year young punks in certain neighborhoods give Santa trouble. In the past, this has included rock throwing and even death threats for Santa. This year, these idiots threw eggs and stole candy being passed out by firefighters' children.

■ A local family fell victim to a burglar last week, who stole their presents from underneath a Christmas tree. The mother was so upset and disillusioned she hauled the tree outside.

■ Christmas light displays at Crystal Ct., the most visited place to view holiday lights in the city, were trashed late one night last week by vandals. Costing hundreds of dollars and a lot of hours of craftsmanship, the lights did nothing but provide a source of pride and joy to the community.

The good news?

Good people seem to rally and rise to the occasion. A music teacher once said that it takes eight "right" notes to cancel out one "wrong" one, and whether or not that ratio still holds true in erasing the deeds of a town's bad apples, we certainly see a lot of "right" notes in West Sacramento this time of year.

Many people simply react to this kind of adversity by smiling stoically and trying to do the right thing, despite the hardship.

How these three stories ended:

■ The firefighters know they will get some trouble on their annual run, and they know what neighborhood they will get it in. But they returned this year, unable to scorn the "good" kids because of some hassles from the bad ones.

And you can bet they'll be back next year -- even in the trouble spots.

■ A local charity group, the West Sacramento Christmas Basket Project, replaced the presents stolen from the local family and restored their faith in Christmas, too.

■ And the lights on Crystal Ct. barely blinked. When they could have thrown up their hands in disgust at the selfish, unappreciative crooks who ruined their handiwork, the residents simply rebuilt. Cars full of children on a tour of city lights still had something to see.

Once again, Happy Holidays and the happiest of New Years.

Yolo County explains how it will protect wildife habitat

From the County of Yolo
Community Development Department

Within the past three decades in California's Central Valley agriculture, development and wildlife have been the subject of on-going debates as each group has become caught up in competition for the valley's natural resources. Competition for land and its use (i.e. farmland vs. residential lots), water, and endangered wildlife species protection have dominated the public concern and altered the valley's environment.

In Yolo County, the conflicts between development and agriculture in particular areas of the county and the protection afforded the listed species under the federal and state endangered species acts that inhabit the county have not been out of place with the rest of the valley.

Approximately 98 percent of the population growth expected to occur in the county until the year 2010 will take place within its cities. The population growth and its resulting development pressures will require developers and the cities to seek lands beyond their urban limit boundaries in an effort to comply with the mitigation requirements of the Federal Endangered Species Act, and the California Endangered Species Act.

To provide a comprehensive solution to these conflicts, to encourage cooperation and communication, and to provide greater protection for the threaten and endangered species that inhabit the county, the local governments and interest groups within Yolo County are working together with the California Department of Fish and Game and the U.S. Department of Fish and Wildlife, to develop a habitat conservation plan for the county.

The habitat conservation plan process is designed to allow for "take" of species listed under the federal and state endangered species acts as long as the species is protected, habitat is conserved, and the permitted incidental take will not jeopardize the ultimate survival of the species. Further, the take permit applicants must demonstrate that they have minimized, mitigated, and monitored the proposed take to the maximum extent practicable.

The Yolo County Habitat Conservation or HCP encompasses a total study area of approximately 465,900 acres which includes that portion of Yolo County occupying the Sacramento Valley, including the Delta, and up to the 100 meter elevation (300 foot contour) in the coast range to the west.

The HCP attempts to reduce the impacts on 29 species and their habitats from future urban development allowable under the General Plans of the Cities of Woodland, Winters, West Sacramento, Davis, and the County of Yolo. Projected "build out" of urban and agricultural development by the general plans would result in the loss of habitat, or "take," of approximately 14,300 acres over the next 20+ years.

The HCP focuses on three fundamental goals: (1) preserving and enhancing wildlife habitat as opposed to planning for individual animals; (2) no net loss of agricultural productivity; and (3) an easier and more straight-forward process for developers and government agencies to accomplish mitigation for habitat impacts.

The Yolo County HCP is guided by the following objectives:

Mitigate impacts of urban development upon target species and their habitat

The development of the county HCP centers on a habitat-based approached focusing on 20 species which are indigenous to Yolo County, and whose primary habitat are likely to sustain other species in the county.,

Five primary habitat types (riparian, wetland, woodland, grassland, agriculture) were identified for mitigation planning purposes. These types were based on the physical and biological descriptions of locations where target species presently occur or are known to occur in Yolo County.

Apply conservation biology principles to the selection of mitigation sites and preservation strategies

All mitigation will occur on lands within the study area. The goal will be to select mitigation sites that have the highest existing or potential habitat values, the least affect on agricultural productivity, the greatest collateral value, represent the most cost effective use of HCP funds, and a willing participant/seller. Mitigation sites must meet certain minimum criteria that involve: biological value; agricultural value; and collateral value.

Maintain agricultural productivity on farmlands participating in habitat conservation programs

Gross agricultural production totals in excess

Please see HABITAT, page 7

The News-Ledger.
No well-informed
West Sacramento
resident
goes without it.

Letters to the Editor

Mind your manners!

We just returned from watching our grandchildren's Christmas programs at Westfield School this Thursday evening.

The children and staff put a great deal of time and effort into a wonderful program. We applaud one and all for their efforts.

Unfortunately, the spirit of the evening was darkened somewhat by many in the audience. These people apparently felt that visiting, talking, and being generally disruptive was far more important than the program being presented by the children for our enjoyment.

The conduct continued, despite several requests by the principal for quiet. Obviously, the students are far better at following general instruction, respect, manners and consideration than the general "adult" audience.

Again, we thank you for a wonderful program and extend our apologies for the rude few that affected many.

LLOYD AND SUE BALESTRA
West Sacramento

The News-Ledger:
Your hometown newspaper, committed to your first-amendment rights since 1964.

Your thoughts are welcome

Your submission's are always welcome to the News-Ledger opinion page.

Letters to the Editor should be brief and must include the author's name and signature. Phone number and address must be included for verification purposes. Except in unusual circumstances, authors' names will not be withheld from publication, and pseudonyms are not permitted. The News-Ledger will attempt to print letters in their entirety, but reserves the right to edit for length or for libelous or objectionable content. Deadline is Friday at 5 p.m. Please mail them to the News-Ledger, P.O. Box 463, West Sacramento, CA 95691, or drop them off at the News-Ledger office, 816 Westacre Rd.

"Sound Off!" comments should be very brief. They may be phoned in to 371-8055, and deadline is Monday. Please note that for reasons of fairness, and because of the anonymous nature of the "Sound Off!" comment line, subject matter is restricted. No criticisms or political campaigning in "Sound Off!," please, although that kind of subject matter may be appropriate for signed letters to the editor. Comments may be edited for length or objectionable content.

All of us at the News-Ledger join in wishing you the very happiest of holiday seasons.

PAGE FROM THE PAST

WASHINGTON SOCIETY NOTES

The Sacramento river registered 12 feet 10 inches, United States gauge at the Southern Pacific bridge, yesterday. This was a fall of over 12 feet during the past week, and shows how quickly the Sacramento river can go down when rain stops on the foothills. The American river still maintains a great depth, owing to the fact that the flow from the foothills quickly reaches this section after heavy rains. The water in the Sacramento river is still turbid, with much debris coming down the stream.

Complaint was registered with the Independent yesterday that some vicious individual around town is placing poison for dogs and cats. A valuable dog owned by A. Bonetti died last Tuesday morning. Another dog owned by Ed Curry also died and a house cat owned by Mrs. Allerton was also poisoned. Lord knows no great damage would be done if several of the mongrels that are a nuisance around town were poisoned, but unfortunately it is the valuable animals that usually lose their lives. There is great danger also to children who while playing may pick up the poisons and lose their lives. If dogs become a nuisance they should be dispatched in some other way than through promiscuous poisoning that may kill useful animals or even children.

Showing the depth of the American river a large barge was taken up that stream last Saturday by Percy Hart to be used as a pumping station near the Southern Pacific bridge out of Elvas. The barge is to be used by a Sacramento contractor to pump sand out of the bed of the river for building purposes. The barge will sustain a great pumping plant and will deliver the sand over the levee in the vicinity of the Southern Pacific bridge near Elvas station.

Joe Beltrami has sold his interest in the Hoffman house to C. Gonnelli, after having been the proprietor during the past six months. The partners operating the resort are Tom Arndt and C. Gonnelli.

George Beal is receiving orders for Christmas Turkeys and already has a large supply on hand for those who will invest in the festive bird for Christmas. Anticipating more orders he has sent to a large supply ranch for several hundred more and will have them for his customers alive or dressed until Saturday night.

A baby boy was born last Sunday morning to the wife of Frank De Riso, Jr. This is the first baby in the family and daddy De Riso has been very chesty since the event. Reports from the De Riso home are that Mrs. De Riso and baby are getting along nicely.

Classes in the Washington public school will close on Friday noon for the Christmas holidays. The school will open again for regular attendance on the morning of January 8th. The average attendance at the public school at this writing is 270, while at times the attendance runs as high as 290.

Tom Robinson was a visitor last Sunday at Chico at the home of his brother Joe. Saturday afternoon and Sunday were mostly spent by the boys in quest of the mallards that infest the neighborhood of the Robinson ranch. Several friends of Tom were not forgotten when he returned with a limit kill.

Miss Inez DaPlato has been confined to her bed during the past two weeks seriously sick with a complication of rheumatism and heart trouble. Yesterday she was much improved but is now troubled with a light case of pneumonia.

Harry Gray a prominent attorney of Sacramento spent yesterday afternoon in Washington in the interest of several clients with whom he has lately been transacting business. Harry thinks that the future for Washington is bright if only the mud that decorates the streets can be moved off or covered with something more substantial to sustain a man's weight.

H. G. Thiele has returned to Sacramento after a visit at the F. L. White, Jr., home near Washington.

Mr. and Mrs. H. Jasper came down from Wheatland for a few days' visit with relatives.

J. N. Peterson has returned from a trip to Arizona.

Mrs. William Gordon and Miss Ethel Cook returned to Napa after spending the week-end with relatives in Washington.

Mr. and Mrs. F. Ortiz entertained a number of friends at a dinner on Sunday following the celebration of the Feast of Our Lady of Guadalupe.

Proceeds from the dance given last night by the parent-teacher association at the school increased the Christmas entertainment fund to $90. This will be used for the Christmas tree to be given December 22d.

Mr. and Mrs. Lee Russell and family, all of whom have been confined to their home by illness, are able to be about again.

J. Joseph of Fresno was a recent visitor with friends in Washington.

Preliminary examination of I. W. Clifton of Washington, Yolo County, on a charge of failure to render aid was continued yesterday by Police Judge O. W. Anderson until January 5th. Clifton was arrested after he had run down and injured two women at Eighth and J streets. Clifton failed to stop his machine and offer assistance.

An automobile owned by C. J. Eastman, 2400 P street, stolen last night, was recovered today in West Sacramento, where it had been abandoned. The machine was stolen from J street, between Fifth and Sixth streets.

The Great Western Power Company is extending its system from the Pocket bridge on down the Freeport boulevard to a point about five miles down the river, where it will form a junction with the line running up the river to a crossing near Clarksburg. This service will be welcomed by the residents along the new line, and the town of Freeport who have been wanting the service for a number of years.

The annual Christmas tree and school entertainment of the Freeport school will be held next Friday, December 22. There will be a program by the pupils of the school after which Santa Claus will appear and distribute candy, nuts and other good things to eat, which have been given by the Parent-Teacher Association of this district.

COMMUNITY XMAS TREE FOR ALL THE CHILDREN OF TOWN

Friday afternoon at 1:30 Washington, through the Parent-Teacher Association, will extend its annual treat to the children of the town.

Every child will be made welcome in the auditorium of the public school building, and for every tot present during the afternoon there will be a present of some kind.

Refreshments have been provided through the work of the Parent-Teacher Association.

Yesterday the pupils of the manual training school set up a large Christmas tree and the girls of the eighth grade decorated it beautifully.

The auditorium was suitably decorated also, so that the surroundings around the Christmas tree will be above the average.

During the afternoon a program of entertainment will be rendered, interluded with songs, dances and folk dances. Considerable preparation has been made by the school children under direction of the teachers for this event.

The funds to provide this community tree for the children have been raised at public dances given during the last few months in the town hall.

Every child in the town will be expected to attend the entertainment and Christmas tree and Santa Claus will be present to tell the little ones how well he still likes them.

The president of the Parent-Teachers Association is Mrs. M. L. Manchester and the secretary is Mrs. Belle Parkinson.

FIREMEN INVITE THEIR FRIENDS TO SATURDAY NIGHT DANCE

The benefit dance to be given by the Washington firemen and fire trustees next Saturday night promises a splendid time for those who wish to attend.

Being the eve of Christmas, no doubt many of the young folks of the town will be present, for nearly all the young men of the community are members of the volunteer firemen.

The proceeds of the dance will be devoted toward paying for improvements to the town hall, especially that of placing a new dancing floor on the second story of the building.

A committee of young ladies will serve refreshments during the evening and these refreshments have mostly been provided by the parents of the young ladies. The committee consists of Olga Machado, Mary Anater, Ruth Ricard, Mary Traversi and Lillian Lear.

In addition to the floor above mentioned, other improvements that demand the attention of the fire trustees are that of placing a front stairway to the lower floor of the building and raising the sidewalk around the building because of the raise lately made on Third street, fronting the structure.

Patriotic citizens of the town will appreciate that this method of raising funds for public improvement is much better than placing a tax on the property owners of the district.

MIDNIGHT MASS FOR XMAS EVE IN WASHINGTON

Rev. Father Marcucci makes announcement that midnight Mass will be celebrated in the Catholic Church in Washington the night of December 24th or early morning December 25th.

For this occasion Father Marcucci has secured an augmented choir and special music will be rendered during the High Mass.

Father Marcucci expects a great crowd to be in attendance at the midnight Mass, for people of all denominations reverence the idea of Christmas when services are held at midnight.

The occasion will be a solemn one and the church of Our Lady of the Blessed Sacrament will be beautifully decorated for the occasion.

At nine a. m. Mass will again be celebrated at the church, and at ten a. m. another Mass will be celebrated by Father Marcucci at Bryte.

Outside of these, the regular Sunday services will be held by the priests.

COURT OF APPEAL TO DECIDE WOODLAND CASE

The petition of Mrs. Conception Preciado of Woodland for a writ to compel Superior Judge W. A. Anderson to show cause why he should not act on a plea to award her the custody of her daughter's child, was argued before the third district Court of Appeal Monday. The mother declares that her step-father, Carmen Hernandez, former husband of Mrs. Preciado, is the father of the child. She wants it taken from the Stanford home, where it is a ward of the juvenile court, and returned to her.

BODIES OF SUICIDES NOT FOUND

In spite of a watch maintained along the river under the direction of Coroner John T. Skelton, no trace has yet been found of the bodies of Mrs. Leah Alexander, negress, or R. Miller, both of whom committed suicide by jumping from the M street bridge. Mrs. Alexander threw herself into the river December 12th, and Miller ended his life last Monday morning.

To make churches more popular than vaudeville, the only way is to have more leg show.

We are coming to it.

Siki may be a black fighter, but a good one.

There are yellow fighters who are poor ones.

RESPECTED FREEPORT LADY LAID AT REST

Funeral services for Mrs. Frances A. Viera were held at 10 o'clock Monday morning in St. Joseph's Catholic Church at Freeport, and the body later sent to Sacramento for burial in St. Joseph's cemetery. Mrs. Viera, who was a life-long resident of California, died December 15th after a two weeks' illness due to pneumonia.

Eight children survive. They are: Clara, Lena and Leona Viera, Mrs. Mary Peters, Mrs. Rosie Leal, Mrs. Francis Silva, Mrs. Carrie Azevedo, and Mrs. Theresa Perry, all of Freeport. She was a sister of Frank Governor of Sacramento and Henry Governor of Freeport.

Coffee dealers are now voicing the slogan, "Drink more coffee."

Bakers have no monopoly on, "Eat more bread."

Bootleggers don't have to say, "Drink more booze."

WASHINGTON MEAT MARKET

Can supply all your wants for CHRISTMAS and NEW YEAR

Never go hungry, for we have the best

MEATS in California

ED. MOSS, PROPR.

90 H. P. Best Caterpillar

Cost $7,200

Will Sell for $1,500

Inquire office INDEPENDENT-LEADER

You Eat MEAT!

That is our business
Our prices are less
Your selection is invited

YE PROGRESSE MEAT SHOPPE

(Only shop near west end of Sacramento operated by white men)

505 K Street

NO REASON

to go across the bridge to buy the

Necessities of Life

We have them and our stock for CHRISTMAS and NEW YEAR was never so large

We are willing to have you compare our prices with any market in Sacramento.

GEO. BEALE & CO.

Washington

HARNESS and Saddlery

NEW STOCK

By One of Most Reliable Dealers in WINTERS

W. S. HUMPHREY

Washington Hotel

YOLO

SOFT DRINKS, CIGARS

Raviola and Chicken Dinners Sundays

Regular Italian Meals Daily

Weekdays, Meals 35c

Sundays, 50c

R. BENEDETTI, Proprietor

Phone 3479-W

Peter Zingg

Folsom Boulevard

Capital 326 W

An Oasis for Poor

CAMELS

who suffer from enforced THIRST

A place to relieve that parched feeling

TIMBER'S HOUSE

Twelfth Street Road—Near the American River Bridge

Famous for its friendships Noted for its entertainments

Reputed one of the most gentlemanly places in California for comfort

BIG TIMBER, Proprietor

OLYMPIA CAFE

SOUTHERN HOT LUNCH and SANDWICHES

SOFT DRINKS

Phone Main 1645

7th and J Streets Sacramento

Your Chance to Build at Your Own Figures

WE CARRY EVERYTHING FROM MUDSILLS TO SHINGLES BOTH NEW AND USED

See us when in need of

Mixed Paints	Corrugated Iron	Sash and Doors
Hardware	Brick	Mouldings
Plumbing Supplies	Lumber	Roofing Paper
Plaster Board	Shingles	Electrical Supplies

Everything in BUILDING MATERIALS—New and Used

DOLAN Wrkg. & Const. Co.

25th and R Streets Main 5329 Sacramento, Calif.

7-Mile House

Upper Stockton Road

This is a House of Staples

Tires, Gas, Tubes, Oils and Groceries

Campers' Supplies for Travelers

NICK KADEL, PROPR.

Conley's Cash Store

ON THE RIVERSIDE ROAD

Has no new habits and does not believe that its patrons have very new ideas.

We cater to gentlemen for eats and drinks.

Soft Drinks of Every Make
Dancing Every Saturday Night
Sandwiches of All Kinds

MILTON AYERS, Prop.

Call "The Lumber Numbers" Main 5629-5630

Jam the Brakes On Building Expenses

Buy lumber and other material that is selected to last.

YOUR VISIT— to the

6-Mile House

THE WHITE HOUSE

Near Baseball Park on 10th Street Car Line

Police log

Dec. 20, 6 to 10 p.m.
West Sacramento police set up a sobriety checkpoint at West Capitol Ave. and Poplar Ave. 765 vehicles passed through, four drivers were given field sobriety tests, and no arrests were made. Drivers received pamphlets on the department's anti-DUI efforts as well as its prostitution abatement program, which targets the customers of local prostitutes.

Dec. 21, 1:25 a.m.
Officers arrested a 31-year old man at his California St. residence on a warrant. They transported him to the police department, and during a search, found a bag with 0.8 grams of methamphetamine.

Dec. 22, 12:24 a.m.
A woman on Todhunter said her estranged husband took her vehicle, after drinking a half bottle of rum she provided.

Dec. 22, 2:47 a.m.
Christmas decorations were reported damaged by vandals at a number of houses in the Crystal Ct./Lagoon Ave. area.

Dec. 23, 4:34 a.m.
A man reported that a teenager had taken three "hits" of LSD, and was paranoid and screaming. The youth was released with to his father with a "notice to appear."

Dec. 23, 6:32 a.m.
The Sacramento police department advised West Sacramento that it had arrested a man with a vehicle full of new shoes still in their boxes, and suggested police contact local shoe stores to see if there had been a theft.

Dec. 23, 4:12 p.m.
A caller said a non-English speaking family was washing out barrels with about 200 lbs. of chicken and other meats into a storm drain, and the smell was bad. The fire and health departments were contacted.

Dec. 23, 10 p.m.
A woman was robbed of groceries by three juveniles on Beardsley. No weapons were used, although the woman said suspects tried to run her over with their vehicle.

Dec. 25, 1:41 a.m.
A male suspect about 20 years old stole about six large candy bars from a Sacramento Ave. market, and fled in a car.

Dec. 25, 8:34 p.m.
A nurse at a Sacramento emergency room reported that a woman was stabbed by her boyfriend in West Sacramento. The victim would not identify the boyfriend.

HABITAT: fees will offset land loss

from p. 5

of 200 million dollars annually in the county. Agricultural land also provides valuable habitat for the multiple species under consideration in the HCP. Achieving compatibility between agricultural activities and habitat preservation is important to the success of the HCP. The emphasis of the plan is to describe ways in which existing agricultural practices can be modified to provide greater wildlife habitat value while allowing crop production to continue.

The HCP provides hold harmless protection to all properties within a 500 foot radius of mitigation sites for those owners not wishing to participate in the plan. Such protection ensures that future liability for these properties under the incidental take provisions of the Federal and State Endangered Species Act can be avoided.

The HCP emphasizes maintenance of agricultural productivity on sites used for mitigation. The HCP does not propose to mitigate the loss of farmland from urban development designated by each of the City and County General Plans.

Provide flexibility and economic incentives to the builders and developers that are required to provide habitat mitigation

The cost of the HCP implementation can be broken into the following categories: start up cost, administrative costs including fee collection, accounting and tracking costs; land/conservation easement acquisition costs, habitat enhancement costs, endowment for the long term maintenance of the land/easement acquired; and transactional costs.

The HCP requires that, on average, one acre of mitigation area will be provided for each acre of impact (1-to-1 ratio). The predominant form of mitigation will be agricultural conservation easements that maintain existing agricultural and biological values for the target species. Developer mitigation fees will be the primary source of financing for the HCP. A mitigation fee of $2,630 per acre will be paid, or land offered in-lieu of the fee, by developers wishing to participate in the HCP.

A key component of the mitigation fee will be credits offered for voluntary habitat mitigation/enhancement projects or program. A developer facing the in-lieu fee can apply for credit as part of the discretionary review process, for in-kind dedications of habitat easements and/or fee title to habitat lands proportional to the habitat mitigation requirements. A participating jurisdiction may also have the opportunity to receive a credit for its comprehensive efforts to mitigate the impacts of developmental-related habitat loss. The Implementing Agreement for Plan will include biological and administrative standards for such credits, based on the HCP mitigation guidelines.

Assure administrative efficiency, accountability and no additional governmental structure

HCP implementation includes the preparation and execution of an Implementing Agreement (IA) between the local jurisdictions and the regulating agencies, the formation of a permanent Implementing Entity to include a Board of Directors, a Technical Advisory Committee, and a Land Manager, related contracts and agreements, and adoption of an in-lieu fee ordinance by each participating local jurisdictions.

The IA establishes the terms of the regional permit under ESA and CESA, and identifies the responsibilities of the parties under the HCP, including the cities, the County and the regulatory agencies in instituting the regional permit. The IA will be prepared and adopted along with the final HCP.

In conclusion, the Yolo County Habitat Conservation Plan is a cooperative tool that attempts to communicate the needs and concerns of its participants (agriculture, development, wildlife) and provide "rewards" to individuals who are good stewards in preserving agriculture and the habitat that it provides.

Public Notices

Continued from Page 8

PARTNERS:
/s/MARY F. BAKARICH
GARY BROWN ENTERPRISES
a California corporation
By: /s/Lucille Brown, President
PARTNERSHIP:
NARI HOME REMODELING AND RESTORATION SHOW, a California general partnership
By: /s/Mary F. Bakarich, General Partner
CNS1337025
Dec. 27

T.S. No. FM-28039-F, Loan No. 02-61116

NOTICE OF TRUSTEE'S SALE. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 2/94. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. TRUSTOR: EDDIE B. URIBE AND DEBRA J. URIBE, HUSBAND AND WIFE AS JOINT TENANTS. Duly Appointed Trustee: HACIENDA SERVICE CORPORATION **Recorded 2/25/94 as Instrument No. 006387 in Book 2613, page 537** of Official Records in the office of the Recorder of **YOLO County**, California, **Date of Sale: 1/3/96 at 11:00 AM, Place of Sale:** **ON THE MAIN STEPS TO THE COUNTY COURTHOUSE, 725 COURT STREET, WOODLAND, California.** Amount of unpaid balance and other charges: **$80,198.31.** Street Address or other common designation of real property: **2320 MANCHESTER STREET WEST SACRAMENTO, CALIFORNIA 95691 APN #: 45-056-12.** The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. **Date: November 30, 1995 HACIENDA SERVICE CORPORATION AS TRUSTEE BY EXECUTIVE TRUSTEE SERVICES, INC. AS AGENT**
15455 SAN FERNANDO MISSION BLVD SUITE #208 MISSION HILLS, CA 91345 818-361-4488 CONNIE L. STEWART TRUSTEE SALE OFFICER
C237220, 12/13, 12/20, 12/27, 1995

Loan: n/a Other: 7081815 File : s13237 A.P. Number 043-240-071,091,101 Notice Of Trustee's Sale under deed of trust you are in default under a Deed Of Trust, dated October 31, 1994, unless you take action to protect your property, it may be sold at a public sale. If you need an explanation of the nature of the proceeding against you, you should contact a lawyer. Notice is hereby given that Stanich Investments, as Trustee, or Successor Trustee, or Substituted Trustee pursuant to the Deed Of Trust executed by Riverfront Development Corp recorded on 11/04/1994 as Instrument No. 033911 in book page of official records in the office of the County Recorder of Yolo County, California, and pursuant to the Notice Of Default and election to sell thereunder recorded 09/14/1995 in book , page , as Instrument No. 20497 of said official records, will sell on 01/17/1996 at on the main steps of the county courthouse 725 court street Woodland, Ca at 11:00 am at public auction to the highest bidder for cash (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said deed of trust in the property situated in said county and state hereinafter described: as more fully described on said deed of trust. The Beneficiary may elect, in its discretion to exercise its rights and remedies in any manner permitted under section 9501 (a) (ii) of the California Commercial Code, or any other applicable section, as to all or some of the personal property, fixtures and other general tangibles or intangibles more particularly described in the UCC Financing Statement executed by the trustor and filed in with the Secretary of State as filing number 9433460096. Certain personal property secured by the deed of trust is more particularly described as follows : All lime, scrap street, and equipment located at 35265 Willow Avenue, Clarksburg, Ca apn no. 043-240-07, 09,10 the property address and other common designation, if any, of the real property described above is purported to be: 35265 Willow Avenue Clarksburg, Ca 95612 the undersigned trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. the total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the notice of sale is: $353,458.30 in addition to cash, the trustee will accept a cashier's check drawn on a State or National Bank, a check drawn by a State or Federal Credit Union or a check drawn by a State or Federal Savings and Loan Association, Savings Association or Savings Bank specified in section 5102 of the Financial Code and authorized to do business in this state. in the event tender other than cash is accepted the trustee may withhold the issuance of the trustee's deed until funds become available to the payee or endorsee as a matter of right. said sale will be made, but without covenant or warranty, express or implied regarding title, possession, or encumbrances, to satisfy the indebtedness secured by said deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the note secured by said deed with interest thereon as provided in said note, fees, charges and expenses of the trustee and the trusts created by said deed of trust. dated: 12/15/1995 Stanich Investments, as said trustee 601 University Avenue, Suite #240 Sacramento, CA 95825 (916) 565-2984 by: Vincent F. Stanich Jr., Sole Proprietor P73517 12/27/95,1/3,1/10/96

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notice of trustee's sale loan no. 881-681536 ts no. 94-46263ca fha/va no. you are in default under a deed of trust dated September 18, 1979. unless you take action to protect your property, it may be sold at a public sale. if you need an explanation of the nature of the proceeding against you, you should contact a lawyer. on January 10, 1996, at 11:00 am, Specialized, Inc. as duly appointed trustee under and pursuant to deed of trust recorded 10-5-79, as inst. no. 18676, in book 1390 page 722, of official records in the office of the county recorder of Yolo county, state of California, executed by Sarah Jane Sims, an unmarried woman as trustor, will sell at public auction to highest bidder for cash (payable at time of sale in lawful money of the United States) at on the main steps of the county courthouse 725 court street Woodland, Ca all right, title and interest conveyed to and now held by it under said deed of trust in the property situated in said county and state described as: apn 14-045-14 the street address and other common designation, if any, of the real property described above is purported to be: 617 Short street, Bryte, Ca 95605 the undersigned trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s), secured by said deed of trust with interest thereon, as provided in said note(s), advances, if any, under the terms of the said deed of trust, fees, charges and expenses of the trustee and of the trusts created by said deed of trust. the total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of initial publication of the notice of sale is $11,996.07. the beneficiary under said deed of trust heretofore executed and delivered to the undersigned a written declaration of default and demand for sale, and a written notice of default and election to sell. the undersigned caused said notice of default and election to sell to be recorded in the county where the real property is located. this is an attempt to collect a debt, and any information obtained will be used for that purpose. date: 29 Nov 95 **Specialized, Inc., Trustee** 1090 eugenia place Carpinteria, Ca 93013 (805) 684-1424 by: K. Chandler, Trustee Sales Officer P73231 12/13,12/20,12/27/95

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 95-01207-KR Title Order No. 71030 Reference No. 0003213587APN No. 058-065-11 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/18/91. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On January 10, 1996, at 03:30 PM, **Arm Financial Corporation** as the duly appointed Trustee under and pursuant to Deed of Trust, recorded on 07/24/91 as Document No. 018315 Book 2247 Page 350 of Official Records in the Office of the Recorder of YOLO County, California, executed by: JAMES R. STEWART AND LEAH J. STEWART, HUSBAND AND WIFE, as Trustor, AMERICAN RESIDENTIAL MORTGAGE CORPORATION, as Beneficiary. WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: AT THE MAIN ENTRANCE TO THE CITY HALL AT, 2101 STONE BLVD., WEST SACRAMENTO, CA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: Lot 21, Block 37, as Said Lot and Block Are Delineated and So Designated on That Certain Map Entitled 'West Sacramento City Unit One, Yolo County, California,' Filed December 2, 1913 in Book 3, of Maps at Pages 8 to 14, Inclusive, Yolo County Records. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 1568 ALABAMA AVENUE, WEST SACRAMENTO, CA 95691. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: $107,223.11 Estimated. Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. **Arm Financial Corporation as Trustee**, P.O. Box 85309, San Diego, CA 92186-5309, Telephone Number: (619) 452-4900, KELLY L. RADER, ASSISTANT SECRETARY, Date: 11/30/95 NPP0009744 PUB: 12/20/95, 12/27/95, 01/03/96

You can tell the ideals of a nation by its advertisements.
—Norman Douglas

This Week In History

On December 26, 1620, the 103 passengers on the Mayflower landed at Plymouth, Mass. ... **December 25-26, 1776,** General George Washington recrossed the Delaware River from Pennsylvania into New Jersey ... **December 26, 1776,** General Washington and his troops defeated 1,400 Hessians in Trenton, N.J. ... **December 29, 1812,** the U.S.S. Constitution beat the H.M.S. Java ... **December 29, 1845,** Texas was admitted into the Union ... **December 29, 1890,** the last major conflict between Indians and U.S. troops took place at Wounded Knee, S.D.; approximately 200 Indian men, women and children were killed, as well as 29 soldiers ... **December 27, 1927,** Jerome Kern's hit musical, "Showboat," debuted on Broadway in New York City ... **December 26, 1933,** the U.S. foreswore armed intervention in Western hemisphere nations ... **December 31, 1936,** the London Naval Reduction Treaty expired ... **December 31, 1966,** by this date, 385,300 U.S. troops were stationed in South Vietnam with 60,000 offshore and 33,000 in Thailand ... **December 26, 1971,** U.S. bombers retaliated with massive bombing in North Vietnam for five days for alleged violations of agreements reached prior to the 1968 bombing halt ... **December 27, 1994,** President Boris Yeltsin of Russia ordered a cessation of bombing raids in Chechnya that could result in civilian fatalities, but within hours, Russian planes bombed an orphanage and other civilian sites in the capital ... **December 28, 1994,** Federal District Court Judge Susan Webber Wright ruled that a sexual-harassment lawsuit filed against President Clinton could not be tried until after Clinton left the White House ... **December 28, 1994,** James Woolsey, Jr., Director of Central Intelligence, resigned under a cloud of criticism for his handling of the Aldrich Ames spy case and for not dealing sternly with officers who had failed to discover Ames' espionage more quickly ... **December 29, 1994,** the U.S. State Department criticized the Russian attacks on civilians in Chechnya ... **December 29, 1994,** bowing to pressure from the Democrats, Senator Bob Dole said that the controversy over Rep. Newt Gingrich's (R-Ga.) $4.5 million book deal with Rupert Murdoch's publishing company, HarperCollins, could distract attention from the GOP legislative agenda .

What's New at The Library

Punishment does some good, does some harm

CRIMINAL STUDIES
PUNISHMENT & THE DEATH PENALTY
Baird & Rosenbaum.
Prometheus. 254 pages.
Starting from the punishment by caning of an American in Singapore, this study of punishment in general and capital punishment in particular looks at the the philosophy behind punishment and the various ways that human beings employ it.

REFERENCE
NTC's COMPACT RUSSIAN & ENGLISH DICTIONARY
L.P. Popova, Ed.
National Textbook. 429 pages.
Talk to your neighbors at Safeway with the help of this practical and concise bilingual dictionary. Yes, there are a lot of Russian people in West Sacramento, and with over 10,000 main entries in each language, this up-to-date dictionary can help you communicate with them.

THE SIXTIES
SIXTIES RADICALS, THEN AND NOW
Ron Chepesiuk
McFarland. 321.
If you're among the dozens of people who care about what happened to Jerry Rubin, Bernardine Dohrn, Paul Krassner and Abbie Hoffman, this is must reading. The material is current and with over 18 radicals tracked, it provides an interesting overview of an era.

FAMILY LITERATURE
A CALL TO CHARACTER
Greer & Kohl, Eds.
HarperCollins. 456 pages.
Subtitled "A Family Treasury," this is the latest of the Norman Rockwell-type anthologies that have sprung up lately. It offers gems by Dylan Thomas, Langston Hughes, Siegrfied Sassoon and Robert Frost in an easy-to-digest format that links the content with good old-fashioned American ideals. Suitable for reading to kids.

UPCOMING EVENTS

The Library will be closed Monday, Dec. 25 for Christmas. The folks who work at the library would like to like to thank all the people of West Sacramento for making the Arthur F. Turner Branch one of the best regional libraries in Northern California. Also thanks to the Friends of the Library for their hard work. Happy Holidays!

"What's New at the Library" is a weekly feature sponsored by the East Yolo Friends of the Library and the News-Ledger. Arthur F. Turner Library, 1212 Merkley Ave., West Sacramento. For information call 371-9274.

Compiled by Raymond Cushing

Only $1.25 per month in the city.* Subscribe to the News-Ledger!
*Billed $15 per year, delivered warm & dry to your mailbox, & still one of the best deals in town!

Somerset Nursing Center
WE TAKE PRIDE IN OUR CARE
• A tradition of compassionate nursing care in the West Sacramento Community for over 25 years.
• Providing Physical, Speech and Occupational Therapies for recovery from strokes, surgery, accidents or illness.
• MediCare and MediCal Certified •
For a personal tour or information, please call ANDREA BEYNER today. 916/371-1890
Somerset Nursing Center
2215 Oakmont Way
WEST SACRAMENTO

Worth looking for...

Valerie Rohde (left), Kyoko Laurin (right) and Pauline Fragoza (seated) would love to serve you at BARBARA'S BEAUTY SALON, tucked behind Lyon Real Estate on Webster Street. You'll find the beauty shop between Jefferson and Park boulevards. It's worth looking for!

Barbara's Beauty Salon
320 Webster St., W. Sacto. ■ 372-6888
(behind 312 Webster St.)

MARKETPLACE

Directory of Local Businesses

Self-Confidence To Last A Lifetime

$33 per month
3 year anniversary special

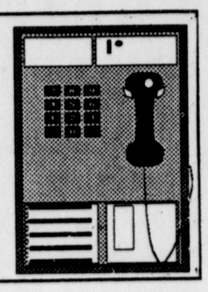
Self-Confidence..... To do better in school, to meet new kids or to grow into a confident adult ready to handle new challenges.

375-0532
West Sacramento
684-1476
Elk Grove

Need a local product or service? Give a News-Ledger advertiser a call, and tell them we sent you!

Mary Kay Cosmetics
BERTA JOHNSON
Independent Beauty Consultant
373-1578
3901 Lake Rd. #2 West Sacramento

Give us a call!
371-8030 to inquire about this ad space.

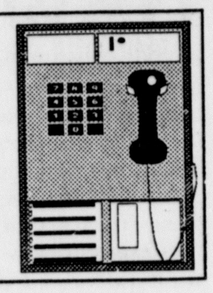


CREST JEWELERS
Watch and Jewelery Repair
WE BUY SCRAP GOLD
1296 West Capitol — 371-6440

Phone Jacks
Installations & Repairs
Business & Residential
Bell Trained with 16 Years Experience of Professional Work!
Reasonable Rates & Seniors Discount
Call Joe at: 372-1540
Pager: 848-6525

Total Hair Care For The Family
Haircut Plus
1812 Merkley Avenue
West Sacramento
Matilda Aguilar • 375-0487

Give us a call!
371-8030 to inquire about this ad space.



Public Notices

Fictitious Business Name Statement
Filed Dec. 5, 1995
File No. 95-854

The following persons are doing business as College Scholarship Services, 29732 RD 5, P.O. Box 154:

Marilyn Ruth Kelley, 1588 RD 88, Box 217, Dunnigan, CA 95937; Susan Lynn Ellis, 29732 RD 5, Box 154, Dunnigan, CA 95937.

This business is conducted by Co-Partners. The registrant commenced to transact business under the fictitious business name or names listed above on Dec., 1995.

/s/Marilyn Ruth Kelley

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Dec. 5, 1995
by: /s/Vikki Wittig, Deputy Clerk
Dec. 20 27 Jan. 3 10

Fictitious Business Name Statement
Filed Nov. 20, 1995
File No. 95-830

The following person is doing business as Almond Valley Realtors, 26176 County Rd. 21-A, Esparto, CA 95627:

Tamara Jane Brooks, same address.

This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on Nov. 20, 1995.

/s/Tamara J. Brooks

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Nov. 20, 1995
by: /s/C. Martinelli, Deputy Clerk
Dec. 20 27 Jan. 3 10

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST

LOAN: 295410
A.P. Number 008-192-03
OTHER: 16411
FILE: 213-012871

YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED NOVEMBER 5, 1985, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

NOTICE is hereby given that PLM LENDER SERVICES, INC., as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by WILLIAM WOODSON-BLAKE AND JUDITH WOODSON-BLAKE

Recorded on 11/13/1985 as Instrument No. 19645 in Book 1735 Page 635 of Official records in the office of the County Recorder of YOLO County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 08/22/1995, as Instrument No. 95-0018558-00 of said Official Records, WILL SELL on 01/09/1996 at front entrance to the City Hall, 23 Russell Boulevard, Davis, CA at 10:00 A.M. AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: LOT 114, LITTLE POULTRY FARMS, FILED NOVEMBER 10, 1926 IN BOOK 3 OF MAPS, PAGE 57, YOLO COUNTY RECORDS.

The property address and other common designation, if any, of the real property described above is purported to be: 730 Maple St., W. Sacramento, CA 95691.

The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein.

The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonably estimated costs, expenses and advances at the time of the initial publication of this Notice of Sale is: $14,961.09.

In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right.

The property is being sold in "as is" condition. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust.

Dated: 12/15/1995
PLM LENDER SERVICES, INC., as said Trustee
577 SALMAR AVENUE, SUITE 100
CAMPBELL, CA 95008
(408) 370-4030
By: /s/Elizabeth M. Knight
President
Dec. 20 27 Jan. 3

Fictitious Business Name Statement
Filed Oct. 30, 1995
File No. 95-778

The following persons are doing business as Quality Automated Services, 2889 Sawbills Ct., West Sacramento, CA 95691:

Robert C. Basura & April Basura, same address as above.

This business is conducted by Husband and Wife. The registrant commenced to transact business under the fictitious business name or names listed above on Oct. 30, 1995.

/s/Robert Basura
/s/April Basura

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Oct. 30, 1995
by: /s/Vikki Wittig, Deputy Clerk
December 27

STATEMENT OF WITHDRAWAL FROM PARTNERSHIP OPERATING UNDER FICTITIOUS BUSINESS NAME
FILED YOLO COUNTY Nov. 13, 1995
FILE NO. 95-223

The following persons have withdrawn as general partners from the partnership operating under the fictitious business name Pitrolio, LeGoullon, & Rameriz; Consumers Guide; Davis Consumers Guide, DLR, at 1296 E. Gibson Rd. #171, Woodland, CA 95776.

The fictitious business name statement for the partnership was filed on March 3, 1995 in the County of Yolo. The full name and residence of the person withdrawing as partner is Dave LeGoullon, 8380 Trimmer Way, Sacramento.

/s/Dave LeGoullon

This statement was filed with the County Clerk of Yolo County on date indicated by file stamp above.

CERTIFICATION

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Nov. 13, 1995
by: C. Martinelli, Deputy Clerk
Dec. 13, 20 27 Jan. 3

Fictitious Business Name Statement
Filed Nov. 28, 1995
File No. 95-837

The following persons are doing business as First California Mortgage Company, Articles of Incorporation or Organization number 3661-89, 1371 Redwood Way, Petaluma, CA 94954:

Mortgage Service America Co. (Nevada Corporation), 1371 Redwood Way, Petaluma, CA 94954.

This business is conducted by a corporation. The registrant commenced to transact business under the fictitious business name or names listed above on Oct. 1, 1995.

/s/Ralph Hintz
Executive Vice President
Mortgage Service America Co.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

Tony Bernhard, County Clerk
By Ana Morales, Deputy
Dec. 13 20 27 Jan. 3

Fictitious Business Name Statement
Filed Nov. 30, 1995
File No. 95-841

The following person is doing ACME Dental Practice, 820 Westacre Road, West Sacramento, CA 95691:

Sidney Barr Freeman, 8123 Sunrise Blvd., #273, Citrus Hts., CA 95610.

This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 4, 1995.

/s/Sidney Freeman

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Nov. 30, 1995
by: /s/Ana Morales, Deputy Clerk
Dec. 13 20 27 Jan. 3

Fictitious Business Name Statement
Filed Nov. 21, 1995
File No. 95-833

The following persons are doing business as A & S Enterprises, 955 Cranbrook Ct., Davis, CA 95616 Apt. #351:

Adam Enns & Sarah Corrien Enns, same address as above.

This business is conducted by Husband and Wife. The registrant commenced to transact business under the fictitious business name or names listed above on Nov. 21, 1995.

/s/Sarah Enns

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Nov. 21, 1995
by: /s/Karen S. Smith, Deputy Clerk
Dec. 13 20 27 Jan. 3

Fictitious Business Name Statement
Filed Nov. 3, 1995
File No. 95-797

The following person is doing business as Creative Images, 1180 Matmor Rd., #190, Woodland, CA 95776:

Bernadette Genera, same address as above; Carol Genera, 25 Clay Street, Colusa, CA 95932.

This business is conducted by Co-Partners. The registrant commenced to transact business under the fictitious business name or names listed above on Nov. 3, 1995.

/s/Bernadette Genera
/s/Carol Genera

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Nov. 3, 1995
by: /s/Ana Morales, Deputy Clerk
Dec. 13 20 27 Jan. 3

Fictitious Business Name Statement
Filed Dec. 12, 1995
File No. 95-869

The following persons are doing business as Leer; National Truck Accessories, 1686 East Beamer Street, Woodland, California 95695:

Truck Accessories Group, Inc., a Delaware corporation, 28858 Ventura Drive, Elkhart, Indiana 46517.

This business is conducted by a corporation. Registrant has not yet begun to transact business under the fictitious business name or names listed herein.

Truck Accessories Group, Inc.
By: /s/Stephen Magee
Vice President

This statement was filed with the County Clerk of Yolo County on date indicated by file stamp above.

CERTIFICATION

I HEREBY CERTIFY THAT THIS COPY IS A CORRECT COPY OF THE ORIGINAL STATEMENT ON FILE IN MY OFFICE.

TONY BERNHARD
COUNTY CLERK
By Lupe Ramirez, Deputy
CNS1332149
Dec. 27 Jan. 3 10 17

Fictitious Business Name Statement
Filed Dec. 15, 1995
File No. 95-886

The following persons are doing business as Davis Technology Campus, 4615 Cowell Blvd., Davis, CA 95616:

Alhambra Pacific Joint Venture, L.P., 4615 Cowell Blvd., Davis, CA 95616.

This business is conducted by a Limited Partnership. The registrant commenced to transact business under the fictitious business name or names listed above on August 25, 1995.

By: General Partner
PG & E Properties, Inc.
/s/Stuart W. Booth, Vice President and Treasurer

This statement was filed with the County Clerk of Yolo County on date indicated by file stamp above.

CERTIFICATION

I HEREBY CERTIFY THAT THIS COPY IS A CORRECT COPY OF THE ORIGINAL STATEMENT ON FILE IN MY OFFICE.

TONY BERNHARD
COUNTY CLERK
By Lupe Ramirez, Deputy
CNS1335203
Dec. 27 Jan. 3 10 17

Fictitious Business Name Statement
Filed Dec. 7, 1995
File No. 95-861

The following person is doing business as PACLINK TECHNOLOGIES, 403 Russell Park, #6, Davis, CA 95616:

Yuchen Tian, same address.

This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 20, 1995.

/s/Yuchen Tian

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Dec. 7, 1995
by: /s/Ana Morales, Deputy Clerk
Dec. 27 Jan. 3 10 17

Fictitious Business Name Statement
Filed Dec. 15, 1995
File No. 95-885

The following person is doing business as BrewPub, 216 F Street, #160, Davis, CA 95616:

Niche Publications, Inc., 216 F Street, #160, Davis, CA 95616.

This business is conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on Nov. 1, 1995.

/s/Carl Landau

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Dec. 15, 1995
by: /s/Lupe Ramirez, Deputy Clerk
Dec. 27 Jan. 3 10 17

Fictitious Business Name Statement
Filed Dec. 13, 1995
File No. 95-882

The following person is doing business as Sonlight Communications, 2143 Bella Casa St., Davis, CA 95616:

John A. Giudice, same address.

This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 11, 1995.

/s/John A. Giudice

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Dec. 13, 1995
by: /s/C. Martinelli, Deputy Clerk
Dec. 27 Jan. 3 10 17

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA

Estate of OSWALD PAUL TEXEL, Decedent.
No. P95000108
NOTICE OF ADMINISTRATOR'S SALE OF REAL PROPERTY AT PRIVATE SALE

NOTICE IS HEREBY GIVEN that Douglas A. Kaplan, Public Administrator of the County of Yolo, State of California, as administrator of the estate of Oswald Paul Texel will sell at private sale, subject to confirmation by the Superior Court of Yolo County, to the highest and best bidder, under the terms and conditions hereinafter mentioned on JANUARY 24, 1996, at the hour of 10:00 a.m. or thereafter within the time allowed by law, at the Office of the Public Administrator of Yolo County at 400 Court Street, Woodland, California, all the right, title, interest and estate of said Oswald Paul Texel, in and to the real property situated in the City of West Sacramento, County of Yolo, State of California, commonly known as 1029 Hobson Avenue, West Sacramento, California, and more particularly described as follows:

Lot 76, Elkhorn Village No. 7, according to the official plat thereof, filed for record in the Office of the Recorder of Yolo County, California, on May 22, 1957, in Book 5 of Maps, at page 47.

The terms of sale shall be as follows:

1. Such purchase is subject to covenants, conditions, restrictions, reservations, rights, rights of way, easements, and encumbrances of record, and any deeds of trust.

2. Buyer shall pay for escrow costs.

3. Any examination of title, recording of conveyance, title insurance policy and documentary transfer tax shall be at the expense of the Buyer.

4. Current taxes shall be prorated as of the date of confirmation of the sale.

5. Ten percent (10%) of the amount of total purchase price, or other amount agreed upon by the undersigned, must accompany the offer and the balance to be paid on confirmation of sale by the Superior Court.

All bids and offers must be in writing and will be received at the Office of the Public Administrator of the County of Yolo, State of California, at 400 Court Street, Woodland, California, 95695, or bids may be filed in the Office of the Clerk of the Superior Court, at any time after the first publication of this notice and before the making of said sale. The undersigned reserves the right to reject any and all bids.

6. If escrow does not close within sixty (60) days of the confirmation of sale, Seller will have the option of cancelling the sale, and retaining all or part of the deposit as damages.

7. The property is to be sold on an "as is" basis, except as to title.

For further information and bid forms, apply at the Office of the Public Administrator of the County of Yolo.

Dated: December 18, 1995.
DOUGLAS A. KAPLAN
Administrator of the Estate of Oswald Paul Texel
Dec. 27 Jan. 3 10

NOTICE OF DISSOLUTION OF PARTNERSHIP

Notice is given pursuant to Section 15035.5 of the California Corporations Code that Mary F. Bakarich, an individual, and Gary Brown Enterprises, a California corporation, previously doing business as a general partnership under the fictitious business name of SACRAMENTO HOME IMPROVEMENT & DECORATING SHOW at 834-A Jefferson Boulevard, West Sacramento, California 95691, did on the 17th day of October, 1995, by mutual consent, dissolve the said partnership and terminate their relations as partners therein.

After the above date, no partner in the partnership has authority to bind the partnership, except for Mary F. Bakarich, who has the authority only to wind up the partnership affairs.

DATED at Sacramento, this 6th day of December, 1995.

PARTNERS:
/s/Mary F. Bakarich
GARY BROWN ENTERPRISES
a California corporation
By: /s/Lucille Brown, President

PARTNERSHIP:
SACRAMENTO HOME IMPROVEMENT & DECORATING SHOW, a California general partnership
By: /s/Mary F. Bakarich, General Partner
CNS1336982
Dec. 27

PUBLIC HEARING NOTICE

The City Council of the City of West Sacramento will open a public hearing on January 10, 1996 at 7:00 PM or as soon thereafter as possible on the following. The hearing will be held in the City Council Chambers, 2101 Stone Blvd., West Sacramento, CA. Interested persons may appear and be heard on the issue(s) listed. In compliance with the ADA, if you need assistance to participate in this meeting, you should contact the city clerk at 373-5800. Notification 72 hours prior to the meeting will enable the city to make reasonable arrangements to assure accessibility to this meeting.

1. Resolution 96-1 adopting the City's updated Urban Water Management Plan

Dec. 27 Jan. 3

NOTICE TO ADOPT A NEGATIVE DECLARATION

The West Sacramento City Council will consider adoption of a Negative Declaration, as described below, on January 17, 1996 at 7:00 PM or as soon thereafter as possible. The meeting will be held in the City Council Chambers, 2101 Stone Blvd., West Sacramento, CA.

A Negative Declaration has been prepared for an amendment to Police E.4 of the Land Use Element of the West Sacramento General Plan related to trucking. The proposed amendment deals with the locations available for the establishment of new truck terminals and the expansion of existing truck terminals. The Negative Declaration concludes that there will be no significant adverse impacts on the environment. Copies of the Negative Declaration are on file in the office of the West Sacramento Community Development Department, 1951 South River Road, West Sacramento, CA 95691 (916-373-5854.)

Any affected or interested parties may comment on the Negative Declaration before 5:00 p.m. on January 16, 1996, by calling Sandra J. White, Associate Planner, at the Community Development Department at the above address and number. Any affected party may also appear at the January 17, 1996 City Council meeting and comment on the Negative Declaration and/or the proposed amendment.

Dec. 27

NOTICE OF DISSOLUTION OF PARTNERSHIP

Notice is given pursuant to Section 15035.5 of the California Corporations Code that Mary F. Bakarich, an individual, and Gary Brown Enterprises, a California corporation, previously doing business as a general partnership under the fictitious business name of NARI HOME REMODELING AND RESTORATION SHOW at 834-A Jefferson Boulevard, West Sacramento, CA 95691, did on the 17th day of October, 1995, by mutual consent, dissolve the said partnership and terminate their relations as partners therein.

After the above date, no partner in the partnership has authority to bind the partnership, except for Mary F. Bakarich, who has the authority only to wind up the partnership affairs.

DATED at Sacramento, California, this 6th day of December, 1995.

Continued to Page 7

MARKETPLACE

Directory of Local Businesses

SACRAMENTO (916) 373-1481
OUTSIDE AREA 800-300-1481
★ ALLSTAR ★
HEATING & AIR CONDITIONING
BOB VAN DYKE, JR.
License # 584481
FREE ESTIMATES
EXPERT INSTALLATIONS
(Serving Yolo & Sacramento Counties)

Skid Steer
TRACTOR WORK
Skip Loader
Mow ■ Disc ■ Plow ■ Load
Level ■ Postholes
Landscape ■ Pool Prep
Trench ■ Jackhammer
Roto-Till ■ Etc.
Quick, Quality Work, Reasonable.
371-3870

(916) 361-2934
Pager (916) 948-6619
Helpin' Handz
Driving / Errands / Home Repairs
Rain Gutters Cleaned / Yard Work / Housework
A little bit of everything – Not sure? Just Ask!
Jami G.
– Negotiable Rates –

Give us a call!
371-8030 to inquire about this ad space.

MARTINEZ BROTHERS GARDENING
Lawn Service and Clean Up
Complete Lawn & Garden Care
Also Cleanups
Commercial & Residential
375-0549
Please leave message.
Monthly service or one time service.

Groceries
Beer/Wine
B-B-Q Ribs
Sandwiches
Shirley's Deli - Mart
SHIRLEY DEW
SUMMERTIME SPECIAL
FREE 10 LB. Bag of Ice
with any 12 Pack of Beer
(916) 371-7715
3360 Jefferson Blvd.
W. Sacramento, CA 95691

Give us a call!
371-8030 to inquire about this ad space.

EMERGENCY
J & J PLUMBING
455-9432
PLUMBING, REMODELING,
SEWER & DRAINWORK
John Yeargin
Home: 371-4151
Cont. Lic. #552529
Ed Yeargin
Home: 372-2923

Classified Ads

SERVICES

LANDSCAPE CONTRACTOR, RESIDENTIAL SPECIALIST
(SMALL JOBS ALSO)
● Removals, Installations, Aerate
● Dethatching, Tree, Shrub, Stumps
● One Time Cleanup Expert
● Rider Mower Work, Tilling
● Brush Chipping, Rockscapes, SOd
● High Weeds, Haul It, Emergencies
INSURED-EXPERIENCED-DEPENDABLE.
STATE LICENSED #535496. ISA-ARBORIST #6605.
(916) 371-YARD.
1996 #50

Phoenix Paint Co. No job too small. Excellent trim work. State lic. #465770. Ins./bonded. Call 372-2941.
P-tfn

ARCTIC HEATING & AIR CONDITIONING. Repair, service and replace existing heaters, refrigerators, freezers, air conditioners, etc. For local attention 24 hrs., call 371-7416. Lic. #576702.
A-tfn

ELECTRICAL CONTRACTOR. Call West Sacramento Electric, your local contractor, for your electrical jobs. No job too small or too big. Free estimates. Lic. #253854. Wayne Foss, 371-8737.
F-tfn

PAINTING
WATERBLASTING
WALLPAPERING
30 yrs. experience. Insured, member BBB. Lic. #169525. FREE ESTIMATES. Jay H. Williams, Painting Contractor. 371-0542.
J-tfn

HARRIETT ANDERSON PAINTING, Lic. 674282. Residential & commercial, interior & exterior. Call 372-9127.
A-tfn

MELISSA'S MAGIC WAND CARPET CLEANING & MAINTENANCE. Free estimates over the phone. Commercial & residential. References available. 863-3044.
M-10

EXPERT TREE SERVICE
- Dangerous trees our specialty
- Skylift bucket up to 65'
- Contact Willy
@ 373-0323
L-22

HANDYMAN

HOME REPAIR
No Job Too Small
Retirement Discount
FREE ESTIMATE
CALL DAVE
348-5225
S-12/95

RAIN GUTTERS
WATER LEAKS
FENCE REPAIRS
HAULING
CALL DAVE
348-5225
S-12/95

HANDYMAN: retired maintenance man. If you have something broken, I can fix it. Cut out this ad & save it! 371-2310.
P-34tfn

PERSONAL CARE

Pedicure, manicure, foot bath, fungal nails, calluses done at your location. Call Marie, 482-4767. Licensed.
B-tfn

TRY THIS NEW WEIGHT CONTROL PROGRAM!
No drugs, 100% guarantee. I've lost 119 lbs.!
Call, free, to learn more.
1-800-294-3648
D-41

BEAUTY

Glamourette Beauty Salon: 20% Senior Discount, Anniversary Special. Call 371-6141 for appointment.
B-52

CHILD CARE

Licensed child care provided in my Westmore Oaks area home. 16 yrs exp., CPR certified. Newborn to 12 yrs. Call Sherryl at 371-8846
S-17

Child care part-time in Southport. Reliable, safe & fun. 373-9047.
B-18

Work teaches work.
—Indian Proverb

CLEANING

HOUSE CLEANING: Elderly welcome! Reasonable, free estimates, housekeeping, small offices. Please call 371-5547.
L-tfn

"Nitty Gritty Cleaning Service," licensed & bonded. Commercial, residential, weekly, bi-weekly, monthly. One-time & rentals. GIFT CERTIFICANTES AVAILABLE! Kelli, 371-2061.
NG-37tfn

APTS. FOR RENT

Small complex, 1 BR, $395 + depo. 371-1882.
Y-9tfn

HOUSES FOR RENT

2 BR, screened room, fireplace, oak floors, updated kitchen, convenient location. Call 371-0464. $650 + depo.
P-16tfn

3BR, 2 bath, fireplace, garage, fenced yard, 850 Beardsley. $820/mo. Sec. 8 OK. 371-9000
G-14tfn

DUPLEXES

Nice 1 BR in fourplex. New carpet, CH/AC, dishwasher, $425/mo. 934 Briarwood, W. Sac. 972-8710 days or 487-6639.
F-19

MOBILE HOMES

West Wind Estates: spaces for manufactured homes in beautiful family park, near shopping and schools, 10 mins to Downtown Sac. Call us about promotional offers. 371-2371, Hrs: 9-5 M-F.
WWE-tfn

Mobile home for sale, 54 X 20, in place at El Rancho Trailer Park. $19,500. New carpet & recent re-roof. Carol, 371-1082.
-22

MOBILE HOME: 10' X 42' 1 BR, $4,750, ideal for single or retired person. Nice spot in quiet park. Call 374-8607 or 371-6431 for appt. to see.
S-11tfn

We wholly conquer only what we assimilate.
—Andre Gide

REAL ESTATE

Default and foreclosure listings for Yolo County, including Davis, Woodland, West Sacto. Weekly report. For info, fax inquiry to 371-8055 or drop a line to Steve Marschke & Associates, P.O. Box 2172, West Sacramento, CA 95691.
tfn

MISC. FOR SALE

Stacks of firewood, $25, $50, $75, $100, etc. Alsc guitar (Fender), amp. (Fender), stand & case, $500. TV 13" antenna or cable w/remote, $100. Ray, 372-3291.
A-15

GIFTS

Can't think of a gift? Let the recipient choose from an AMAGIFT Gift album. For more details on an array of gift albums, call Amy, 991-3139.
B-24

HELP WANTED

Hairdresser station avail., $150/mo. Clientele preferred. 371-3019.
JK-13tfn

SALES: "Soft sell." Earn $$, for Christmas. PT or FT out of your home. Pays wkly. Call Holly, Harbor Dental, anytime: 591-7700.
HD-11tfn

Customer Svs Rep (Xtra Help) for City of W. Sacramento Finance Dept. $9.39/hr. Phones, customer asst, database, A/R, filing. Req's 1 yr of exper in acctng or fin ecrdkee & HS diploma or equiv. For job flyer & City applic., send SASE, indicating position, to: H.R., PO Box 966, W. Sacto., CA 95691. Conitinuous recruit. to estab. elig. list. AA/EOE.
WS-19

Mobile Home
SELLER MOTIVATED. SIngle wide with expando. Spacious 17 X 13 living room, interior beautifully remodelled. Reinsulated walls & subflooring. Front & back porches w/ awnings. Washer & dryer hookups. Small yard, auto sprinkler. A MUST SEE. $9,000. 371-6975.
A-11tfn

If you are interested in pursuing the challenges of a fast paced retail environment, and you possess the high energy level, dedication to customer service, and above all like to have FUN, apply immediately at Circle K #1340 (ask for manager), 1506 Sacramento Ave., W. Sacto. Opportunities for sales associates, asst. managers, store managers.
CK-22

Well-established local community publications seeking experienced, independent advertising sales agents to handle several current accounts & help expand new client base. 20% commission on sales work from home, flexible schedule. Positions available in Dixon, West Sacto. and Sacto. Call 800-836-9180 to leave message anytime, and send resume to Publisher, P.O. Box 3528, Fairfield, CA 94533.
PS-tfn

PETS

FOUND: black & grey tabby, male, approx. 6 mos., vicinity Westmore Oaks. 371-0273 or 372-0302.
B-14

FREE TO GOOD HOME: 1 yr. old, 12 lb. spayed Pomeranian mix, fawn colored. Good little lap dog. Phone 371-4577 before 2 pm.
T-19

Lost cat: "Sebastian," silver Persian, sides shaved, neutered male. 7/30 in West Sacto. 372-4765.
5?

Lost cat: "Pearl" - 4 yr old female, white short hair, green eyes (1 darker), blue collar w/3 bells. W. Sac. 372-1736.
C-10

LOST KITTEN: corner of Poplar & Evergreen, 9 wks old. Lost week of 10/23. White & orange. Please call 372-7395 or 372-6085.
13

The best way to start a day is to think on awakening of at least one person to give pleasure to.
—Friedrich Nietzsche

THEN and NOW!

Remarkable Wines Since 1385

Marchese Antinori's Castello della Sala in Umbria, Italy. The family was one of the first in Italy to experiment with aging wine in small oak barrels of different types of imported woods, especially French.

(NAPS)—The history of one 600-year-old wine producing family has a very nice bouquet.

THEN: Combining centuries' old Tuscan and Umbrian traditions with modern innovations has made Antinori Italy's premier wine-producing family for over 600 years. The Antinoris have lived in Tuscany since at least the tenth century when recorded history shows they produced wine in the Florentine countryside. Successive generations of Antinoris have produced wine and influenced the course of central Italian winemaking right up to the present.

NOW: Antinori wines are still renowned for their sumptuously fruity flavor, velvet texture and ample body. Noted Italian wine authority and writer, Burton Anderson observed, "Once noted primarily for their Villa Antinori Chianti Classico, the firm has moved smartly to develop an imposing array of quality wines." Robert Parker in *The Wine Advocate* has said, "Antinori is indisputedly the greatest name in Italian winedom. A tasting of Antinori's red wines is an education in quality."

to Page 7

COME HOME TO HOLLY COURT
WEST SACRAMENTO'S NEWEST AFFORDABLE HOUSING COMMUNITY
Spacious 2,3 & 4 bedroom townhouses
Available November 1995
Equal Housing Opportunity
• Large interiors
• Covered Parking
• Play Area
• No Application Fees
• Subject to occupancy and income restrictions
• AFFORDABLE RENTS!
Call 757-4452 TODAY for application

So you want to place a classified ad. Here's what you need to know:

1. Deadline is Monday to make Wednesday's paper.

2. We ask that you prepay for the ad whenever possible.

3. The cost is $3.50 for up to 25 words, and $0.10 for each additional word. We trust you to count your words and pay the right amount.

4. You may mail your ad to P.O. Box 463, W. Sacto., CA 95691. Or you can drop it off at our office, 816 Westacre Rd. There is a mail slot in the door so you don't have to worry about missing the deadline just because we happen to be out of the office. It's always fine to drop your ad through the mail slot.

5. In a pinch, you can call your ad in and pay for it later. If you don't catch us, feel free to leave your message and your ad on our answering machine (371-8030). Don't forget to leave your phone number so we can call you back if we have to.

6. We always appreciate your business.

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- Faxing - send & receive
- Etc., etc., etc.!

WUSD

from page 1

approved and authorized the 1995-96 teaching assignments as presented.

The board convened in closed session and approved both, certificated and classified personnel recommendations, as presented.

Accepted the administrative panel's findings of students #1481, 2873, 0693 and 6636.

The next meeting of the board of education of Tuesday, January 8, 1996, has been canceled. There will be no regular board meeting on that date. In its place, the board will hold a workshop on testing and district goals which will be held at the same time and date at the River City High School library at 7 p.m.

The district office will be closed Monday, December 25, through Monday, January 1. Regular office hours will resume on Tuesday, January 2.

Seniors' version of 'Wheel of Fortune'

Show can be seen on Sonic Cable TV, Channel 21 every Wednesday

From the West Sacramento Senior Center

"Senior Spin," the West Sacramento Senior Center's modified version of the "Wheel of Fortune" television game show, has been rescheduled on Sonic Cable television, channel 21. It is now shown (with repeats) every Wednesday night at 7 p.m.

The stars of the current show are Gladys Neighbours as "Nat Playjack"; Dorothy Edmonds as "Vanna Banana"; and Agnes Gorton, Elsie Norton and Jim Yarborough as the contestants. Floor director is Stella Morey; stagehand is Dan Parisi; and the announcer is Vi Taylor.

"Senior Spin" is played at the senior center on the second Thursday of every month starting at 1 p.m. There are door prizes for the audience and prizes for top game winners.

Many seniors have long been ardent fans of the long-running "Wheel of Fortune" television game show. Hosts Pat Sajak and Vanna White are household names among many television viewers. In addition to being entertaining, seniors find it to be a good vehicle for making them think -- for "exercising their minds." "Senior Spin" offers the same mental challenge and is a lot of fun for both audience and players.

The public is invited to attend these games. But no prompting from the audience, please. For more information, call the center at 373-5819.

Support your local newspaper: Visit our advertisers, & tell them the News-Ledger sent you!

Citations to fund parking enforcement

From the West Sacramento Police Department

Increased parking enforcement throughout West Sacramento is currently underway. On November 15, the city council approved a six-month program to test the effectiveness of a new parking enforcement program. The program will utilize a part-time employee who will be devoted entirely to parking enforcement issues.

Previously, the City did not have an on-going, focused parking enforcement program. The vast majority of parking enforcement efforts were initiated in response to specific citizen complaints. Due to staffing priorities, the police department's ability to develop a proactive program was limited. As a result, parking violations frequently went unchecked, contributing to an unsafe driving environment.

With the implementation of this new program, parking enforcement will significantly increase. However, if the program is to be continued beyond the six-month test period, it must become financially self-sufficient. In other words, enough tickets must be written to pay for the person writing them.

In spite of a powerful incentive to become self-supporting, the program has initially taken on an educational approach. Through the holiday season, warnings will be given unless violations are blatant. However, beginning with the new calendar year, tickets will replace warnings.

Increased parking enforcement will have a beneficial effect on traffic safety within West Sacramento. But, your participation can make this effort even more successful.

Please help combat the problem by letting us know about problem areas. Parking enforcement requests or comments should be directed to the police department at 373-5830.

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For your Holiday Shipping trust MailBoxes Etc. to get your packages there, safe and on time!
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Located in the Harbor Central Shopping Complex
Store Hours: M - F 9am to 6pm, Sat. 10am to 3pm
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Local scene

Tree pick-up

The Golden State Middle School "Earth Shuttle Program" will pick up discarded Christmas tress for a donation. The money collected will go toward an upcoming educational trip. Days of pick-up are Saturday, December 30; Sunday, December 31; Saturday, January 6; and Sunday, January 7.

If interested, please call either Mary Cook, at 372-7524, or Wally Penrod, at 372-9449, with date desired, phone number, and address.

Happy Holidays & Best Wishes for the New Year
To the Citizens of West Sacramento
From the West Sacramento Hotel/Motel Association

Free Movie Rental!
From Videos to Go, 1335 Merkley Ave., W. Sacto. 372-4546
- Must be approved for FREE membership prior to Dec. 31, 1995
- Only 1 coupon per membership, please.
VIDEOS TO GO 372-4546

We hope you will recycle this newspaper and other recyclable products, to save resources and energy and to save space in our landfills.

Rep from local civil air patrol will be guest on noon show

First Lieutenant Bob Schalbert of the West Sacramento Civil Air Patrol's Sacramento Composite Squadron 14 will be the guest today (Wed., Dec. 27) on the Chamber of Commerce radio show "Kaleidoscope."

Hear what he has to say about Aerospace Education, Emergency Service, and the Cadet Program opportunity to the youth in our community with an interest in learning to fly.

The show airs live from Johnnie's Sidewalk Pizza at 12:05 p.m. to 1 p.m. on Radio KJAY, 1430 AM, with host Lane Shapiro.

The show includes a calendar of upcoming local events.

"Kaleidoscope" is sponsored by Johnnie's Sidewalk Pizza and the West Sacramento Chamber of Commerce.

Important Notice about your Garbage Collection:
So that our employees may enjoy the holidays with their families, garbage and recycle pick-ups scheduled for Monday, Dec. 25, and Monday, Jan. 1 will be performed instead on Saturday, Dec. 23 and Saturday, Dec. 30.
Thank you for your cooperation, and Happy Holidays from Waste Management, Inc., and the City of West Sacramento!
Dec. 20 27

CHAOS by BRIAN SHUSTER

"Would you look at this . . . and I JUST washed my car!"

JOURNEY TO JAPAN
Oct. 18-28, 1995
or Feb. 18-28, 1996
~~$3,100~~ ~~$2,600~~
$1,950!
Includes R/T Airfare, Stay & Meals, Personal Escort
Leave message: 372-4418, 24 hrs.

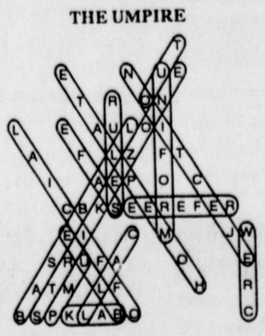
ACME Dental
GRAND OPENING!
-- First week of December --
Sidney B. Freeman, D.D.S., will combine offices with I.B. Freeman, M.D., to form a West Sacramento Dental/Medical Center
NEW PATIENTS WELCOME!
371-1500 or 371-1501 ■ 820 West Acre Rd.
FREE exam on your first dental visit!
Offer expires Feb. 29, 1996

Answers to Puzzles

Vision Teasers

Differences: 1.Cloud is moved. 2. Cap is different. 3. Club is lowered. 4. Glove is removed. 5. Shorts are longer. 6. Flag is reversed.

THE UMPIRE



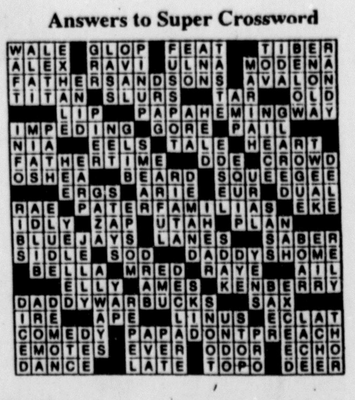
Sports Quiz Answers

1. the outfield; 2. extra weight; 3. one lap to go; 4. John L. Sullivan; 5. 24 hours; 6. to win, place or show; 7. the apron; 8. Jack Dempsey and Gene Tunney

solution

1	1	6	7	15
2	7	9	9	27
2	1	4	5	12
7	6	9	7	29
12	15	28	28	19

Answers to Super Crossword



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Volume 2, Number 6

December 1995/January 1996

YOLO UNITE!

To create a community environment where all youth can grow to be healthy, competent adults who value and are involved in service to the community.
The People of Yolo County, acting as a Partnership, are dedicated to providing ideas and visions that create safe,
drug-free communities, while recognizing mutual respect for our own and each others' ethnicities and cultures.

Unah-te Layno Manóh-te, Hí-No
We Are All One With Mother Earth, Forever

An excerpt from Turtle Island Democracy

In 1990, the United States Congress passed a resolution signed by President George Bush, recognizing officially for the first time, that the structure of the U.S. government was based on ideas set down by a great Native American prophet. Our democracy is modeled explicitly upon these ideas called the Confederacy of the Iroquois - the Haudenosaunee - the People of the Longhouse, established by the prophet called the Peacemaker.

Although the Peacemaker knew himself to be a messenger sent from the Great Spirit, his new peace was to grow in dynamics and application through conversation, ceremony, and cooperation.

George Washington, Thomas Jefferson, and especially Benjamin Franklin were inspired by the Confederacy of the Iroquois.

In ancient times there lived together in the forest a young woman with her mother. They lived among the Hurons, near the shores of Skanyadaiiyo - the Beautiful Great Lake - Lake Ontario.

Both mother and daughter were frightened when the young woman became pregnant without knowing any man. The women were warned by some, that when the boy grew to manhood, he would cause the defeat of his people.

Because of this, when the boy was born, ignoring dreams that had come to the older woman, foretelling that the child was a Messenger from the Maker, the women, with heavy hearts tried to drown him in an icy river. Each morning after, they would awake in their lodge with the child sleeping peacefully between them. "Clearly it is decreed that he should live," they agreed. And so they reared him as best they could.

The name of this special child was Deganawidah, which means The Master of Things In This World. It also means He Who Thinks.

As the boy grew up, the warlike Hurons thought he went from strange to foolish. He was honest, good, intelligent, and very handsome. The animals loved him. But he would take no delight in war raids or the testing for bravery of the male captives through torture.

The Huron people would not hear his message of peace for men to live together as brothers. "There never was a time when there was not war to test the skill and courage of men. Bother someone else with your idle words."

This outcast young man went alone into the woods to fast and to pray to the Great Spirit, the Maker of Life.

"Great Mysterious One, my own people will not hear me! What do you wish me to do?"

After many days of such prayers, he could see before him what was expected of him. He must go into the new, into the sunrise from person to person, from tribe to tribe, describing to them the ways of Peace and New Thinking.

His message wove together three vital principals: Righteousness, Health, and Power.

The seeking of righteousness, of goodness, would mean that justice would prevail between individuals and people. No unfair advantage can stand before people seeking Truth.

Health will stream through people engaged in cooperation instead of war. Abundance will flow to both sides of a trade instead of one side of a raid. Health is for those in balance - in peace - both inwardly and in the world.

Power is from the Spirit. A powerful people is only made up from powerful individuals. Power, in the great law of peace, implies autonomy, sovereignty, authority, all being derived by people tapping, each in their own way, the orenda, the creative spirit force. He explained that by doing this, people would start to live out of the Greater Spirit instead of their own lesser one.

"All this," he said, "shall be possible within a great Longhouse of Nations. Just as many families live peaceably and to mutual advantage under the one roof of the longhouse, so too the nations. As each family has it's own fire and smoke hole; each tribe and others, will hold their own place, yet will feel the strength and support of the others. Thinking shall replace killing. They will share one deep mind and one deep law for the good of all. This shall be your strength in the future: the will and heart of a united people."

CAPAY VALLEY, ESPARTO & MADISON

"Karie"

A Sexual Assault & Domestic Violence Success Story
By Hiedi Herzig
Reprinted from the Daily Democrat

Karie Rodriguez (not her real name) of Woodland thought she would die four years ago at the hands of her boyfriend with her two small children as eyewitnesses.

But with the help of friends, family and the Sexual Assault and Domestic Violence Center women's shelter, Karie and her children are now self-sufficient and live in an apartment by themselves - without the ever-present fear of beatings, threats and isolation.

"If it wasn't for the shelter, I don't think I would be talking to you right now," Karie said during a recent interview. "I was convinced he was going to kill me. He had a loaded gun and told me that I could never make it without him."

"The only thought that got me out (of the apartment) was the idea that 'If he's going to kill me, he's not going to do it in my house and in front of my children,'" she said.

Karie met "Joe" when she was 17. She had been raised in what she calls a "traditional Mexican family" and had not dated prior to meeting him.

"Joe was seven years older than she.

"I guess I was kind of infatuated with him," Karie said. "But the emotional abuse started when I started going out with him."

Shortly after they started dating, Joe - a musician who traveled frequently - began having friends telephone and stop by her house to make sure she was at home waiting for him.

"He was very protective," she said. "He'd go crazy at the slightest things; he was extremely protective and jealous. At that point, (the abuse) wasn't physical, but mental."

A few months into their relationship, Karie found out she was pregnant and the couple got an apartment together.

"About a week after we moved in together, the physical abuse started," she said. "He slapped me, and it just escalated from there. I kept hoping it would get better, but it got worse."

Karie was unable to work during her pregnancy, and during this time Joe became even more obsessed with knowing exactly what she was doing at all times.

"He would go to work, and during the day I would have errands to do," she said. "He kept track of how many miles were on the car. When he'd get home, he'd ask 'Where'd you go today? What did you do?' Then we'd get back into the car and drive around to every place I'd been to make sure they matched up. If they didn't equal up exactly, I'd get a beating."

After her daughter was born, Karie returned to work. She would make up stories to explain the bruises, black eyes, broken nose and scratches.

"I'd say anything I could think of", she said. "'Oh, I got hit with a baseball,' or 'I tripped and fell.' Anything to make people think something else happened."

But by the time her son arrived two years later, Karie was tired of the beatings. However, she was still convinced he was going to kill her.

But she held onto one strand of hope: She could not bear to make her children witness their mother's murder.

That thought led her out of her home and into the women's shelter offered by the Sexual Assault and Domestic Violence Center.

"I had heard about the shelter from my children's daycare," she said. "They came to school one day and did a presentation. They said domestic violence was a crime and that it wasn't right. Prior to (the talk), I didn't know such (shelters) existed."

A couple of days later, following a beating in which Joe had tried to choke her, Karie called the shelter's crisis line.

"I talked to (a counselor) for about two hours," Karie said. "He came home, and we had to hang up. But I gave her my number and she called me at work and followed through. At that point, I knew I wasn't going to take it any more."

Karie began preparing to leave. "I started putting things aside - documents, things like that," she said. "I had a suitcase with old clothes inside that I was going to get rid of. I replaced those with clothes I needed so it wasn't so obvious."

A couple of days later, Joe left for work and five minutes later Karie had he car packed and drove away.

"He had no idea. I guess he thought I wouldn't leave him," she said. "I took my kids, took my stuff and left. He had no idea where I was."

When Karie arrived at the shelter, she had marks on her neck from being choked and bruises on most of her body from a severe beating he had given her the week before. She had a suitcase with a few clothes in it, was broke, had no diapers and two children, ages 2 and 14 months.

With help from staff at the shelter, Karie obtained a restraining order to keep Joe away from her and began to slowly build a new, healthy life.

Donations from members of the community and organizations to the shelter helped Karie buy diapers and food, and local churches offered clothing.

Now, four years later, Karie and her children are safe and happy and she has begun serving on the SADVC board of directors. She is the only Latino woman on the board.

"I'm very proud of myself for what I've accomplished," Karie said. "I originally wanted to volunteer on the crisis line. I remembered how nice and understanding the counselor on the line was who helped me, and I think I'll always remember that. I wanted to do something for somebody else so I joined the board.

"I am a strong person, and I think that I am because I look at all the abuse that I went through and look at where I was and where I am now...," Karie said. "I represent the success stories. I am a success."

Eliminating sexual assault and domestic violence through sensitive prevention, intervention and treatment is the mission of the Sexual Assault & Domestic Violence Center. The Center, which has been serving Yolo County residents for 17 years, operates numerous programs to aid victims of abuse.

But the Center cannot do it alone. For additional information or to donate cash or items, call the Sexual Assault & Domestic Violence Center at 661-6336.

You are not alone.

This page was made possible by your community members:

Valley Tribune

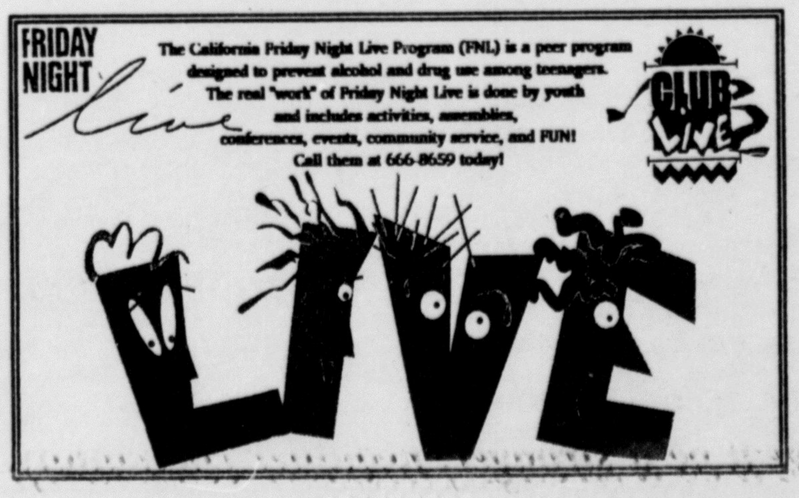
Congressman Vic Fazio & Staff

Merry Christmas

Feliz Navidad

Get involved in your Community Council! Call Esperanza, your Community Worker at 787-4738 today!

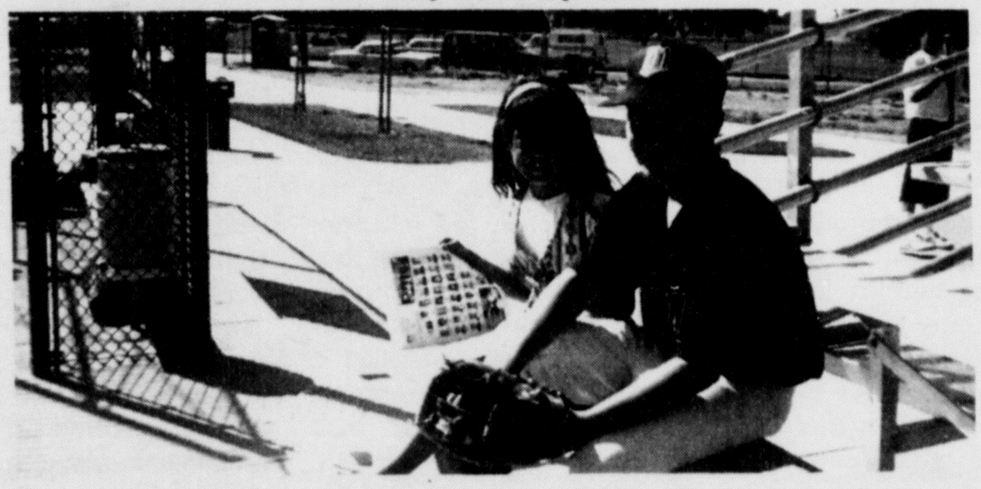
Send your newspaper submissions to:
Yolo Unite! Editors
600 A Street
Davis, CA 95616


FRIDAY NIGHT
The California Friday Night Live Program (FNL) is a peer program designed to prevent alcohol and drug use among teenagers. The real "work" of Friday Night Live is done by youth and includes activities, assemblies, conferences, events, community service, and FUN! Call them at 666-8659 today!
CLUB LIVE
LIVE

CAPAY VALLEY, ESPARTO & MADISON

From Risk to Resiliency

By Helen M. Thomson
Yolo County Board of Supervisors



On October 30, 1995, a countywide convocation including more than 125 community leaders, student representatives, educators and elected officials gathered for the first time ever for the purpose of planning a positive future for our youth. The forum was opened with the following remarks.

Communities have a tremendous effect on children as they journey into adolescence and then adulthood. I'd like each of you to reflect for a moment on an aspect of the town or city in which you grew up that made a lasting impression on you as a youngster - something that shaped the person you are, your value system. Perhaps it was a cultural tradition. Perhaps a person you admired or who reached out to you. Maybe a sports program taught you life skills. Who or what lifted you up to reach for the stars? Was it a Scout leader, a 4-H experience, or a Big Brother or Sister? Now our challenge as leaders is to 'pass it on' to a new generation. Who will we lift up?

Families and communities are very different from a generation ago. The Census Bureau reports that about 1 out of every 3 American children is being reared by a single parent. Further, our mobility - whether as middle-class wage-earners, as seasonal agricultural workers, or as refugees fleeing poverty and persecution - often leaves us bereft of the large extended families that supported past generations.

Yet we have resources to draw on. First and foremost we have each other. Families, churches, businesses, and local governments can and do work together to address common concerns and share resources to create a better world for our young people. We must do even better! The Carnegie Council reports that our youth are succumbing to high risk behaviors at ever earlier ages, in large measure because of the dramatic increase in the amount of time they spend without adult supervision. The booklet you received tonight makes an interesting point: Only when families care about the community and become involved in making it a better place to raise all children, do the levels of at-risk behaviors drop. I'd like to offer a startling example:

I recently was told of a woman here in California who was moved to action after her 13 year-old granddaughter became pregnant. Channeling her outrage constructively, this grandmother worked with the school to pair each sixth grade girl with an adult woman friend. No professionally developed or formally structured program was involved here, just finding a reliable adult each young girl could talk to. Within three years, the teen pregnancy rate at that school dropped from 13% to 0%.

Our own Yolo County Sister-Friend program shows that with a responsible companion who encourages active participation in prenatal programs and who models recovery behaviors, no addicted baby is born. Kids need to walk side by side with adults if they are to learn the how-tos of responsibility.

Emmy Werner, an internationally recognized psychology professor at UCD, pioneered the study of this concept of resiliency that we're talking about this evening. She studied the lives from birth to adulthood of more than 700 youth on the island of Kauai. Half of these children lived in chronic poverty and many others had family stress factors as well. Surprisingly, she found that about 1/3 of the children managed to do well despite their circumstances. Of the 2/3 who experienced difficulty in their teens, many eventually overcame their problems. How did this happen?

Those who succeeded were able to engage sources of support outside their home - a member of the extended family, a neighbor, a teacher, a coach. Interestingly, these children often became a source of stability to others in their own family, performing what Werner calls "Acts of required helpfulness." In other words, they learned ways to contribute. One strong relationship can be enough to sustain a child to adulthood. Among the youth who got off track, those who found a second chance usually did so through adult education classes, military service, becoming active in a faith community, or with the guidance of a supportive marriage partner. Structure, finding a mentor and being able to feel hope for the future made the difference.

In a 'second chance home' in Washington, D.C., young pregnant welfare mothers have found these three elements they needed to change their lives: socialization, nurturing and support, structure and discipline. Werner observes that most social interventions are not about money, but about a commitment of time and caring. They are nurtured by the informal and personal ties within a community. The bonds of compassion, someone has called them.

Once, many at-risk children languished in oblivion. Today, instant and constant communication makes us sadly aware of the trauma too many children experience daily, and of the pain that troubled youth too often inflict on others. Now, we'd better understand the long-term consequences of emotional deprivation, both for the person and for society.

It's time to get busy, we have a lot of work to do. There are close to 38,000 children in Yolo County. 17% of them live below the poverty line. 17% have limited English. 4,000 households receive AFDC. And, are you aware that in 1993, California had the highest teenage unemployment rate in the nation - 26%. We can do something to help the human faces behind these figures, to help them achieve self-sufficiency.

Achieving success takes time. Reacting to today's social problems out of discouragement or fear won't resolve them. We need to remember that every generation faces its own challenges. To meet them, we need to work together in confidence, knowing that our common sense of decency will guide us to wise and right solutions. In the end we'll be a stronger, healthier community.

Reacting to today's social problems out of discouragement or fear won't resolve them. We need to remember that every generation faces its own challenges. To meet them, we need to work together in confidence, knowing that our common sense of decency will guide us to wise and right solutions. In the end we'll be a stronger, healthier community.

DAVIS

By Small Leaps and Clear Boundaries: Recovery With a Holistic Twist

(Fourth of a five-part series)

By Sandra Dolber-Smith, M.A., M.F.C.C.

"And yet it is possible to find the keys to your (house) again, to take possession of it, to live in it at last, and to find your proper vitality, health, and autonomy." Theresa Bertherat

Welcome to the WHERE component of the WWWWWH Approach to creating clear boundaries. (For those who missed previous articles in this series, WWWWWH" is Who, What, When, Where, Why, and How.) "WHERE" is a fundamental boundary issue common to almost all animal life including humans. "WHERE" is about territory. A fortress built on fixed ground or a comfort zone you carry with you, confident possession is vital to our sense of security.

Possessing fixed property may depend on finances or legalities over which you have limited control. Readers familiar with this series know that I provide methods to facilitate empowerment only in areas within our ability to control. So, the "WHERE" for this segment is about territory in the sense of the comfort zone or "personal space" you carry with you.

Some of you learned early to give up personal space to avoid conflict. In certain instances, this may be the safest thing to do. However, the consequence of surrendering personal space as a life-long reflex often results in being used as a doormat. You resent this treatment, yet feel powerless to reclaim what is yours. You under-defend your personal space.

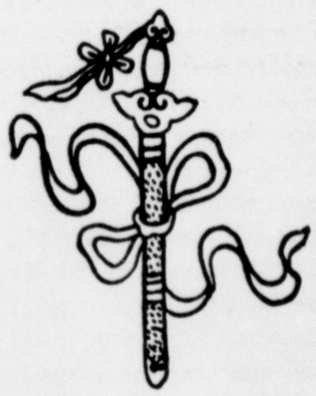
Others appeared to grow up aggressively capable of claiming personal space. Yet, while you recognize your right to personal space, you often feel defensive and fearful. You over-defend your personal space. True, you are seldom used as doormats. But consequences include alienating others and exhausting so much energy in vigilance and aggression that you have little left over to enjoy quality of life within the space you defend. You feel little confidence or security.

Confident possession of personal space means defining and maintaining your space. When you define boundaries clearly within yourself, you are confident and secure of your possession. Confidence and security lead to clear judgement for maintaining boundaries. Some judgement calls for firm defense; other judgement recognizes wisdom in flexibility.

This attitude of confident possession of personal space is the philosophy behind most martial arts disciplines. Many of you familiar with the "Karate Kid" film series remember the counsel of mild-mannered karate master, Mr. Miagi: "Learn karate so you never have to use karate." The process of learning self-defense is one method of defining clear personal space. Whatever method you use to define clear boundaries, confidence in your ability to maintain them becomes clear and secure. Others instinctively recognize boundaries that are this clear and do not need to test your ability to defend them.

This month's self-experiment uses movement and imagination to taste a sense of clearly defined personal space. People who under-defend and who over-defend will each benefit differently from this experiment. One-time use of this experiment provides a valuable source of insight and inspiration. Incorporated as a daily practice, it becomes a resource for self-development and motivation.

CARVING OUT PERSONAL SPACE



PURPOSE: To define and experience clear personal space.

TIME: 10-20 minutes.

MATERIALS: Imagination, uninterrupted time, space to move arms freely in all directions while standing.

PREPARATION: Stand and remember a recent situation in your daily life (nothing traumatic) where you felt powerless to say no or you overreacted in saying no. Remember what you did and how you felt to refer back to after you do the experiment.

STEP ONE: IMAGINE
Imagine holding a long, sturdy ceremonial sword. Imagine its weight in your hands. With great dignity and respect, move the sword through the air in front of you. Imagine resistance against the tip of the sword as you carve a line into the air.

STEP TWO: PREPARE TO CARVE CIRCLES
Imagine a circle that starts above your head and encircles your whole body as if you are standing inside the rim of a giant penny standing on its edge. Your front is heads, your back is tails. Hold your imagined ceremonial sword in your right hand, high above your head, arm straight but relaxed at your elbow. Sword tip points toward ceiling. Left arm is relaxed at side.

STEP THREE: CARVE FIRST CIRCLE
Slowly, deliberately, with dignity, trace sword tip around circle, sweeping right arm smoothly out to your side and down. When sword tip reaches the bottom of the circle, change ceremonial sword to left hand. Slowly continue to trace circle, sweeping left arm smoothly out to your left side and up to the top where you began.

STEP FOUR: CARVE SECOND CIRCLE
Begin at the same point above your head. Imagine a circle running in the direction of the marching Energizer Bunny's bass drum, only big enough to stand inside. Use same, slow , deliberate, dignified and smooth movement to trace the circle with your ceremonial sword. Carve down the center in front of you. At the bottom of the circle, pass handle of the sword between your legs to your other hand. Follow circle up from the floor up behind your back, adjusting the angle of your arm to keep sword tip aligned with circle to end above your head.

Steps 5 & 6: Remember to feel weight of ceremonial sword with resistance at the tip. Always carve with dignity and respect. Movements are smooth, slow, and deliberate.

STEP FIVE: CARVE THIRD CIRCLE
Imagine a circle at waist level as big around as the tip of your sword can reach. Hold sword in left hand, straight out from your side. Carve, circling the tip across in front of body, left to right. Change sword to right hand, tracing circle behind you until you can pass sword back to your left hand and finish circle.

STEP SIX: CARVE FOURTH & FIFTH CIRCLES
Imagine a circle that goes around you diagonally like a beauty pageant sash or a bandito's ammunition belt. Top of circle is above you to the right; bottom of circle below you to left. Begin carving at top, change hands as necessary to complete circle. Repeat motions in a diagonal circle running opposite direction.

STEP SEVEN: OBSERVE
Recall your memory from the preparation. Use how you feel after this experiment to imagine a different outcome for the situation. Can you see yourself handling a similar situation differently in the future?

Those who under-defend may discover motivation to get the support and encouragement you need to claim their personal space. This experiment will be just a beginning. Those who over-defend may discover a sense of maintaining personal space that is assertive rather than aggressive.

DAVIS

Some Angry Words From a Grandmother

"I love you, my son. I will always love you. But I do not approve of how you live or of what you do.

I didn't bring you up to be an addict. I don't know what I, or anyone else, did wrong, but whatever it was, it is now up to you to change it. I will support you in turning your life around, but you have to make the decision yourself.

I am furious that you are so self-centered that you put your needs ahead of those of this beautiful of yours. You are so lucky to have a sweet, loving daughter, and yet you neglect her. She is only two years old, so she doesn't understand that you love her if you don't see her and don't take care of her.

I know you had difficulties in your life. School wasn't easy for you, you weren't that good of an athlete, we didn't have much money, your Dad and I weren't getting along real great then. So there were lots of problems. But people have faced worse problems and overcome them. There are no easy answers in life, and you have to meet one challenge after another.

Do you, for one single, solitary minute think it is easy for me to be raising a young child at my age?? I am a senior citizen, in case you haven't noticed, dear son. I am entitled to some peace and quiet at my age, and traveling and music and time alone reading. Don't get me wrong, I love your daughter and I wouldn't exchange a day with her for anything else, but it wasn't what I was planning for this time of my life.

After your father died, I knew I was on my own and I knew how much I would need for my retirement, and that is what I have. It isn't very much, but it is enough for me to live on. It's not quite enough for your daughter and me to live on. Your daughter's food allergies require a special assortment of foods. She's old enough now to be out of her crib, and I'm looking around for a new bed for her.

And the expenses are just beginning. I'm thinking ahead to nursery school, to piano lessons, to soccer teams and summer camp. This child does not deserve to be deprived just because her parents have deserted her. I will make the same sacrifices for her that I made for you and your sister. I'm willing to give up my season tickets to the Sacramento plays in order to afford some of the things your daughter needs. And I will do this willingly. But I can't help but wonder why you can't make some sacrifices for her.

So, son, call again when you can. At least I know you're alive when I hear your voice. I'll tell your daughter you called. Maybe sometime you can call during the day when she's awake."

Grandparents raising grandchildren are invited to meet on the third Thursday of each month at 7:30 p.m. at the Davis Senior Center. Call 757-5695 for more information.

My Name is Cocaine

Author Unknown

Beware my friend, my name is Cocaine, Coke for short
I entered this country without a passport
Ever since then I've been hunted and sought
By junkies and pushers and plainclothes Dick's
Mostly by users who need a quick fix.

I'm more valued than diamonds, more treasured than gold
Use me just once and you, too, will be sold
I'll make a school boy forget his books
I'll make a beauty queen forget her looks
I'll take a renown speaker and make him unclear
I'll take your mother and make her "un-dear"
I'll make a school teacher forget how to teach
I'll make a preacher not want to preach.

All kinds of people have fallen under my wing
Just look around, you can see the results of my sting
I've got daughters turning on their mothers
I've got sisters robbing their brothers
I've got burglars robbing the Lord's House
I've got husbands pimping their spouse.

I'm the King of Crime and the Prince of Destruction
I'll cause the organs of your body to malfunction
I'll cause your babies to be born hooked
I'll turn the honest of men into crooks
I'll make you rob, steal and kill
When you're under my power, you have no will.

Remember my friend, my name's "Big C"
I've destroyed actors, politicians, and sports heroes
I've decreased bank accounts from millions to zero
I'm a bad habit, too tough for the man
I've caused the law to invest in the battering ram.

Yeah, I'm raising hell all over the earth
Don't believe me, just check out Brynhurst
I've got them standing on the corners yelling "Rock"
I've made where shootings and stabbings are common on the block.

Well now you know, what will you do?
Remember my friend, it's all up to you
If you decide to jump in my saddle
You better ride me well
For once on the white horse of Cocaine
I'll ride you straight to hell!

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Diane Swann

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Happy Kwaanza

Frohe Weihnachten

LOCAL UPDATE: A kindergarten student won the grand prize in the grocery bag poster contest for Red Ribbon Week with a poignant message stating, "They both smoked and the kid died." In all, Red Ribbon Week activities in the county reached about 13,000 people and approximately 5,000 children in the Woodland School District participated in the grocery bag contest.

Last spring youth from Yolo County participated in Operation Storefront, a project aimed at increasing the public's awareness of tobacco retail advertising and its influence. They found an average of 25 tobacco advertisements and promotions per tobacco retailer. Now staff, teens and volunteers are soliciting community members' opinions on tobacco advertising and what can or should be done about it.

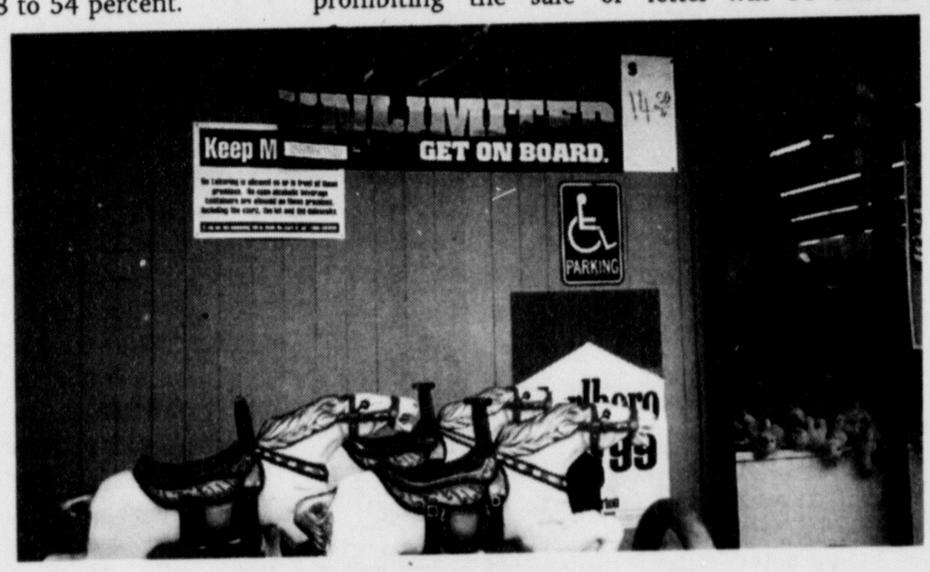
Consider the following facts:

- Currently, over two-thirds of the tobacco industry's $5.2 billion annual expenditures on advertising and promotion goes to retail level marketing.

- Unlike traditional advertising which provides information about the product and establishes an image for the product, point-of-purchase (P-O-P) advertising is designed to stimulate impulse purchases.

- Tobacco impulse purchases are increased by as much as 28 percent with point-of-purchase advertising.

- P-O-P advertising is especially effective in convenience stores. Materials/signage increase convenience store sales by 28 to 54 percent.



Brand name recognition starts at an early age at this Woodland convenience store.

- Three out of four teenagers shop at a convenience store once a week or more.

- Convenience stores (54%) are the retail outlets used most frequently by teen smokers to make their cigarette purchases.

- Cigarettes account for the highest average purchase in convenience stores, followed by newspapers, sodas, gasoline, and snacks.

- 86 % of adolescent smokers in 1993 smoked one of the three most heavily advertised brands: Marlboro, Camel and Newport.

Stricter enforcement of sign laws, counter-advertising or voluntary measures to reduce tobacco advertising are some of the ways being considered to address the heavy tobacco industry influence in the community.

STATEWIDE UPDATE: In the first two weeks that the Hotline for the STAKE Act (Stop Tobacco Access to Kids Enforcement Act) was in operation, it generated 498 reports of violations of the law prohibiting the sale of tobacco to minors. On some days calls exceeded the message capacity of 150 calls. When a call is received, a notification letter will be sent to the business. In some cases local law enforcement will be notified and the Food and Drug Branch of the Health Services Department will add the store to its list of stores to be inspected using underage minors.

Meanwhile all tobacco retailers are being sent packets to inform them of the law which went into effect January 1, 1995.

Anyone seeing a violation can call: 1-800-5-ASK-4-ID.

NATIONWIDE: Public comment on the proposed FDA regulations of tobacco continues until January 2, 1996. The regulations would both limit access to tobacco and decrease the desirability of tobacco use among our youth.

to remember the gifts our ancestors have contributed to our great nation!

Get involved in your Community Council!
Call Marilyn, your Community Worker at 666-6008 today!

Send your newspaper submissions to:
Yolo Unite! Editors
600 A Street
Davis, CA 95616

DUNNIGAN, KNIGHTS LANDING, YOLO & ZAMORA

How to Become Racist (Part 4)

By Havocc

He found out where I was taking R.O.P. and showed up. Once again I was on the receiving end of flesh-encased rage. Dark thoughts gained more headroom , and with anger I crept closer to them.

And against their advice, I went to the opening of the State Fair with the same girl with a 350-pound problem. She had called crying, said she left him because she realized she loved me. My heart was soft to her, so I gave her another chance. Even though my gut reaction said "not", I went.

The night was fun; laughing, singing, and joyfully playing with her and another couple. Upon exiting, we ran into a big problem.

"Just go to the truck... he's been drinking and he wants to kill you!" Well, that stopped any argument I would've put up.

Flashes of scarlet with gradual fades into bright polka dot effect. Arms pinned and grabbed from the front in a bear hug. A knee to the groin and quick snaps to my left eye. Pain flared, the anger and fury swept through veins assisted by adrenaline. I pushed Homie away, saw who'd split my eye, prepared to kill.

"Hey peckerwood... better look around - you can't win, so let's talk". I saw tow state police sitting in patrol cars, eating doughnuts and watching us. My hands dropped in resignation. My spirit dropped as the other six meet with the two facing me. In street terms, I'd been caught slippin' time to pay the piper... and he wasn't taking American Express.

Why is it man's quest results in the counter-productive sliding into primal emotions? Rage is addictive, the power overwhelming. To see an equal groveling is almost like a twisted narcotic. The man not wanting, or knowing how to fight, incites a loathsome type of rage.

Since before time was counted, man has had to struggle and use muscle to overcome his many obstacles. And so the man not wanting to show aggression is looked at as genetic deficient. Violence is mankind's history - just as it became mine. After being beaten, taken to jail, and released - I was involved with a lady in drama. Better yet, she was drama.

Using the gentle persuasiveness only the females of our species generate, I went to the once-a-year State Fair. Upon exiting the fair, I came into contact with the number 8 again.

The left cheek split directly beneath the eye. Rage deepened and adrenaline surged. Kneed in the groin as I pushed the one holding me away - pain was non-existent. Again, time turned into a vague dream-like state. Moments flashed white hot and were burned into memory.

The laughing eyes of two state police - watching 50 feet away, the sight of bullets inside the chamber of a .38, the feel of the muzzle against my forehead. The false promises of friends not wanting to help, but making pathetic assurances to ease their guilt. The resignation to the finality of death.

"Just let me go home, as far as I'm concerned, you two are married. I just want to go home. I won't talk to her again."

He told his buddies to let me go, the arguments back and forth took thirty minutes. Finally, he won. I got into the truck, in the front seat. The girls got in the back, while the other girl's boyfriend took the driver's seat. Taking the freeway back towards my house, we made a discovery.

"They're following us! I can't outrun them - this is only a four-cylinder!"

"Just lose 'em - they're gonna kill me! You understand that!"

Homie looked at me, pulled off on J Street and stopped the car. Both girls jumped out and ran to talk to the guys. Next thing I know, Zing... Zing...

"Get the f... outta here! They're at me! Go! Go! Go!"

Looking in the mirror, I see flashes from the outstretched hand as the figure gets steadily bigger.

"My girlfriend's out there... I can't just leave her."

"F... that, they're gonna kill me!"

He made the slowest decision that brought the running figure two strides closer, then hit the gas. Veering around the corner at a pace my heart was thumping, we came to a stop. Out of sight, we watched as the two ladies started walking away from the other guys. Tires smoked as the car sped off leaving the women behind.

"Let's go pick them up. My girlfriend will drive you where you gotta go, while I walk home. They won't mess with me, they know I'm with her friend. Are you okay?"

To be continued...

Como Ser Rasista (Parte 4)

Por Havocc

El descubrio donde estaba yo tomando R.O.P y se aparecio. Una vez más yo astaba del lado donde una herida encerraba furia. Pensamientos obscuros ocupaban la mayor parte de mi mente y con corage yo me deslizaba mas hacia ellos.

Y en contra de sus consejos, yo me fui a la Feria del Estado con la misma muchacha y con un problema que pesaba 350-libras. Ella me había llamado llorando, diciendo que había dejado su novio porque se habia dado cuenta que ella me quería a mí. Mi corazón era muy suave para con ella, y entonces yo le dí otra oportunidad. Aunque mi instinto reacción me decia que "no", Yo me fui.

La noche fue divertida; reimos, cantamos, y jugamos junto con otra pareja. Cuando saliamos de ahí, ocurrio un grabe problema.

"En cuanto llegamos a la camioneta.... él ha estado tomando y quiere matarte!" Bueno, esto puso fin a toda discución la cual yo hubiera tenido que soportar.

Recuerdos escalofriantes gradulamente se desvanecian en efectos de polka. Me agarro por el frente colocando los brazos como si me estubiera abrazando. Una rodilla en los bajos y gompeaba rapidamente mi ojo izquierdo. El dolor estalló, el coraje y la furia recorrio todas mis venas acompañado de adrenalina. Yo empujé al Bato y ví como me veía preparandose para matarme.

"Hey pájaro carpintero, más vale que te cuides, tu no me puedes ganar, así que mas vale que hablemos". Yo ví dos policías sentados en sus patruyas, comiendo donas y observandonos. Vajé mis manos y me resigné. Mi espíritu moría cuando otros seis policías llegaban a encontrarse con los otros dos y me enfrentaban. Bulgarmente diríamos, me agarraron dormido y tengo que pagar el pato... y no aceptaban American Express.

La furia es una cosa adicta, es un poder que te sobrepasa. Es algo así como en narcotico. El hombre que no quiere, ó no sabe como pelear, incita una furia repugnante.

Desde antes que el tiempo pudiera contarse, el hombre ha tenido que sacrificarse y usar sus musculos para vencer todos los obstáculos. Y entonces el hombre que no quiere demostrar su agreción, lo ven como si éste tubiera una deficiencia genética. La violencia es la historia del genero humano - así como llegó a ser la mía. Despues de haber sido golpeado, encarcelado y darme la libertad - yo estaba enbuelto con una mujer dramaticamente. Mejor dicho ella era todo un drama.

Usando la dulce persuación, que solamente las mujeres de nuestra especie poseen, Yo fui a la feria estatal de cada año. Y al salir de la feria, yo me ví enbuelto con el número 8 una vez más.

La mejilla izquierda se me partio directamente bajo mi ojo. El coraje aparecio y la adrenalina surgio. Incado en la ingle, empujando al que me detenía - el dolor no existía. Una vez más, el timepo se convertía como en un vago sueño. Recordaba momentos que se convertían en recuerdos.

Los ojos de dos policías que se reían - observandonos a unos 50 pies de distancia, las balas dentro de la camara de una .38, el sentir del musculo sobre mi frente. Las falsas promesas de los amigos que no querían ayudarme, pero que aseguraban cosas patéticas para no cargar con la culpa. La resignación de llegar al fín de la muerte.

Solamente dejeme ir a mí casa, lo único que yo sé, es que ustedes dos están casados. Yo solo quiero ir a mí casa. Yo no le hablaré a ella núnca más.

El le dijo a sus amigos que me dejaran ir, la discución tomó treinta minutos. Finalmente, él ganó. Yo me subí a la camioneta, en el aciento de adelante. Las muchachas se subierón atras, en cuanto los novios de ellas, tomarón el aciento del conductor. Tomamos la carretera de regreso a casa, y descubrimos algo.

"Nos están siguiendo! no me les puedo perder - ésta camioneta es solo de cuatro cilindros!"

"Solamente pierdelos. Me van a matar! Puedes entender eso!"

Bato mirame, salte en la calle J y para el carro. Las dos muchachas saltarón y corrieron a hablar con los muchachos, y enseguida, Zing..... Zing.....

"Largense a la Chingada! Venian sobre mi! Vamos! Vamos! Vamos!"

Viendo en el espejo, veía una mano que se estiraba conforme una figura parecia acercarse.

"Mi novia está alla... No puedo dejarla así como así".

A la chingada con eso, me van a matar!"

Fue muy lento en la desición que el hizo, y la figura se acercaba demaciado, y despues golpeó uno de los cristales.

Desviandose al dar vuelta en la esquina, mi corazón latia rapidamente, y llegamos a un alto. Nosotros veíamos como las dos mujeres se retiraban de los otros muchachos. Las llantas de los carros rechinaban y hasta sacaban humo dejando a las muchachas atras.

"Vamos a recogerlas. Mi novia te llevará a donde quieras, y mientras yo me voy caminando a mi casa. Ellos no se meterán conmigo, porque saben que estoy con sú amiga. Te sientes bien?"

Continuará.....

WEST SACRAMENTO & CLARKSBURG

West Sacramento Sex Worker Survey Narrative

By Angela Shupe, MSW

Experts assert that prostitution is a $7 to $9 billion a year industry (Symanski, 1981) and that there are an estimated 2 million practicing sex workers in the United States (Rio, 1991). Locally, the West Sacramento police chief estimates that there are approximately 25 sex workers on the streets of West Sacramento at any one time.

This study of West Sacramento sex workers focuses on street prostitutes because they are the easiest to identify and are the most frequently arrested group of prostitutes. It is hoped that by gathering information about the women and men who do sex work in West Sacramento, programs can be created to address the needs of prostitutes and help them get off the streets.

"Prostitutes, also known as sex workers, may be defined as a person whose livelihood is dependent in whole or in part on engaging in sexual encounters in exchange for cash (and/or drugs), most of which are indiscriminate and generally have no emotional involvement." (Decker, 1979, p.5). A prostitute can be either a male or a female, and can sometimes be a male dressed as a female. Sex workers in West Sacramento are more often women. However, there are a few men who do sex work.

In West Sacramento, 32 sex workers participated in the survey, 29 women and 3 men. All of the people that I interviewed for this survey were street prostitutes. Street prostitution is the most familiar form of prostitution, and is the one that draws the most attention. In the United States, about 10 to 20% of prostitution involves street solicitation (Delacoste & Alexander, 1987). Other areas in which prostitution occur are in bars, massage parlors, brothels, and dating/escort services. No matter what the environment the prostitute works in, she is considered to be engaging in an illegal activity (with the exception of parts of Nevada where brothels are legal). Historically, prostitution was not outlawed in California until 1961 when California Penal Code 647(b) was enacted. Up until that time, however, the sex worker was being convicted under a vagrancy statute.

While conducting the West Sacramento survey I walked the streets of West Capitol in the daytime and in the evening. Numerous men pulled their cars over to the side of the rode and "invited" me in. Some guys got out of their cars and walked up to me to ask if I would have sex with them. Countless men, who were not necessarily interested in having sex, made degrading remarks at me. I felt fear when I was approached by strange men, particularly in the evening. The hardest part about walking the streets of West Sacramento was realizing that my presence, indeed my existence on the street, made me a target for harassment. I have acquired a small sense of what sex workers live with every day that they are on the streets. I had to continually watch over my shoulder and prepare myself to deal with verbal and physical threats. I, however, did not have to worry about being arrested, or getting my rent money, or my next fix, in addition to making sure I was relatively safe. Unlike many of the prostitutes, I had a safe, warm place of my own to go to when I left West Capitol.

The average age of the sex workers polled in West Sacramento is 35. None of the sex workers who were asked had a high school diploma or it's equivalent. The majority of sex workers have children, and the average is 2.2 children. The ages of the children range from 2 months to 31 years, with the median age being 13. The average amount of time prostitutes have lived in West Sacramento is a little over 9 years. Sex workers typically live and work out of motels, apartments and trailers. Most of the prostitutes stated that they often had dates in cars, both in their own car and more often in the date's car. The majority of the sex workers who were asked stated that they had experienced being homeless at some point in their lives. Nearly all of the women surveyed had experienced being raped, assaulted, kidnapped, robbed, and threatened with a gun and/or knife while working the streets.

Many could also recall incidences of childhood physical abuse, molest, and spousal abuse, and rape. When asked who or what they feared the most, the reply was that they feared the police the most and violent men as a close second.

Research on sex work in other cities support the findings on violence against West Sacramento prostitutes. A San Francisco study of street prostitutes and sexual assault found that 70% of the women interviewed had been raped while working. Of those that had been raped, the average number of rapes was 8 to 10 each year. Only 7% had sought any kind of help, and only 4% had reported any of the rapes to the police (Silbert, 1981). The lack of crime reporting by sex workers is not at all surprising in light of the low priority they are given in prosecution. In 1986, a judge in Pasadena dismissed a rape charge because the survivor was a prostitute. Also in 1986, a district attorney in Fresno dropped 29 of 32 charges against a man accused of raping 6 women, because 4 of the women he raped were prostitutes (Delacoste & Alexander, 1987).

The US spends an estimated $227 million per year on arrest, prosecution and incarceration of sex workers (Leonard & Thistlewaite, 1994). Nationally, 83% of all prostitution related arrests are of women sex workers, 10% of arrests are of the male customers. 90% of the prostitutes who are arrested work on the streets. Typically, the sentence for a first time conviction is a $475.00 fine and 3 years of probation. In addition, the sex worker must stay away from the area in which she solicits and may also be required to take an AIDS test and education class.

A second conviction is a mandatory jail sentence of 45 days. After 2 convictions, the prostitute is sentenced to between 90 days and 6 months of jail time (Martin, 1993). Despite the fact that prostitution is a misdemeanor, sex workers comprise as much as 30% of the population in women's correctional facilities. Additionally, 70% of women in American prisons were first arrested on prostitution (Symanski, 1981). Recidivism remains high among those that sell sex. One study of New York sex workers showed that within a 6 month time period of 795 women arrested on charges of prostitution, 525 of them had previous prostitution convictions (Symanski, 1981).

In West Sacramento, all but 2 of the men and women surveyed had faced at least 1 arrest and served time in a detention center. The majority of the respondents had been arrested multiple times for prostitution and/or drug possession. 2 of the women who were in jail at the time when they were interviewed, mentioned that jail time gave them an opportunity to get cleaned up and away from the craziness of the streets. However, all of those who were asked about their jail time stated that being in jail wasn't enough to change their lives and felt that they needed more education, parenting skills, drug treatment, a home, and a job in order to undergo real life changes.

In a study of sex workers put out by New Jersey Women AIDS Network (1993), the recommendations for reducing the number of sex workers stated: "Women (and men) who have become involved in prostituting for drugs and/or for survival need multifaceted programs which can nurture them, rehabilitate them, help them develop life skills and job skills, better housing, and ongoing counseling." This data is supported by the information given by West Sacramento's sex workers. There exists a tremendous amount of shame among those that sell sex. Quite a few women cried while I was interviewing them. Many women thanked me for listening to them and many wanted a hug (which, of course, they got). All of the prostitutes who were asked stated that they very much desired a different life style.

A study of prostitution and drugs done by Goldstien in 1981 found that 100% of street prostitutes used drugs, and that 84% were addicted to heroin. In the West Sacramento survey, heroin was the number one drug used followed closely by crack. Alcohol was also reported as another substance used with regularity. Multiple drug use was the norm, with injection being the main route of administration. 27 of those surveyed had been in drug treatment at some point in their lives. The average number of treatment attempts was 4. Of those who were asked what were the factors that lead to their decision to stop treatment, a lack of life and social skills, as well as monetary and environmental pressures where common answers. Many also stated that their loss of drug using friends coupled with their lack of non-using friends contributed to their failed attempts at recovery.

Some of the barriers to their entering treatment include personal finances, cost of treatment, waiting lists, a need to care for their family, transportation, and feeling as if they were not yet ready involve themselves in treatment. Of those who had received methadone drug treatment care, all responded that they saw a need for methadone in West Sacramento and felt that they would benefit in their treatment efforts if methadone were accessible to them locally.

Next Issue: Conclusion & Survey

WEST SACRAMENTO & CLARKSBURG

Families Together: Communities Connected

By Dawn Rominger-Aoki

The Yolo Collaborative for Healthy Children and Families, funded by the Sierra Health Foundation's "Community Partnership for Healthy Children" has entered its second year and planning phase.

The Initiative is a ten year, 22 million dollar commitment to Northern California by the Sierra Health Foundation.

With the emphasis on prevention and early intervention of preventable conditions and the mechanism is collaboration among decision-makers, providers, the business community, advocates and consumers who represent the diversity of family structures and interests of the county-wide community.

The vision of the Collaborative is "To build a sense of community into our daily lives, to strengthen and empower families, and to ensure safe, healthy futures for our children." and the mission is "To bring people and resources together and provide opportunities for building safe and connected communities that are able to take care of the basic human and health needs of children and families in Yolo County."

In the first year, the Collaborative completed an analysis and interpretation of existing data on Yolo County as it relates to the health and well-being of children and families. It also completed a county-wide needs assessment that included resource mapping and gathering information from Yolo County residents through focus groups, surveys and interviews.

The following principles and goals of the Initiative form the basis of the Collaborative's grant milestones and guide all grant-related activities:

- Parents, supported by community resources, first and foremost are responsible for the healthy development and care of their children.

- When appropriate, emphasis should be given to prevention of and early intervention for preventable conditions.

- The physical and mental health of a child is affected by a variety of factors which also can influence child health - family quality of life being the most significant. Other factors include the environment, heredity, medical conditions and treatment, culture, and geography.

- Effective solutions to the needs of children and their families require collaboration among decision-makers, providers, advocates and consumers that represent the diverse interests of the community.

The goals of the Initiative are to:

- Improve the health and well-being of children and their families in inland Northern California.

- Assist communities in the region to identify needs of children and families and pursue new opportunities to address these needs.

- Develop and strengthen the organization and systems that respond to the needs of children and families.

- Develop solutions to the needs of children and families by maximizing the use of existing financial resources and services through increased efficiencies, and /or the reallocation of some resources; and, where necessary, by developing new resources.

- Achieve a lasting, positive impact on the ability of communities to respond to and organize around children's needs.

With the vision and mission in place, the Collaborative is on its way to a second successful year.

Working on team building and focusing on community strengths rather than on deficiencies, the approach includes a win/win attitude, working together, promoting health, and focusing on solutions.

There's a lot of work to be completed, and there are many opportunities for you to contribute your time, materials, work, and/or creative ideas and suggestions. The more people involved, the more the work will represent the entire community. We encourage and appreciate existing members' and new members' active participation. The upcoming year also will include opportunities to appreciate and celebrate the participation, support and work of its members and contributors.

The Collaborative is holding a workshop on January 10, 1996, from 4:00 p.m. to 6:00 p.m. at Lee Jr. High School Library to identify priority issue(s). **Any interested community members are welcome to join the Collaborative**, and/or attend the workshop to express their opinions. **Child care and refreshments will be provided.**

Some of the Collaboratives' upcoming activities include assisting Yolo County Department of Social Services in showcasing the new complex in West Sacramento, planning a Health Fair highlighting cultural diversity, and co-sponsoring the Yolo County Department of Alcohol and Drug Programs' "Yolo Youth Day" being planned for April 27, 1996.

We would like to thank the following vendors for their support: Kinko's Copies of Davis, Peet's Coffee & Tea of Davis, and Raley's of Woodland.

Please call Dawn Rominger-Aoki at 666-8645 Tuesday, Wednesday, or Thursday between 9:00 a.m. to 1:00 p.m. for more information.

My Home & My Holidays... *in the past*

By K.B.F.

In the beginning, in my home,
a wonderful, safe, loving place -
before he came.
Warm heart greeting you. Mom.
in the kitchen cooking dinner.
I come in after school, throw my books down
and sit down on my big, warm, comfortable couch.
Laughter filling the room as me, Mom, Lacy and D.J.
giggle on little jokes we make.
Friendliness as we sit down at the table
and do our homework.
No yelling, no fighting, no hitting.
So safe and warm inside, you can feel it
when you walk through the door.
Joy of our holidays, with *only* us.
Not a lot of presents, but plenty
Of love to make up for it.
Decorating with our popcorn and our
cranberries, because we can't afford glass.
Who needs glass? We had enough fun
making strings of popcorn and cranberries,
that we didn't *want* to buy our decorations.
Love was always there, no matter what,
and we always knew that.
Home, my special place.

"Kathleen"

By K.T.

Knowing an existence for
A million years the
True reality of
Horror exists among those who promise to
Love and cherish forever.
Expecting the unexpected
Everything you dreamed became
Nothing at the end of the rainbow

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Счастливого пути

Mừng Giáng Sinh

Get involved in your Community Council! Call Cherry, your Community Worker at 375-1902 today!

Send your newspaper submissions to:
Yolo Unite! Editors
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Davis, CA 95616

WINTERS

This page was made possible by your community members:

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Rebirth

By Windwalker

In the wind
I can send my thoughts,
My love for Mother Earth
for now
I am a Native child of the lodge
and rebirth.

WINTERS COMMUNITY COUNCIL & YOLO UNITE
PRESENT

New Year's Eve

TEEN DANCE

A Non-Alcoholic/Tobacco Event
Winters Community Center
Musical Sounds By
JOE & DOMINGO RIVAS
Finger Food, Soft Drinks & Punch Will be Served
DONATIONS WILL BE ACCEPTED FOR THE BENEFIT OF

THE NEW WINTERS YOUTH-FAMILY CENTER

PARENTS NOTE: Take your baked-goods, finger food, Etc. to CODY'S if it needs refrigeration up to December 30 in the evening. Or, you may bring it to the Center prior to the Dance. Thanks!

Admission to this special event is absolutely

¡FREE!

THIS EVENT MADE POSSIBLE THROUGH A MINI-GRANT FROM THE
Winters Rotary Club

Security provided by **A-1 Security, Inc.**
For More Information Call 795-2297

Keys To Keeping Your Family And Friends Alive

December is California Drunk and Drugged Driving (3-D) Prevention Month. It's no coincidence 3-D Month happens around the holidays; we want you to have a safe holiday season. Please consider the following tips when celebrating. In fact, cut out the tips and share them with family, friends and co-workers. Make a dozen copies and ask your teen-ager to share these important tips with friends. You may want to include them in holiday greeting cards or ask your favorite restaurant to post them in a prominent place.

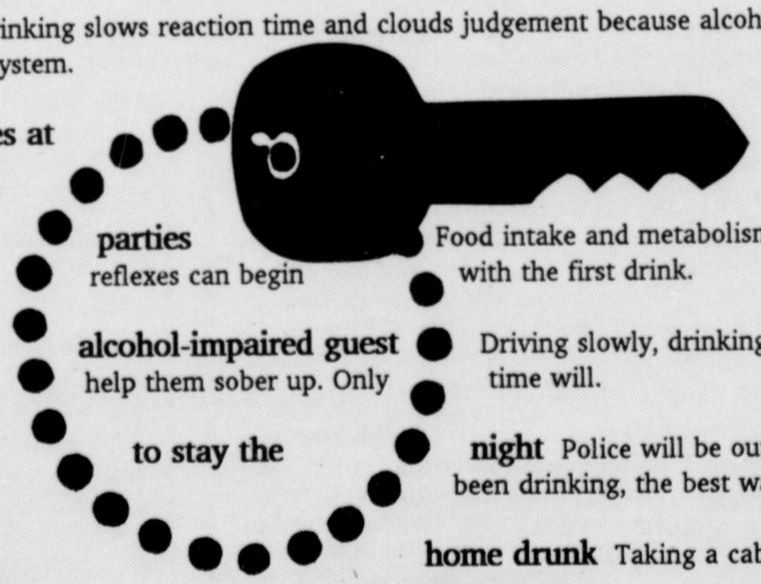
Select a designated driver Drinking slows reaction time and clouds judgement because alcohol is a depressant that acts like an anesthetic to the central nervous system.

Serve non-alcoholic beverages at parties They're flavorful and fun. Best of all, you know your friends won't be driving impaired.

Serve high-protein food at parties Food intake and metabolism all influence how you handle liquor. Impairment in motor reflexes can begin with the first drink.

Take away the keys of an alcohol-impaired guest Driving slowly, drinking coffee or rolling down the car window on the way home won't help them sober up. Only time will.

Ask alcohol-impaired guests to stay the night Police will be out in force to help keep the roads safe this holiday season. If you've been drinking, the best way to stay safe is to stay the night.



Call a cab instead of driving home drunk Taking a cab could mean the difference between life and death this holiday season.

Have a Safe and Happy Holiday!

Source: National Highway Traffic Safety Administration

Get involved in your Community Council! Call Andy, your Community Worker at 795-1829 today!

Send your newspaper submissions to:
Yolo Unite! Editors
600 A Street
Davis, CA 95616

WINTERS

Let's Stop Glorifying Bullies

By José Chegui Torres

Reprinted from Parade Magazine, October 1995

I have no idea whether O.J. Simpson actually committed the murders of his ex-wife and her friend, but I did hear the 911 tapes and saw the photos of his battered ex-wife. Obviously, at various times, O.J. Simpson used his physical superiority to control Nicole Brown Simpson. In other words, he bullied her.

I have a problem with people who stand on the sidelines and cheer this man as if he is some kind of hero. Being a champion athlete doesn't make someone a hero. He must also behave like a hero off the field.

I've known fighters - Mike Tyson, Carlos Monzón and Jake LaMotta, among others - who have beaten or abused their wives and other women. For me, their athletic ability is meaningless when measured against their bullying of a vulnerable human being. That you can "whip" anyone in the world with your fists doesn't mean that you *should.*

Boxing champions are not expected to operate that way. They are masters of *controlled* violence. They always seem to know who, when and where to attack. They possess physical and psychological weapons designed to be used only in the ring or when in real danger - not against the defenseless. The boxer who strikes his wife is abusing his own talent just as if he shot her with a firearm or stabbed her with a knife.

Ultimately, a bully is a coward. I have felt this way since childhood.

Bullies were despised in the streets of Puerto Rico, where I grew up during World War II. A typical bully took advantage of his size or his brutality or his willingness to use a club or a knife. He was an expert in spotting the feeble. If a boy hobbled from the effects of polio, the bully taunted him or struck him. If a boy wore glasses, the bully would knock them off, start shoving or slapping, and perhaps extort money or the boy's lunchbag. Bullies picked on girls, on old people, on the helpless.

A bully fought only when he was certain he would win. We thought he was the lowest form of human being.

Today, things are different. Bullies are often admired - and rewarded. In rap videos, the man most respected is often the "toughest," the one most armored with the disguises of *machismo*. He uses rap music to maintain his own sense of superiority by shouting insults at women, police officers, gays, ethnic groups, immigrants. The same music is sometimes used to encourage young boys to establish their manhood through the mouth of a gun.

Recently, some people - dazed by the Tyson and Simpson cases - have linked these athletes' abusive behavior not to their personalities, but to the sports they practiced. But, despite the fact that boxing may be one of the most primitive contests known to man, it's also probably the mightiest builder of character and self-control in sports. And football may not be that much different.

Tyson and Simpson both established themselves as true champions. To do this, they had to be experts at self-control. They had to display consistently what Ernest Hemingway called "grace under pressure." As champions, they would have known how to turn their own fear - the bully's worst enemy - into their best friend. In the intensity of the contest, for example, they may have felt close to death, yet - aware that such a feeling is part of the game's normal hazard - they continued battling.

To say that boxers and football players are primed by their sports to burst into fits of rage at the slightest provocation is absurd.

In the boxing gym, a bully has no specific skin color, ethnic or religious background. Often, he may have been the *macho* man in his school and neighborhood because of his bulky size and big mouth. Typically, he comes to the gym to turn his physical attributes into fame and money. Trouble begins for him when he discovers that physical size and loudness make no impression in the gym. At once, his confidence starts to weaken.

Then a family scenario occurs: He is told - usually on a Friday - that his sparring sessions start the following Monday. Bewildered by his uncontrollable fright - and worried about being exposed for the coward he really is - he never returns to the gym again.

Instead, he most likely will continue to rummage around neighborhoods rich and poor, searching for victims. Bullies lack courage, compassion, self-discipline and a sense of responsibility. They are cowards. Let's stop glorifying them. Especially when they are famous.

José Chegui Torres, world light-heavy-weight boxing champion in 1965-66, is the author of "Fire and Fear: The Inside Story of Mike Tyson."

Dejemos de Glorificar a los Valentones

By José Chegui Torres

Copia de la Revista Parade, Octubre 1995

Yo no tengo idea si O.J. Simpson realmente cometio el asesinato de su ex-esposa y su amigo, pero yo escuché las grabaciones de la oficina del 911 y ví las fotos de su esposa golpeada. Obiamente en varias ocaciones, O.J. Simpson usó ésta superioridad física para controlar a Nicole Brown Simpson. En otras palabras, la chantageaba.

En mi opinion, no tengo ningún respeto por las personas que apoyan a éste hombre como si él fuera un Heroe, El ser un atleta campeón no hace a una persona Heroe. El tambien debería comportarce como Heroe aún fuera del juego.

Yo conosco peleadores como Mike Tyson, Carlos Monzon y Jake LaMotta entre otros, los cuales han abusado y golpeado a sus esposas y a otras mujeres. Para mí, su abilidad atletica comparada con su valentia ante una persona vulnerable no significa nada. El que tú puedas golpear a cualquier persona en el mundo, no quiere decir que *lo debes hacer.*

Este tipo de comportamiento no se espera de un campeón de Boxeo. Son amantes del control violento. Ellos siempre suelen saber como, cuando y donde atacar. Ellos poseen armas físicas y psycológicas diseñadas única y exclusivamente para usarse en el rin ó cuando realmente esten en peligro; no en contra de alguien indefenso. El boxeador que golpea a su esposa, está abusando su propio talento tanto como si la estubiera navajeando ó disparando. En último termino, un valentón ó fanfarrón es un covarde. Esta era mi opinion desde mi niñez.

Los Valentones eran despreciados en las calles de Puerto Rico, cuando yo crecí durante la Guerra Mundial II. El típico valentón tomaba ventaja de su tamaño, su brutalidad ó su deseo de usar una arma. Este era un experto en intimidar al débil, si un niño cojeaba por los efectos del polio, el valentón se burlaba ó lo encerraba. Si un niño usaba lentes, el valentón se los tumbaba, empezaba a empujarlo ó a cachetearlo y algunas veces hasta quitarle su dinero ó su comida. Los valentones molestaban a la niñas, a las personas ancianas ó personas indefensas.

Un valentón peleaba solamente cuando el se sentía seguro que ganaría; en nuestra opinion, los valentones eran lo más bajo de la humanidad.

Hoy en día, las cosas son diferentes. Los valentones son admirados y reconocidos. En los videos de rap, el hombre más respetado es normalmente el más "agrecivo", el que está más blindado con el disfraz de *machismo.* Este usa la música de rap para mantener superioridad y decir insultos a mujeres, grupos ednicos, oficiales, muchachos, emigrantes. Esta misma música se usa en algunas ocaciones para animar a los adolescentes a establecer su hombría y terminan imitando lo que ésta música dice.

Recientemente, algunas personas - se deslumbrarón con los casos de Tyson y Simpson y han atribuido estas personalidades no a su persona, sino al deporte que ellos practican. Pero apesar de que el boxeo es una de las competencias mas primitivas que el hobre conoce, es probablemente tambien, el que desarrolla caracter y un control personal en el deporte. Y con respecto al balón pie (football), la diferencia no es mucha.

Ambos Tyson y Simpson se establecierón a sí mismos, como los verdaderos campeones. Para hacer esto, ellos debierón ser verdaderos expertos en controlarse así mismos. Ellos debierón demostrar consistencia, lo que Ernest Hemingway llamara "gracia bajo preción". Comó campeones, ellos debierón saber como controlar su propio miedo - el peor enemigo del valentón - en el mejor de sus amigos. En la intensidad de una competencia, por ejemplo, ellos se han de ver visto cerca de la muerte, - aún sabiendo que ésto es parte de los riesgos normales del juego - ellos continúan peleando.

En el gimnacio de boxeo, un valentón no tiene un color específico de piel, antecedentes ednicos ó religiosos. Ocacionalmente, este pudiera haber sido un *macho* en su escuela y vecindario por su tamaño y su vocabulario. Tíipicamente éste va al gimnacio a transformar sus atributos físicos en fama y dinero. El problema empieza cuendo él se da cuenta que su tamaño y su voz fuerte no imprecionan en el gimnacio. Por primera vez, su seguridad en si mismo empieza a disminuir.

Entonces una situación familiar acurre: A el se le dice, - usualmente en Viernes - que sus entrenamientos no empezarán hasta el Lunes proximo. Aturdido por el inconfortable miedo - y preocupado por ser expulsado porque él es realmente un cobarde - nunca regresa al gimnacio.

En cambio, lo más seguro es que el siga rondando los vecindarios tanto ricos como pobres, buscando victimas. Los valentones carecen de valor, compasión, disciplina personal y falta de responsabilidad. Ellos son covardes. Hay que dejar de glorificarlos. Especialmente cuando son famosos.

José Chegul Torres, un campeón de boxeo peso medio en 1965-66, es el autor de "Fuego y Miedo: La historia de Mike Tyson".

WOODLAND

We Are a Village, and These Are Our Children

By Connie Valentine, M.S.

How important are our kids? The politically correct response is: VERY!. They are our future!

In actuality, some Yolo County residents don't treat kids very well at all, despite their stated importance. That makes the future rather bleak for all of us.

Injured, traumatized children grow up (unless they die from the abuse). Without intervention and treatment, they frequently become adults with problems. Many of the problems show up in society: just as some beaten dogs become vicious, so do some people. Other problems are less obvious. We assume that a cringing, cowed puppy has been abused, but we search diligently for another, more exotic explanation for a shy, frightened, phobic child. Genetics may determine the individual manner in which a child responds, but fear is a created emotion. Like puppies, we aren't born afraid.

42% of the adult women in California were sexually abused in childhood according to David Finkelhor, a New Hampshire researcher. The estimated number of sexually abused men varies, but is increasing as men overcome their reticence to disclose this information. That means nearly half the women in every business meeting, every political gathering and every cocktail party have been molested as children. It means that nearly half the women in California are carrying a huge burden of pain. It saps the energy. It dulls the joy of life. It impacts relationships in a big way. It is the root cause of many physical and emotional ills. And it wasn't their fault.

In families of alcoholics, these statistics are much higher. Again, the estimates vary, but early studies indicate that 75 to 90% of women with substance abuse problems report sexual abuse in childhood. Partially in jest, a member of an Adult Children of Alcoholics self-help group once said, "It's practically impossible to get out of an alcoholic family WITHOUT being molested!" However, it's not funny. Abuse is a childhood memory for far too many people.

During the last decade, trauma survivors have been getting into recovery. Formerly unspeakable acts are being shared with therapists, friends and relatives. The feelings of shame and horror are diminishing. The burden of pain is beginning to lighten for many people. With recovery comes a heartfelt desire by adult survivors of sexual abuse: The next generation must be protected and healed.

But we've found the designated agencies overworked, understaffed and overwhelmed. We've seen that those who have been fortunate enough to be spared childhood abuse often do not know how to help. We find a need for education and advocacy.

Three years ago, a workshop was held in San Francisco at the Breaking the Silence, Breaking the Cycle conference on sexual abuse recovery. The speaker, playwright Libbe HaLevy, spoke movingly about the need for survivors to become active in their communities. She recommended forming a Speakers' Bureau to inform the general public about the profound effects of incest and molest. And so the seeds were sown for the formation of the Incest Survivors Speakers' Bureau of Yolo County.

As a tangible, artistic expression of the pain of sexual trauma and the hope for recovery, the Survivors' Quilt was created. Each square is designed by individuals who have lived through sexual and/or ritual abuse and have begun to heal. The background and border design consists of pictures of children, the hope for our future. It is up to all of us to ensure that the little ones represented by the pictures grow up safe and free from cruelty.

During the week of February 10-17, 1996, the Incest Survivors Speakers' Bureau of Yolo County is hosting the Second Annual Child Sexual Awareness week. The program is free and is designed to increase public awareness and knowledge about the far-reaching effects of incest and molest. The Survivor's Quilt will be displayed at that time.

On Saturday, February 10, the opening day of the conference will be held at the Davis Senior Center. The topic will be: "The Body Remembers" and the speakers will discuss the research and the physical effects of sexual trauma. In the afternoon there will be a survivor/therapist panel and a performance by the Sacramento Women's Chorus. During the following week, UCD Rape Prevention will sponsor panel discussions on campus, and Davis Community Television will air a film series.

On Saturday, February 17, there will be a presentation at the Woodland Public Library by some of our community agencies which treat and prevent child sexual abuse. The title of this presentation is "It Takes a Whole Village to Raise a Child". Mayors Dave Rosenberg of Davis and Gary Sandy of Woodland have graciously agreed to open the conference in their respective towns and many businesses have donated toward this effort.

The fact that this conference week is organized and presented entirely by survivors of sexual and ritual abuse is noteworthy. Perpetrators prevent children from speaking out about such criminal acts through threats, shaming and injury. A great deal of courage is needed to overcome such early conditioning. We are proud to be part of this pioneering effort, and invite you to join us. It takes a whole village to raise a child. We are all part of that village.

Please call 753-0807 or write to P.O. Box 1903, Davis, CA 95617 for more information.

WOODLAND

Woodland Boxing Club Nearing its 9th Year!

The City of Woodland Parks, Recreation and Community Services Department has developed and established one of the most successful boxing programs in Northern California. The Woodland Boxing Club is nearing its ninth year of existence in the city of Woodland.

This amateur boxing program is supervised by Yvette Smith, Recreation Supervisor for youth and teens. Yvette has played a crucial role in the programs' success with all of the work she handles. Without Yvette's help, the boxing program would not be where it is today.

Participants of all ages and backgrounds enter the gym doors with aspirations of becoming world champions. Others come for the excitement and the camaraderie. This program has helped them develop discipline, confidence and respect and avoid negative influences such as alcohol, drugs, sex and violence. It's doors are open to all youth with the hopes of making a positive difference in their lives.

Each participant begins their daily routine by wrapping their hands, shadow boxing in the ring, timing and speed bags to develop hand-eye-speed coordination and sparring (actual boxing between two participants). These routines are carefully supervised by head boxing coach Ricardo Carrillo, a former Golden Gloves champion. When he walks through the gym, you can see the excitement in his eyes when one of the youth executes a maneuver correctly.

Over the years, many participants have competed in a variety of amateur boxing shows. Some have won Golden Gloves championships, regional championships, and state championships. Many participants have continued boxing professionally including Richard Muñoz, Loretto Garza, Jorge "Maromero" Paez and Manuel Medina. Last year, Aurora Cornejo, a 17-year-old Woodland Boxing Club member, became the first female Golden Gloves champion.

For more information, call Woodland Parks, Recreation and Community Services Department at 661-5880.

¡Club de Boxeo de Woodland Llegando a Su Noveno Año!

El Departamento de Servicios Comunitarios de La Ciudad de Woodland Parques y Recreaciones (City of Woodland Parks, Recreation and Community Services Department) ha creado y establesido uno de los más exitosos programas de boxeo del Norte de California. El Club de Boxeo de Woodland está llegando a su noveno año de existencia en la ciudad de Woodland.

Este programa de boxeo no-profecional, es supervisado por Yvette Smith, Supervisora de Recreación juvenil y de adolescentes. Yvette ha formado una gran y decisiva parte en el exito de éste programa. Sin la ayuda de Yvette, este programa de boxeo no habría llegado a el lugar que hoy ocupa.

Participantes de todas las edades entran por las puertas del gimnacio con la aspiración de llegar a ser campiones del mundo. Otros van por la emoción y el compañerismo. Este programa ha ayudado a estos jovenes a desarrollar disciplina, confianza, respeto y ha evitar influencias negativas como lo son el alchol, las drogas, sexo y violencia. Las puertas están abiertas para todos los adolescentes y jovenes que tengan el deseo de realizar algo positivo, diferente y superarse en la vida.

Cada participante empieza su rutina diaria protegiendose sus manos, entrenando el solo en el rin, tratando de hacelo mejor, golpeando las perillas para desarrollar una rapidez y coordinación mano-ojo, y saber golpear eficazmente (hasta boxean entre dos participantes). Estas rutinas son cuidadosamente supervisadas por el entrenador principal Ricardo Carrillo, un Campeón de los Guantes de Oro. Cuando el recorre el gimnacio, usted puede ver en sus ojos la emoción al ver como algunos de los jovenes realizan sus entrenamientos correctamente.

En el transcurso de los años, muchos participantes han competido en los varios shows no-profecionales. Algunos de ellos han ganado los Campeonatos de los Gutes de Oro, campeonatos regionales, y campeonatos estatales. Muchos de los participantes han continuado éste deporte del box en una forma profecional entre estos incluimos a Richard Muñoz, Loretto Garza, Jorge "Maromero" Paez y Manuel Medina. El año pasado, Aurora Cornejo, una joven de 17 años de edad, miembro del Club de Boxeo de Woodland, llegó a ser la primer joven femenina campeona de los Guantes de Oro.

Para mas información, llame al: Departamento de Servicios Comunitarios de Woodland Parques y Recreaciones al telefono: 661-5880.

This World
By Elena Rodriguez

Race vs. race
Is what we now face
Brothers killing brothers
Young girls being mothers
People murdering over a color
Which is no different than no other
Teens committing suicide
From pain they had to hide
It's really sad to see
How this world is killing you and me

Compassion is the warmth that makes living and working together meaningful.

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Feliz natal

Back by popular demand!!

"Walking Each Other Home"
A Seminar on
Ethnic Diversity & Racism
with Lee Mun Wah

Thursday, February 11, 1996
12:30-5:00 p.m.
National Guard Armory
121 Beamer Street
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Call 666-8650
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Get involved in your Community Council!
Call Marilyn, your Community Worker at 666-6008 today!

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WORKPLACE

Substance Abuse Prevention & the Workplace

By Judith R. Vicary, Ph.D.

For two decades, substance abuse prevention efforts have focused primarily on young people, using, for example, educational programs, alternative positive activities and life skills development.

The addition of Student Assistance Programs has helped with early identification and intervention.

However, as young people finish or drop out of school, their substance abuse behaviors have often become a problem not only for themselves and their families, but also for their employers.

In addition, some individuals develop problems with substances at a later point in their adult life, when they are already employed.

Much of the business community has long been aware of the problems associated with employees' alcohol and other drug use.

The development of both Employee Assistance Programs (EAP's) and policies associated with the Drug-Free Workplace Act have provided intervention and treatment for many workers who might not have received help otherwise.

Many EAP's also provide educational programs and information regarding substances.

However, as the costs of health care have risen, along with an awareness of both the economic and social costs of alcohol and other drug abuse, many employers have increasingly looked for prevention strategies. Increased education efforts and development of health promotion programming has occurred, but there are many more ways in which the field of primary prevention can be adapted for workplace-related activities.

For example, as with programs providing opportunities for personal growth and skills development for youth, there are parallels at the workplace.

Adolescents learn life skills, communications, decision-making and leadership development in many prevention programs.

The parallel at the workplace can be seen in the efforts of human resources or personnel departments. The opportunity to improve or add competence in both personal and professional domains is a primary focus of these programs.

Communication skills, managerial training and workteams are examples of personal development opportunities which help an employee grow and advance through his or her job, and improve the work environment as well.

In addition, many companies offer seminars in such areas as parenting skills, pre-retirement planning, stress management or caring for an elderly parent, all of which facilitate an improved home environment.

Such opportunities for personal development work as well for adults as for adolescents in reducing risk factors and providing resiliency strengths, both of which deter or prevent substance abuse.

A third prevention strategy is described as providing positive alternatives or opportunities to be engaged in healthy, rewarding activities which preclude the abuse of substances.

Such experiences allow young people to feel a sense of inclusion, accomplishment, and involvement.

Teams, clubs, and service groups are examples for adolescents which have their direct parallel in activities sponsored or provided by the workplace.

Softball teams, recreational facilities, and company-sponsored mentoring programs are among a variety of activities which help employees, and often their families as well, to experience positive participation and healthy alternatives.

Finally, laws, norms, and social constraints are an important part of a total community prevention effort. These policies provide an expectation, or even legal parameter, to describe acceptable and unacceptable substance use behaviors.

While many of these requirements are formalized through statutes, many others are modeled by the adult community.

Social norms and attitudes can be seen in how laws are enforced, how adults use alcohol or in school policies.

A company also has a set of norms, both explicit and implicit, which indicates its expectations for its employees, and even for the community.

Drug-Free Workplace policies, pre-employment drug screening, alcohol-free office functions and no-smoking work areas all contribute to a set of values regarding substances as promulgated by an employer, as does corporate sponsorship of a local youth prevention event.

For primary prevention to be most effective, programs, strategies, and policies must reach all age groups. These messages must be available through multiple sites, not just schools.

The workplace setting is an ideal delivery system to reach adults and their families and friends.

Business, industry and labor can play a major role in these efforts and are already involved in many communities in prevention-related activities, often without realizing the comprehensive effects of their efforts.

Recognizing the valuable resource that employees represent as the basis for many corporate efforts; it's good business to develop and retain good employees.

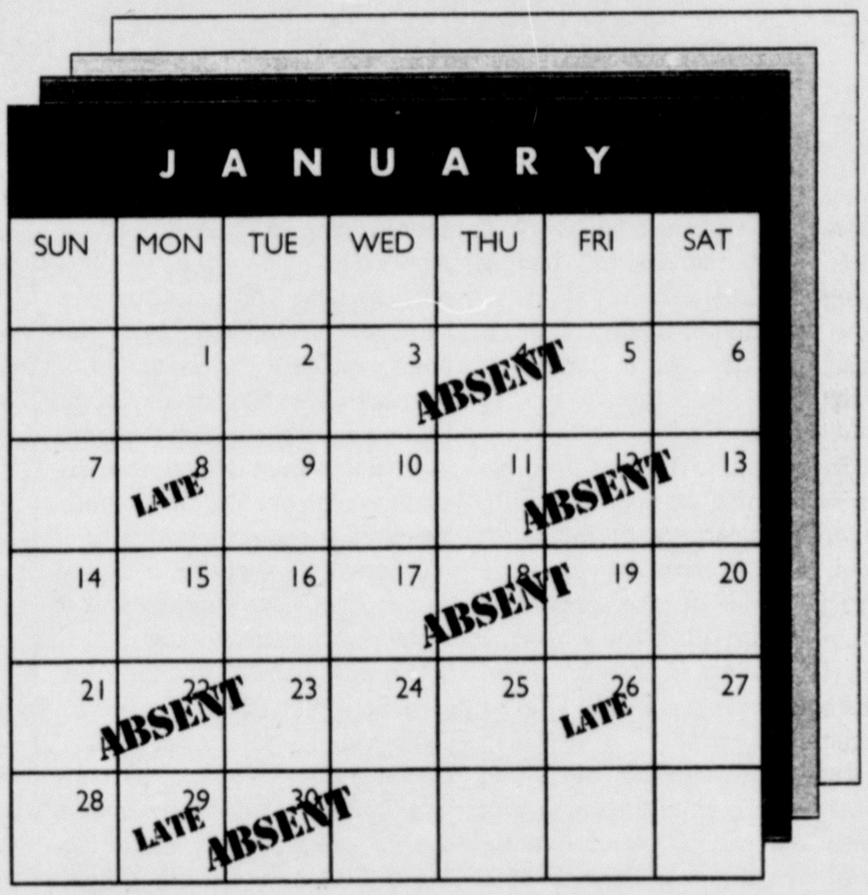
Workplace literacy programs, healthy cafeteria choices and on-the-job training are examples which also serve a primary prevention role.

The interaction between home and families is increasingly recognized, with daycare and elder-care centers for employees' families a positive response to this.

Corporations recognize too, as stated at the beginning, that communities also affect their productivity and profit.

It is good business to be part of positive community efforts, whether through corporate sponsorships, recreational facilities or social service agency support.

Business can and will do more then just give money to support prevention. The challenge is for prevention professionals to develop new partnerships with the private sector, to determine their needs for prevention and ways in which this can be accomplished for employees, their families and the community - with services at, by, for, and through the workplace.



Alcohol & Drug Problems Don't Always Show Up.

When employees abuse alcohol or other drugs, absenteeism, accidents, and workers' compensation claims increase.
But having a workplace prevention policy in place can reduce those problems - problems that cut into profits and make your business less competitive.
It's easier and cheaper than you think to start prevention activities.
Get free advice from a workplace specialist who will help you:

- identify signs and symptoms of alcohol and other drug abuse
- address problems associated with employees who are substance abusers
- create low-cost drug-free workplace activities tailored to your business' needs
- obtain free publications, posters, and other educational materials

Call the National Workplace Hotline at 1-800-843-4971.

Prevention is Good Business.

EDITORIAL

Youth Work: The Answers are In Front of Us

By Philip Coltoff

From Youth Today, September/October 1995

Above politics and party, our nation finds itself increasingly worried about our children, and challenged to devise efficient, cost-effective youth programs - programs that are planned by local communities and that focus on preventing problems before they occur.

Our country has the means to achieve these goals, but in America youth work takes a form that is little recognized and not much valued. It is in fact the clubhouses, and ball fields, and scout troops, and community centers, that operate in towns and cities across our nation. Together, these youth work organizations represent a vital though unevenly accessible, "infrastructure" of child welfare services. They are right in front of us, but for most of the public and policy makers they are no more than background clutter in social policy debates.

Most clubhouses and youth centers are not very sophisticated. The way they work is pretty straightforward. They open early or after school and stay open late. Some start with kids when they are in preschool and stay with them through high school. They staff themselves with caring adults, train them, and help them be there for young people day in and day out.

But when we think about "child welfare" we tend to get complicated. Ask most people about child welfare and they talk about foster care and institutions, hospitals and child abuse. And it is those things, but not at its core. At its core is community centers. Camp Fire, 4-H Clubs, Boys & Girls Clubs, Little League, the YWCA's - programs woven into the fabric of their communities, that let children grow and have fun with people they trust. Child welfare is not about stigma or deficits or crisis. It is about the millions of youngsters who are terrific kids, who go to an after school program every day so their parents can work or they can play where its safe.

They are terrific because we give them the resources to be terrific. We do not abandon them, we help to develop them.

Yet we often think of youth programs as low priorities. We fail to see them as vital developmental tools. There are reasons why, but it's past time to put them to rest.

Some people think youth development should be the work of parents. I agree. But the fact is that too many parents are not equipped to do this work. The traditional, nuclear, family that raised America's children for generations simply doesn't much exist anymore. These aren't bad parents; they don't lack family values. But they are too often sinking under the burdens of poverty, and the break-up of the traditional family.

Some think our youth-related problems are the fault of new immigrants. But youth development programs bring children into community life. They teach and support values that "Americanize" families. In many ways they are needed today more than ever before.

Some people think youth programs cost too much. They are wrong. On average these programs cost $400 to $600 per youngster per year - versus $17,000 for a child in foster care, $35,000 for a child in a group home, $60,000 for a young person in prison, and $500,000 for an individual on welfare for a lifetime (estimated at $25,000/year x 20 years, which is probably too low.)

For $500,000, a community center can work with 100 at-risk youngsters, for 10 years each, and save the country $30, $40 or even $50 million (say 60, 80 or all 100 youngsters x $500,000 in costs avoided.) It can repay the public investment not once or twice, but dozens of times over, and will probably produce some business leaders, teachers, doctors, jurists, and Congressman, if not a President, in the process.

Whatever aspects of our national infrastructure may be crumbling, this infrastructure of preventive youth services is still standing. Our centers, schools, camps and clubs exist in every community. We need to move them from the background into the foreground. They are available, local, experienced, inexpensive, and the only model that really works.

Philip Coltoff is executive director of The Children's Aid Society in New York. This essay is adapted from testimony presented to the Senate Labor and Human Resources Committee in June 1995.

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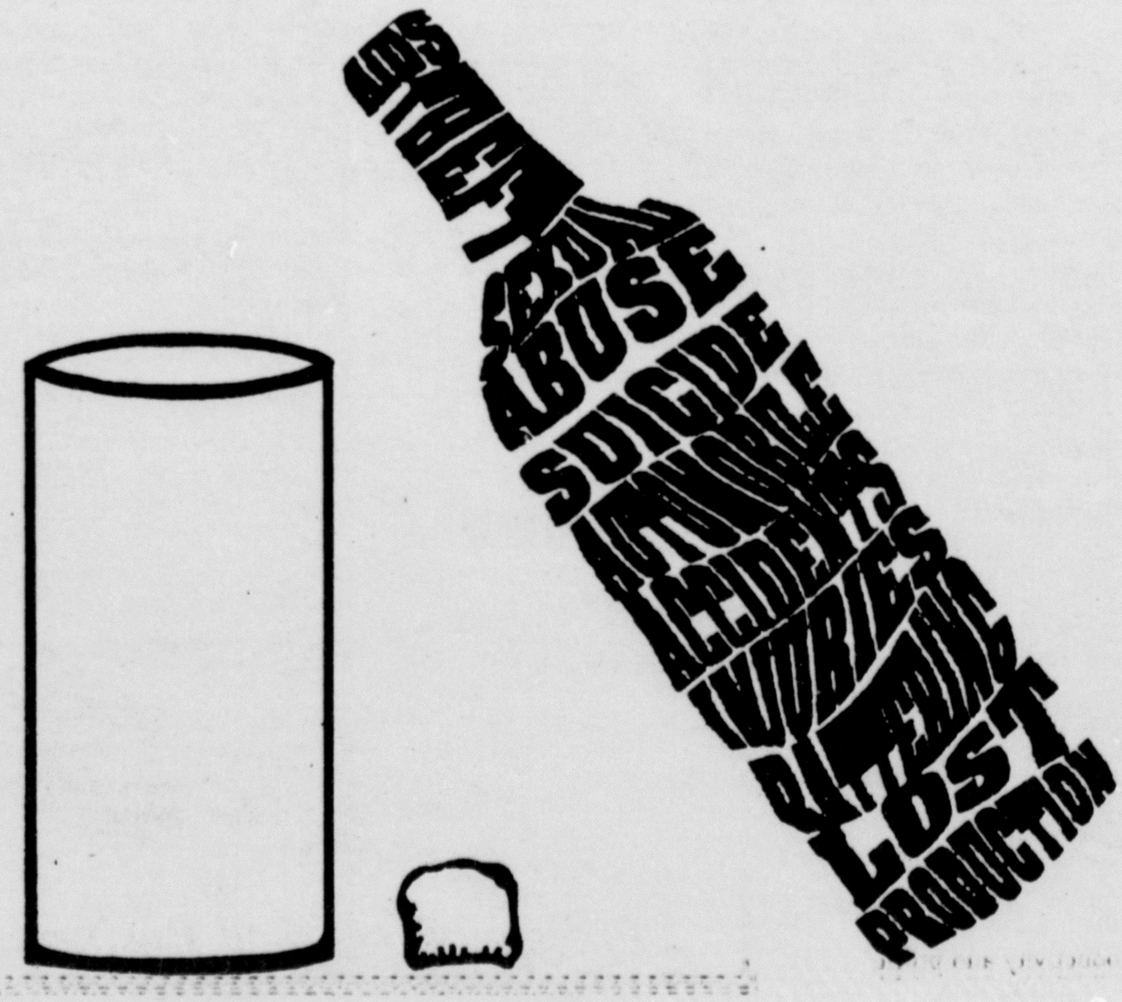

Drugs Do You...

Son Held in Deaths of Parents, Brother

Associated Press

McCLEARY, Wash. - A teenager whose increasingly violent behavior had his mother so frightened she slept with a baseball bat was held Monday on charges he helped shoot his parents to death and drown his 5-year-old brother.

"He was always mad at them, but I don't know why," a former girlfriend said of Brian Bassett, accused of killing his family with the help of a friend, Nicholaus McDonald.

Wendy and Michael Bassett died of multiple gunshot wounds and their younger son, Austin, was drowned in the bathtub at the family home, coroner John Bebich said.

Bassett, 16, and McDonald, 17, were charged Monday with three counts each of aggravated first-degree murder. Arraignment was set for Monday.

Friends and relatives said Bassett had been quiet and shy, an average student, until about a year ago, when he started "hanging out with the wrong crowd."

Michelle Brown said she dated Bassett for about a month last fall but broke it off when he "got into alcohol so bad he had to be hospitalized for alcohol poisoning."

"He always had a lot of anger toward his parents," she said.

EDITORIAL

Some youths need a good name...

Photo posed by Winters Youth Services

...like yours.

Many Yolo County youths are at risk. You can help. By lending us your name. And your time. You'll be joining forces with the Yolo Youth Development Network.

The Network is made up of the Yolo Collaborative for Healthy Children and Families, the Yolo Youth Services Task Force and Yolo Unite. It's funded by a grant from the US Center for Substance Abuse Prevention.

During the next few months the Network will be helping to start at least twenty new programs that link kids with caring concerned adults. We also will be helping at least five Yolo County communities to start Youth and Family Centers where youth programs can be held.

You can be part of all this. You could be a mentor. Or a tutor. You could start a youth club. Or help renovate a building and turn it into a youth center.

Yolo County has the youth. Can you take the time for them? Let's join hands to give our youths real responsibilities. Real work. A real opportunity.

Help us help.

For more information call: 757-5520 or visit you local Yolo Unite office.

Yolo Unite! is a publication of Yolo Unite, the Partnership for a Healthy, Drug-Free Yolo County. The purpose of **Yolo Unite!** is to continue building the Yolo County Prevention community by informing the public about prevention events, activities and concepts.

Yolo Unite! will contain material related to the prevention of substance abuse and related problems. Priority will be given to material that was produced by local writers and/or that has a local angle. Material that has a more general scope but that focuses on prevention issues may be accepted. Final responsibility for the publication's content rests with the Editor-in-Chief.

Submissions will be accepted from anyone. In addition non-copyrighted material or material reprinted from other publications may be accepted. Some stories have been reprinted with permission from the publishers of Chicken Soup for the Soul.

Yolo Unite! will only advocate positions which have been agreed upon by the Steering Committee. However, from time to time, **Yolo Unite!** may present material on controversial issues. In such cases, we will present a balance of the different points of view about the issue.

This newspaper is supported, in part, by a grant from the U.S. Department of Health & Human Services, Center for Substance Abuse Prevention. The content of this publication does not necessarily reflect the views of any agency of the U.S. government.

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THE NEW YEAR AT SAFEWAY WITH
SAVINGS

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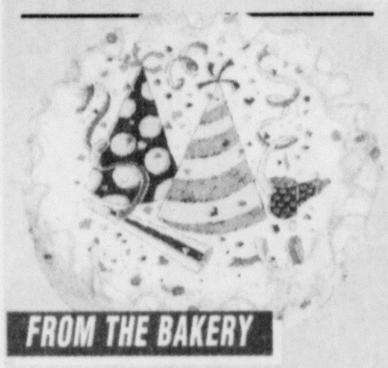
Let's Celebrate Party Tray

- Turkey Breast, Premium Ham, German Swiss, American Cheese & a 4 lb Salad Centerpiece (Choose from Potato, Cole Slaw or Macaroni)
- SAVE up to $5.00 ea

29.99 ea



FROM THE BAKERY

Edible Image New Year's Cake

- Single Layer Moist 8-Inch White or Chocolate Cake Decorated with Edible Image® Party Hat
- SAVE up to $1.50 ea

3.99 ea

Safeway SELECT Hors D'Oeuvres

- Gourmet Club Collection
- 40 ct Package
- Also Available Mini Quiche or Party Tray Hors D'Oeuvres

10.99

Safeway SELECT Salsa

- Mild, Medium or Hot
- 24 oz • Great with Your Favorite Chips

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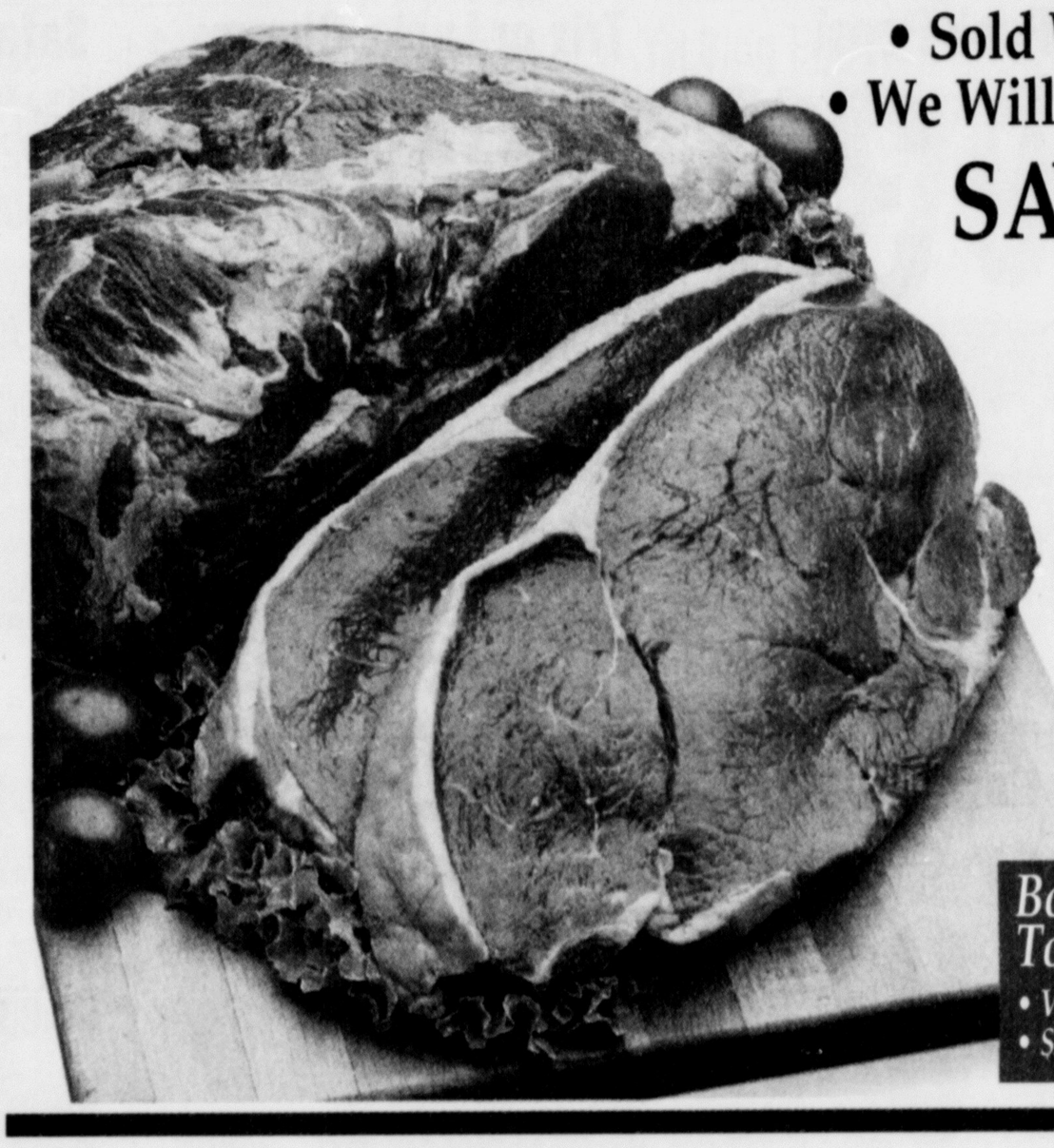
Whole Boneless Trimmed Top Sirloins



- Sold Whole in the Bag
- We Will Gladly Slice FREE!

SAVE UP TO 40¢ lb

1.49 lb

Boneless Top Sirloin Steaks
- *Valu Pack, 4 lbs or More*
- *SAVE up to $1.80 lb*

SAFEWAY VALU PACK **1.99 lb**

Doritos Tortilla Chips

- 14.5 oz • Nacho, Cooler Ranch, and Taco Supreme

SAVE UP TO $1.50

1.49

Foster Farms Whole Fryers

- California Grown
- *Foster Farms Cut-Up Fryers, 99¢ lb*

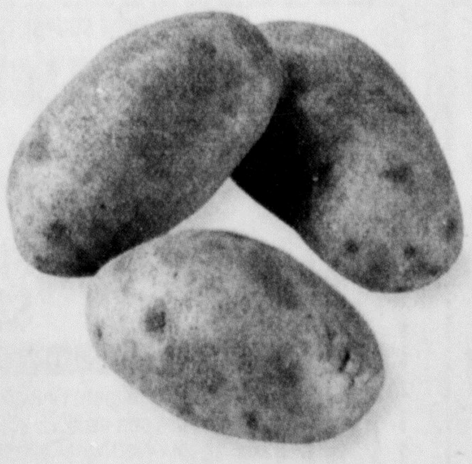
SAVE UP TO 40¢ lb

69¢ lb

Oregon Russet Potatoes

- Great for Baking!

19¢ lb



Celebrating KWANZAA at Safeway.

Domaine Chandon Champagne

- 750 ml
- Brut or Blanc De Noirs
- No Additional Discount

SAVE UP TO $3.40

8.99

PRICES EFFECTIVE DEC 1995 TO JAN 1996

Sun	Mon	Tue	Wed	Thur	Fri	Sat
		26	27	28	29	30
31	1	2				

Prices Effective Tuesday 12/26/95, 7am thru the Following Tuesday 1/2/96, Midnight

Items & prices in this ad are available at all Northern California Safeway stores. No sales to dealers, restaurants or institutions. Sales in retail quantities only. Quantities of some items may be limited and subject to availability. Not responsible for typographical or pictorial errors. We reserve the right to correct all printed errors. ©1978 Safeway Stores, Inc.

Please Shop Early. Safeway will be CLOSING EARLY on Sunday, December 31 New Year's Eve! We will reopen 7AM on New Year's Day-- Be sure to Check your Local Safeway for Holiday Hours.

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Shop Safeway and Save on Everyday Favorites.

24 Pack Safeway SELECT Cola

• 12 oz Cans • or Diet Cola, Orange, Root Beer, Lemon Lime, Punch and More • Mix & Match 6 Packs • Available in Most Stores
• Great Taste, Great Price!

4.99 +CRV (California Only)

Eagle Potato Chips

• 6 oz • Regular, Sour Cream & Onion or Mesquite Barbecue

•SAVE up to 70¢

89¢

Sunshine Cheez-It

• 16 oz • Regular or Low Salt
•SAVE up to 30¢

2.29

12 Pack Pepsi

• 12 oz Cans • or Diet Pepsi, Caffeine Free Diet Pepsi or Mountain Dew
• Available in Most Stores
•SAVE up to 80¢

3.19 +CRV (California Only)

Trix or Lucky Charms

• 17 to 20 oz
•SAVE up to $2.00

2.79

got milk?

Safeway SELECT Salsa

• 24 oz • Mild, Medium or Hot
•SAVE up to 50¢

1.99

Mrs. Wright's Snack Crackers

• 8 oz • Wheat, Vegetable, Sesame Cheddar and More
•SAVE up to $2.01 on three

3 for $2

Town House Pasta

• 10 to 16 oz • Lasagna, Spaghetti, Vermicelli or Linguine
•SAVE up to 69¢ on three

3 for $2

Prego Spaghetti Sauce

• 27 to 28 oz • Traditional, Oregano, Garlic & Cheese and More
•SAVE up to 80¢

1.59

Green Giant Vegetables

• 11 to 15 oz • Niblets Corn, No Salt Niblets, Less Salt Niblets, Green Beans, Sweet Peas and More
•SAVE up to $1.08 on three

3 for $1

Gardetto Snack-Ens

• 12 to 15 oz • Regular, Chips & Twists and Mustard Pretzel
•SAVE up to 50¢

1.99

Ocean Spray Cranberry Juice Drink

• 48 oz • Regular, Low Cal, Cran-Raspberry and More
•SAVE up to 70¢

1.99

Northwest Grain Country Breads

• 24 oz • 100% Whole Wheat, Buttermilk and More
•SAVE up to $1.26 on two

2 for $3

Safeway Multi-Flame Logs

• 6 - 5 lb Logs
•SAVE up to $1.70

8.99

Spirit of Norway Sardines

• 3.75 oz • In Oil, Tomato Sauce, Mustard Sauce or Water
•SAVE up to 30¢ on two

2 for $3

Town House Blackeye Peas

• 1 lb
•SAVE up to 30¢

69¢

SAFEWAY COUPON (S) EXPIRES 1/2/96 PLU 7186

MD Bath Tissue

• 12 Rolls
• White
• First two with coupon
•SAVE up to $1.40

2.99

SAFEWAY COUPON

Two items per coupon. One coupon per customer. Coupon valid 12/26/95 thru 1/2/96 at your Northern California and Western Nevada Safeway Stores only. COUPON CANNOT BE DOUBLED.

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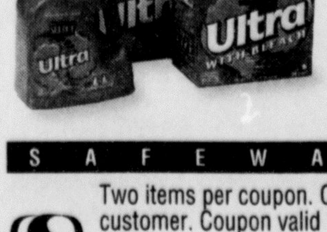
Safeway SELECT Ultra Detergent



• 98 to 110 oz • 33 to 42 Load • Liquid or Powder
• First two with coupon
•SAVE up to $2.50

3.99

SAFEWAY COUPON

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THE SAFEWAY COUPON BOOK— MORE WAYS TO SAVE EVERY DAY.

A-D-F-G-N-S

GROCERY

You'll find aisles of BIG SAVINGS at Safeway every day.

Minute Maid Orange Juice

• 96 oz • Regular, Country Style, Pulp Free or Calcium Fortified

•SAVE up to 90¢

2.79

Red Baron 12" Pizza

• 22 to 24.2 oz • Special Deluxe, Supreme, Pepperoni and More • Frozen

•SAVE up to $3.50 on two

2 for $6

Best Buy Chunk Cheese

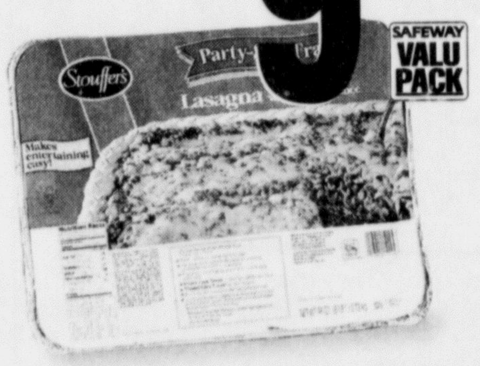
• Swiss, 12 oz
• or Sharp Cheddar, 24 oz

3.19 lb

Stouffer's Lasagna

• Valu Pack, 96 oz Party-Size Tray
• Frozen

9.99

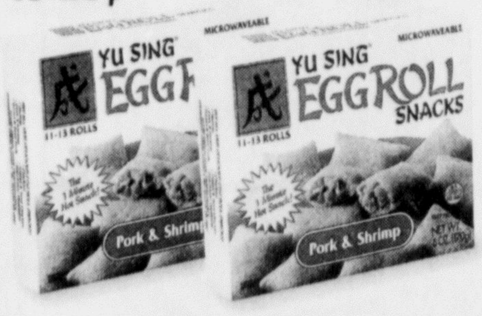


Yu Sing Egg Roll Snacks

• 5.5 oz • Chicken, Pork & Shrimp and Szechwan Vegetable

•SAVE up to 20¢

79¢

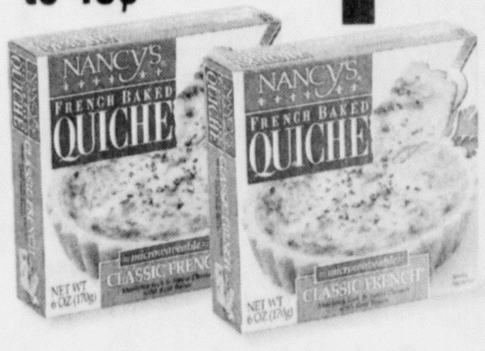


Nancy's Quiche

• 6 oz • Classic French, Florentine, Monterey and More

•SAVE up to 40¢

1.99

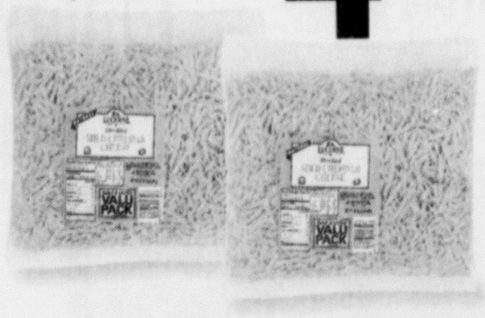


Lucerne Shredded Cheese

• 2 lb • Mild Cheddar or Mozzarella

•SAVE up to $1.00

4.99



Lucerne Sour Cream

• 16 oz • Regular, Light or Nonfat

•SAVE up to 30¢

99¢

Bel-air Spinach

• 10 oz • Frozen
• Leaf or Chopped

•SAVE up to 18¢ on two

2 for $1

Wolfgang Puck's Pizza

• 9.25 to 10.75 oz • Mushroom Spinach, Sausage Herb, Spicy Chicken and More

•SAVE up to 30¢

3.69

BAKERY

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ITEMS & PRICES AVAILABLE AT SAFEWAY STORES WITH BAKE SHOPS ONLY.

French Bread

• HOT at 4 p.m. or FREE • In All Full-Service Bakeries
• NO Fat...NO Cholesterol

99¢ loaf

Cinnamon Rolls

• Valu Pack
• Moist, Delicious and Lightly Iced

•SAVE up to $2.38 on two

2 pkg $5

Siebenfelder Bread

• Hearty Seven Grain/Herb Bread

•SAVE up to 80¢

99¢ loaf

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You'll find all your favorites and then some.

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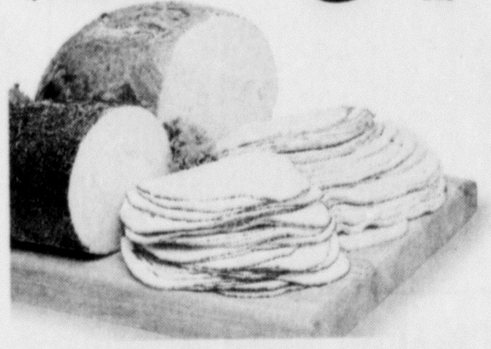
• Sliced Fresh Daily

•SAVE up to $1.50 lb

5.49 lb



Chicken Strips

• All White Meat • Dip in Your Favorite Sauce

•SAVE up to $1.00 lb

3.99 lb

Fresh Deli Salsa

• 24 oz • Hot or Mild

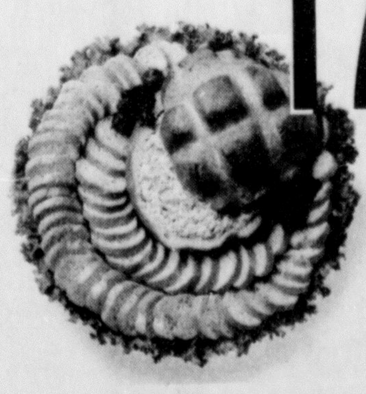
•SAVE up to 50¢ ea

2.99 ea

Spinach Dip Tray

• Creamy Spinach Dip in a Fresh Baked Sourdough Round with Plenty of Baguettes for Dipping
• Serves 10 to 12

17.99 ea



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QUALITY MEATS

Spectacular Selection & Sizzling SAVINGS, every day.

Foster Farms Chicken Breasts

• Valu Pack
• California Grown

1.99 lb

SAFEWAY VALU PACK

Beef Rib Eye Roast

• Bone-In • Eye of the Rib with the Bone
• USDA Select Beef
• SAVE up to 80¢ lb

3.99 lb

Catch of the Day SAVINGS at Safeway!

FRESH SEAFOOD AVAILABILITY SUBJECT TO FISHING & WEATHER CONDITIONS.

Cocktail Tiger Prawns

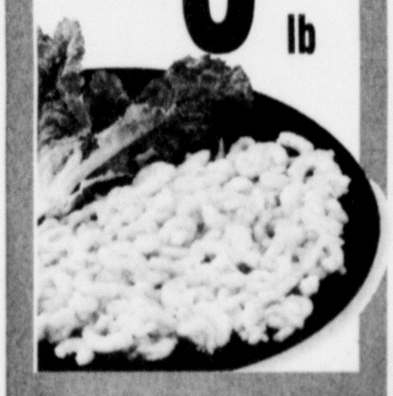
• 51 to 60 ct • For Dipping
• Cooked • Tail-On • Thawed For Your Convenience
• SAVE up to $1.00 lb

9.99 lb

Salad Style Shrimpmeat

• Cooked & Peeled
• Thawed For Your Convenience
• SAVE up to $1.00 lb

5.99 lb



Vita Herring

• 16 oz
• In Sour Cream or In Party Snacks
• First 2 with coupon

BUY 1 GET 1 FREE

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GOOD ONLY AT SAFEWAY

Rx# 23724

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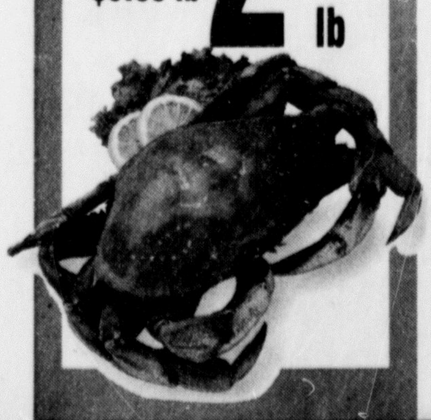
Whole Cooked Dungeness Crab

• Extra Meaty
• Weather Permitting & Subject to Availability
• SAVE up to $3.00 lb

2.99 lb



Cross Rib Roast

• BONELESS • USDA Select Beef
• SAVE up to 80¢ lb

1.99 lb

Center Cut Pork Chops

• Valu Pack, 4 lbs or More
• SAVE up to $1.00 lb

2.49 lb

SAFEWAY VALU PACK

Natural Young Turkey

• Manor House
• 18 to 22 lbs
• 10 to 12 lbs
• Grade A

58¢ lb

Boneless Rib Eye Steaks

• USDA Select Beef
• ALL SIZE PACKAGES
• SAVE up to $1.30 lb

4.99 lb

Fresh Pork Spareribs

• or Country Style Spareribs, Valu Pack, 4 lbs or More
• Bone-In
• SAVE up to 50¢ lb

1.79 lb

SAFEWAY VALU PACK

Louis Rich Turkey Bacon

• 12 oz Package
• SAVE up to $1.45 ea

HALF PRICE

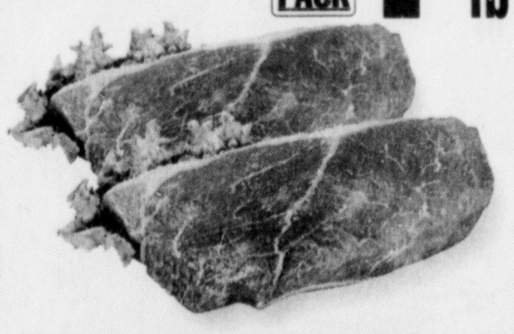
1.44 ea

Boneless Barbecue Steaks

• Cross Rib
• Valu Pack, 4 lbs or More
• SAVE up to 70¢ lb

SAFEWAY VALU PACK

1.99 lb



Hormel Teriyaki Pork Tenderloin

• or Peppercorn Pork Tenderloin
• 7.5 lb Average

4.99 lb

Boneless Whole Ham

• Smok-A-Roma • Water Added
• *Boneless Smok-A-Roma Half Ham, $1.99 lb*
• SAVE up to 40¢ lb

1.89 lb

4 lbs Chicken Party Wings

• Manor House • Valu Pack
• Frozen • *Tyson Chicken Wing Flingers, 5 lb Bag, Frozen, $8.99 ea*

5.69 ea

SAFEWAY VALU PACK

Safeway SELECT Meat Franks

• 1 lb Package • *Safeway SELECT Beef Franks, 1 lb Package, $1.99 ea*
• SAVE up to 98¢ on two

2 for $3

Safeway SELECT Hors D'Oeuvres

• Gourmet Club Collection
• 40 ct, 1.4 lb Package • Frozen
• *Safeway SELECT Party Hors D'Oeuvres, 30 ct, $13.99 ea*
• *Safeway SELECT Mini Quiche Pack, 1 lb Package, $11.99 ea*

10.99 ea

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PHARMACY
CARING PROFESSIONAL PHARMACISTS

Pampers UltraStretch Diapers
• 48 or 64 ct Jumbo Pack • Medium or Large
• For Boys or Girls
•SAVE up to $2.20
11.99

Mentadent Toothpaste
• 3.5 oz • With Baking Soda and Peroxide • 5.2 oz Refill
• Assorted Formulas
•SAVE up to 60¢
2.89

Safeway Maxi Pads
• 18 to 24 ct • Assorted Styles
•SAVE up to 70¢
1.99

Barbasol
• 11 oz • Assorted Formulas
•SAVE up to 50¢
89¢

R# 25452 MANUFACTURER'S IN-AD COUPON $ EXPIRES 6/30/96 MRV 0200
$2.00 OFF
Alka-Seltzer Plus
• Any Form Effervescent Tablets or Liqui-Gels (Except Trial Size) • First 1 with coupon
MANUFACTURER'S COUPON
GOOD ONLY AT SAFEWAY RETAILER: Bayer Corp. will reimburse you for the face value of this coupon plus 8¢ if submitted in compliance with Bayer's coupon redemption policy (copies available upon request). Good only in U.S.A. Void where transferred, copied, taxed or otherwise prohibited by law. Cash Value of 1/20 of one cent. Mail to Bayer Corp., CMS Dept. 12943, One Fawcett Dr., Del Rio, TX 78840. Limit one item per coupon. One coupon per customer. Not valid with any other offer or coupon. Coupon valid 12/26/95 thru 6/30/96 at your Northern California and Western Nevada Safeway Stores only. COUPON CANNOT BE DOUBLED.
R# 25452 38380

R# 25518 MANUFACTURER'S IN-AD COUPON $ EXPIRES 1/2/96 PLU 7219
Bic Shaver
• 10 ct
• Regular, Lady or Sensitive
• Limit 1 FREE per coupon
•SAVE up to $2.29
BUY 1 GET 1 FREE
MANUFACTURER'S COUPON
GOOD ONLY AT SAFEWAY One FREE item per coupon. One coupon per customer. Not valid with any other offer or coupon. Coupon valid 12/26/95 thru 1/2/96 at your Northern California and Western Nevada Safeway Stores only. COUPON CANNOT BE DOUBLED.
R# 25518

Maalox
• 12 oz Extra Strength Plus Liquid, Lemon, Mint or Cherry • 75 ct Extra Strength Plus Tablets, Regular or Assorted • or 100 ct Regular Strength Plus, Regular, Lemon or Cherry
•SAVE up to $2.50
3.99

Visit Your Friendly Safeway Pharmacy Today!
SAFEWAY COUPON $ EXPIRES 1/2/96 PLU 3622
$10 OFF
Any New or Transferred Prescription
• First 1 with coupon
SAFEWAY PHARMACY COUPON
Absolutely one coupon per person, one coupon per prescription. No cash refunds or credits given with this coupon. Valid on new or transferred prescriptions only. Not valid with any other discount or offer. Not valid on Medi-Cal or insurance co-pays. Not valid on transfers from other Safeway stores. Other restrictions may apply. Coupon valid 12/26/95 thru 1/2/96 at your Northern California & Western Nevada Safeway Stores with Pharmacies only. COUPON CANNOT BE DOUBLED.
Available at Safeway Stores with Full Service Pharmacies only

R# 25514 MANUFACTURER'S IN-AD COUPON $ EXPIRES 1/2/96 MRV 0200
$2.00 OFF
Photo Finishing when you buy any 2 Reach Toothbrushes
MANUFACTURER'S COUPON
GOOD ONLY AT SAFEWAY Staple this coupon to REACH Toothbrush cash register receipt dated between 12/26/95 & 1/2/96 with purchase price circled. Bring to store when purchasing your photos. CONSUMER: Redeem at Safeway stores accepting coupons. LIMIT ONE COUPON PER PURCHASE. One coupon per customer. Not valid with any other offer or coupon. Coupon valid 12/26/95 thru 1/2/96 at your Northern California and Western Nevada Safeway Stores only. COUPON CANNOT BE DOUBLED. RETAILER: Personal Products Co. will reimburse you for the face value of this coupon plus 8¢ handling if submitted in compliance with Personal Products Coupon Redemption Policy CRP-3. Copies available upon request. Send coupons to: Personal Products Co., CMS Dept. #30043, One Fawcett Dr., Del Rio, TX 78840. ©McNeil-PPC, Inc. 1995
R# 25514 30734

Freeman Papaya Hair Care
• 16 oz Shampoo • 11.8 or 16 oz Conditioner • 11.8 oz Treatment • 10 oz Spritzer • Assorted Formulas
•SAVE up to $1.60
1.99

R# 25516 MANUFACTURER'S IN-AD COUPON $ EXPIRES 1/2/96 MRV 0150
SAVE 1.50
on Batteries
when you buy a 3-Pack or 3 Rolls of 24- or 36-exposure FujiFilm
MANUFACTURER'S COUPON
GOOD ONLY AT SAFEWAY Caution: This coupon can be redeemed only with the purchase of the brand and size specified. Offer good only on the products specified. Consumer pays sales tax. Coupon cannot be transferred, sold or exchanged. Any other use constitutes fraud. For reimbursement, mail to: P.O. Box 670059, El Paso, TX 88567-0059. Limit one item per coupon. One coupon per customer. Not valid with any other offer or coupon. Coupon valid 12/26/95 thru 1/2/96 at your Northern California and Western Nevada Safeway stores only. COUPON CANNOT BE DOUBLED.
R# 25516 151673

SAFEWAY COUPON $ EXPIRES 1/2/96
Double 4" Prints
• Any Size Exposure
• ORIGINAL COUPON MUST ACCOMPANY ORDER
• USE RED ORDER ENVELOPES ONLY
• PLEASE CHECK 4" DOUBLE PRINTS BOX
• NOT GOOD ON 1 HOUR ORDERS
• GOOD ONLY AT SAFEWAY STORES
• First 1 with coupon
4.99 ea
SAFEWAY COUPON
Save on two sets of 4-inch color prints, C-41 process for 110, 126, disc, or 35mm color print film. COUPON MUST ACCOMPANY ORDER IN RED ENVELOPE ONLY. Limit one coupon per order. Not valid with any other offer. Not available on Kodak Premium Processing or 1-HR. Coupon valid thru 1/2/96 at your Northern California and Western Nevada Safeway stores only. COUPON CANNOT BE DOUBLED.

BEER, WINE & SPIRITS

10% OFF Any 6 or More 750 ml Bottles of Wines or Spirits.
Brands may be mixed. Select ad items excluded.

NO SALES IN EXCESS OF 52 GALLONS. NO SALES FOR RESALE. AT LICENSED SAFEWAY STORES ONLY.

12 Pack Budweiser Beer
• 12 oz Cans
• Regular, Bud Light or Bud Dry
•SAVE up to $1.50
5.99 +CRV

12 Pack Rainier Beer
• 12 oz Cans
• Regular, Light or Ice Ale
•SAVE up to $4.98 on three
3 for $9.99 +CRV

Did you know that Rainier Beer was one of San Francisco's first "Micro Breweries"? From 1916 to 1920 Rainier Beer was brewed at 1550 Bryant Street in the Heart of San Francisco's barbary coast. A favorite of sailors and longshoremen, Rainier became the fashionable brew of the gentry. Bankers and politicians toasted many a stein of Rainier before prohibition put an end to one of the city's "treasures". Rainier Beer is still a treasure. Brewed hearty and robust, Rainier is a true alternative to mass produced beers. If you are looking for a bit of San Francisco history, look no further.

Robert Mondavi Coastal Wines
• 750 ml • Cabernet Sauvignon or Chardonnay
•SAVE up to $2.00
7.99

Napa Ridge Wines
• 750 ML • Chardonnay, Cabernet Sauvignon or Pinot Noir
•SAVE up to $2.00 AND MORE WITH REBATE
Sale Price $4.99
Less Mail-In Rebate —1.00
(Limit 1 rebate per household)
COST AFTER REBATE 3.99

Sauvignon Blanc, Gewürztraminer, Zinfandel or White Zinfandel, 750 ml
Sale Price $3.49
Less Mail-In Rebate —1.00
(Limit 1 rebate per household)
•SAVE up to $1.10 AND MORE WITH REBATE
COST AFTER REBATE 2.49

6 Pack Sierra Nevada
• 12 oz Bottles
• Pale Ale, Porter or Stout
•SAVE up to 60¢
5.79 +CRV

Jack Daniel's Whiskey
• 750 ml • Black Label
• 86 Proof
•SAVE up to $1.00
12.99

Freixenet Cordon Negro
• 750 ml • Brut or Extra Dry
•SAVE up to $1.50 AND MORE WITH REBATE
Sale Price $5.49
Less Mail-In Rebate —1.50
(Limit 1 rebate per household)
COST AFTER REBATE 3.99

Dom Perignon Champagne
• 750 ml • No Additional Discount
•SAVE up to $10.00
59.99

Tanqueray Gin
• 750 ml • 94.6 Proof
• or Sterling Vodka, 750 ml, 80 Proof
•SAVE up to $3.00
11.99

Winner's Cup Vodka or Gin
• 1.75 Liter • 80 Proof
•SAVE up to $1.00
8.98

Mr. & Mrs. "T" Bloody Mary Mix
• 1.75 Liter • Regular or Rich 'n Spicy
• SAVE up to $1.50 on two AND MORE WITH REBATE ON TWO
Sale Price 2 for $7
Less Instant Rebate on 2 —2.00
(Limit 1 rebate per household)
COST AFTER REBATE 2 for $5

NOBODY MAKES IT EASIER FOR YOU THAN SAFEWAY— NOW WE HAVE MONEYGRAMS!

SAFEWAY FOOD & DRUG

Ad Effective 12/26/95 thru 1/2/96

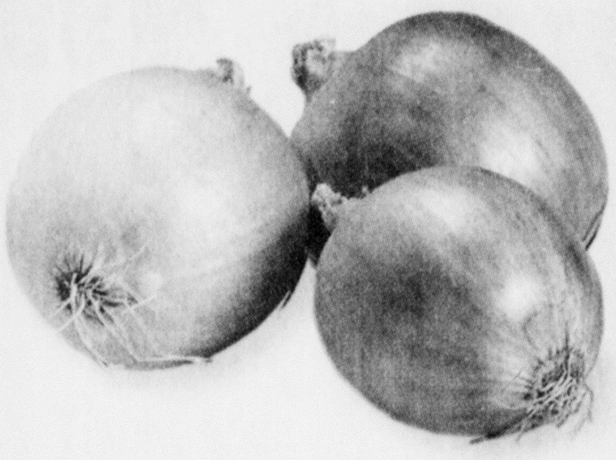
PRODUCE

Better quality fruits and vegetables at the BEST LOW PRICES.

Yellow Onions

• NORTHWEST GROWN
• Jumbo or Medium • Fry, Roast, Grill or Steam for Tasty Results

5 lbs $1



Red Ripe Tomatoes

• Salad Size
• Juicy

69c lb

Fuerte Avocados

• CALIFORNIA GROWN
• Large 48 Size • Slice One in Your Salad Tonight

69c ea

Fresh Mushrooms

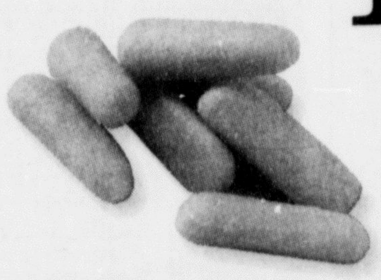
• Delicious Sautéed

1.99 lb

Baby Peeled Carrots

• CALIFORNIA GROWN
• 2 lb Bags • Great for Snacks, Salads or Stews

1.99 2 lb Bag



Leaf Lettuce

• Romaine, Butter, Green Leaf or Red Leaf
• How About a Salad Tonight?

2 bu $1

Fresh Blackeyed Peas

• 11 oz Bags
• *Dry Blackeyed Peas at Selected Stores, 2 lbs $1*

99c ea

Variety Greens

• LOCALLY GROWN
• Collards, Kale, Mustards, Chinese or Turnip

2 bu $1

U.S. #1 Yams

• LOCALLY GROWN
• Garnets, Jewels or Sweet Potatoes
• Great Baked

2 lbs $1

California Navel Oranges

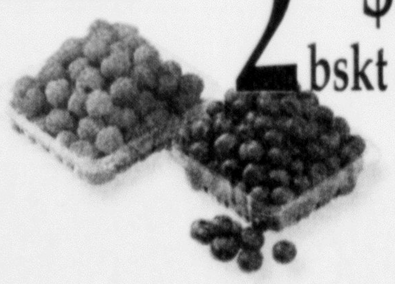
• Full of Vitamin C
• Easy to Peel

3 lbs $1

Raspberries, Blackberries or Blueberries

• IMPORTED
• 5.6 oz Baskets

2 bskt $5



Fresh Express Garden Salad Mix

• 3 lb BAG • Add Your Favorite Dressing

2 for $5

Garden Fresh Carrot, Radish & Celery Sticks

• 2 lb BAG • A Great Party Tray Standard

2 for $5

Red & Golden Delicious PremiumApples

• WASHINGTON GROWN
• Crisp and Sweet

89c lb

FLORAL

Guaranteed Freshness & Quality, Every Day.

ITEMS & PRICES AVAILABLE AT SAFEWAY STORES WITH FLORAL SHOPPES ONLY. WHILE SUPPLY LASTS.

Bromeliads

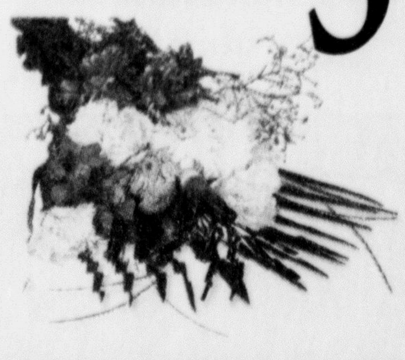
• 6" POT • Assorted Varieties and Colors
• Exotic Looking Plants

9.98 ea

New Year's Bouquet

• Sure to Please the Host
• Ring in the New Year with Style
• Generous Bouquet

5.98 bu



Green Foliage

• 4" POT • Great Varieties to Choose From • Makes an Excellent Accent to Any Home Decor

3 for $5

Miniature Rose in Terra Cotta Pot

• 4" POT • Beautiful Miniature Rose that Will Express Love and Friendship

3.98 ea

EXCLUSIVELY AT SAFEWAY...

ALTITUDE ADJUSTMENT
Heavenly
SAVE $5
ON ALL-DAY LIFT TICKETS AT HEAVENLY SKI RESORT
SAVE $9 FOR NEVADA ENTRY - SEE STORE FOR DETAILS.
For Snow Conditions Call: 916/541-7544

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10th ANNUAL
MARINE WORLD AFRICA USA

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